

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time			P/F/S	Name	Age/Yr			
Women 50 Free								
1	27.21	L	F	Giuliana Vyncke	15	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
2	27.24	L	F	Abigail Kotze	15	TYGE CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
3	27.51	L	F	Bailey Lambert	15	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
4	27.71	L	F	Sienna Gous	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
5	28.00	L S	F	Christina Orchard	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
6	28.32	L	F	Payton Aitken	15	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA 20
7	28.43	L	F	Payton Aitken	15	KZNS	05/04/2025	SA Schools Swimming Championship
8	28.46	L	F	Zuria Venter	15	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
9	28.52	L	P	Blake Morris	15	LINR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
10	28.73	L	P	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
11*	28.88	L	F	Sylvie de Bruyn	15	BULS MAN	06/09/2024	Bull Sharks Annual Gala
11*	28.88	L	P	Cara Visser	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
13	29.04	L S	F	Riziki Magotsi	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
14*	29.05	L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
14*	29.05	L	F	Elizabeth Viljoen	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
16	29.06	L	F	Kaylin Fabricius	15	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
17	29.11	L	F	Madison Higgs	15	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
18	29.13	L	F	Shannon Hugo	15	SEAL UMD	28/06/2024	Swim Fort Lauderdale Speedo Summe
19	29.14	L	P	Jade Van Vuuren	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
20	29.21	L	F	Anja Buitendach	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
21	29.24	L S	F	Sadie Roberts	15	ASA ILD	02/07/2024	Prestige Tournament 2024
22	29.25	L	P	Ella Jv Rensburg	15	SS MPD	25/04/2025	SA National Junior Age Grou-WCA 20
23*	29.29	L	F	Danielle Grobler	15	BLOT MAN	04/12/2024	Free State Champs 2024
23*	29.29	L	F	Megan Jansen	15	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT
25*	29.30	L	F	Paige Meeser	15	CA EKU	01/02/2025	EGA Last Chance Gala
25*	29.30	L	F	Ella-Mae Henning	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
27*	29.31	L	P	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
27*	29.31	L	F	Mila De Souza	15	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT
29	29.32	L	F	Shannon Hugo	15	KZNS	05/04/2025	SA Schools Swimming Championship
30	29.33	L	P	Lilianne Hebler	15	QSAW CED	14/02/2025	Western Cape Elite Gala 2025
31	29.42	L	P	Lize-Marie Kruger	15	BLNE MAN	04/12/2024	Free State Champs 2024
32	29.47	L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
33	29.50	L S	P	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
34	29.53	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
35	29.58	L	F	Isabelle Welgemoed	15	BLSS MAN	25/10/2024	Neptunes Gala
36*	29.59	L	P	Gemma Walters	15	DORE JHB	29/11/2024	CGA Championships 2024
36*	29.59	L	P	Sophia Trout	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
38	29.60	L	F	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
39	29.61	L S	P	Sydni Adams	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
40	29.62	L	F	Madison Coleman	15	WCS	05/04/2025	SA Schools Swimming Championship
41	29.66	L	F	Milla Hulse	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
42	29.67	L S	F	Casey Bruwer	15	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET
43	29.68	L S	P	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
44*	29.70	L	F	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
44*	29.70	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
46	29.73	L	F	Milan Ferreira	15	TASC MPD	29/11/2024	Limpopo Champs 2024
47	29.75	L	F	Sharni-Marie Watson	15	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
48	29.77	L	P	Annabell Sirrals	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
49*	29.78	L	P	Amara Okoye	15	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
49*	29.78	L	P	Marike Raimond	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
51	29.79	L	F	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
52	29.83	L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
53*	29.85	L	P	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
53*	29.85	L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
55	29.89	L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
56	29.91	L	F	Milla Hulse	15	KZNS	05/04/2025	SA Schools Swimming Championship
57	29.95	L	F	Ella Lombard	15	TNDER FDD	04/12/2024	Free State Champs 2024
58	30.00	L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024

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	Time	P/F/S	Name	Age/Yr			
59	30.02 L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
60	30.03 L	F	Caitlin Rossiter	15	HSB BP	28/02/2025	NW School Championships 2025
61*	30.06 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
61*	30.06 L	P	Hana Duncan	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
63	30.12 L	P	Jamie-Lee Graham	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
64*	30.16 L	F	Jamie Napier	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
64*	30.16 L	F	Mia Groenewald	15	KTS	05/10/2024	FLAMINGO GALA OCT 2024
66	30.17 L	P	Kerrigan Hayes	15	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
67	30.20 L	P	Keilah-Naomi Holthuis	15	QSAW CED	14/02/2025	Western Cape Elite Gala 2025
68	30.23 L	P	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
69*	30.24 L	F	Tessa Battheu	15	TUKS TSH	13/09/2024	NTS September Age Group 2024
69*	30.24 L S	S	Abbigail Kulynych	15	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
69*	30.24 L	F	Zoe Steyn	15	MCS BP	28/02/2025	NW School Championships 2025
72*	30.30 L	F	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
72*	30.30 L	F	Inneke Liebenberg	15	POTC KKD	07/12/2024	NWS Championships 2024
74	30.37 L	F	Jhuliana Lamprecht	15	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
75	30.38 L	F	Arne' Dreyer	15	STAQ CED	09/11/2024	Winelands SL4
76	30.43 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan
77	30.45 L	P	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
78	30.46 L	P	Shalem Mashingaidze	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
79	30.51 L	F	Shane Swarts	15	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
80	30.53 L	F	Kacey Hughes	15	STSC KCD	09/11/2024	KCDA Age Goup 2 2024
81	30.56 L	P	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
82	30.58 L	F	Juanè Burger	15	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
83	30.60 L	F	Sulize Henning	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
84	30.62 L	F	Chanel Van Tonder	15	SEAL UMD	08/03/2025	Invitational Meet 2025
85	30.63 L	F	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Chan
86*	30.64 L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
86*	30.64 L	F	Katya O'Brien	15	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
88	30.72 L	F	Carle Hager	15	ASAW CED	09/11/2024	Winelands SL4
89	30.73 L	P	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
90	30.74 L S	P	Ona-Mari Van Niekerk	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 20
91	30.80 L	F	Lehane Lategan	15	FAAC	08/02/2025	NCASA SPRINTS 2025
92*	30.84 L	F	Clarise Van Niekerk	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
92*	30.84 L S	P	Margo Senekal	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
94	30.87 L	F	Inge Vd Walt	15	DDA TSH	27/03/2025	SA Level 2 Champs 2025-EGA
95	31.00 L	F	Aryana Cloete-Hopkins	15	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
96*	31.03 L	F	Annabelle Van Rensburg	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
96*	31.03 L	F	Tamlyn Kew	15	EXP TSH	27/03/2025	SA Level 2 Champs 2025 EGA
98	31.04 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
99	31.05 L	F	Kristen Burt	15	PSCP UMD	08/03/2025	Invitational Meet 2025
100	31.09 L	F	Margo Louw	15	QSAW CED	09/11/2024	Winelands SL4
101	31.10 L	P	Hyzel Hutchison	15	NCS	05/04/2025	SA Schools Swimming Championship
102	31.11 L	P	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
103	31.12 L S	P	Jenna Morris	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
104	31.16 L	F	Payton Groger	15	RSA	04/10/2024	Curro AquaElite Gala
105*	31.25 L	P	Alexis Muller	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
105*	31.25 L	P	Emma-Lee Theron	15	BLSS MAN	04/12/2024	Free State Champs 2024
107	31.28 L	P	MacKenzie Bone	15	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
108	31.30 L S	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
109	31.32 L	P	Lara Eckersley	15	AA JHB	29/11/2024	CGA Championships 2024
110*	31.36 L	P	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
110*	31.36 L S	P	Alexa Basso	15	CA ECU	05/12/2024	EGA Summer Championships
112	31.37 L	F	Nicola Carver	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
113	31.41 L	F	Abigail Suckling	15	FSE KCD	31/03/2025	SA Level 2 Champs 2025-KZN
114	31.42 L	F	Cara Rossouw	15	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
115	31.47 L	F	Nieke Engelbrecht	15	UPSK ZMD	23/11/2024	AGE GROUP 3 UPINGTON 2024
116	31.49 L	F	Hannah Du Toit	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
117	31.50 L S	P	Madison Smith	15	CA ECU	05/12/2024	EGA Summer Championships

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	Time	P/F/S	Name	Age/Yr			
118	31.52 L	F	Cailleigh De Beer	15	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
119	31.55 L	F	Lienke Els	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials
120	31.62 L	F	Chane' Fourie	15	TRALI MAN	20/02/2025	Inter High 2025
121	31.63 L	P	Rachel Fairweather	15	WATR JHB	29/11/2024	CGA Championships 2024
122	31.64 L	P	Cailyn Clowes	15	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
123	31.75 L	F	Emma Nolan	15	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
124*	31.77 L	F	Evelyn Malan	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
124*	31.77 L	P	Shayla Whyte	15	MDOL JHB	29/11/2024	CGA Championships 2024
126	31.82 L S	P	Keira Ellerbeck	15	H2O ECU	05/12/2024	EGA Summer Championships
127	31.83 L	F	Lethabo Masemola	15	ELEC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
128	31.84 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
129	31.85 L	P	Megan Mayhew	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
130	31.93 L	F	Macayle Eisen	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
131*	31.94 L S	F	Emma Hagglund	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024
131*	31.94 L	P	Caitlin Camacho	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
133	32.00 L	F	Kayla Kleynhans	15	VRC TSH	13/12/2024	NMBA Championships 2024
134	32.01 L S	F	Keona Landman	15	AACTA CPT	02/11/2024	CTA A & B CHAMPS 2024
135*	32.03 L	F	Ava Strong	15	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials
135*	32.03 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
137*	32.06 L S	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
137*	32.06 L	F	Kyrarh Mack	15	STMS NM	08/02/2025	Nelson Mandela Bay Schools Trials &
139	32.10 L	F	Kirsten Myers	15	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
140	32.13 L	P	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
141*	32.22 L	F	Mieke Griffiths	15	HTSM NG	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
141*	32.22 L	F	Tatum Topliss	15	CA ECU	12/10/2024	EGA Summer 2
143*	32.24 L	P	Leila Smit	15	CSC TSH	20/03/2025	SA Level 3 Champs 2025-NT
143*	32.24 L	F	Ada Barnard	15	SWAR WCD	17/10/2024	43rd Freda Barnard Invitational Gala
145	32.28 L	F	Helena Rookoen-Smith	15	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
146	32.33 L S	P	Amy Jackson	15	TCA ECU	05/12/2024	EGA Summer Championships
147	32.34 L	F	Mine Prinsloo	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala
148	32.35 L	F	Milnie Du Toit	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
149	32.37 L	F	Daniella Myburg	15	BLSS MAN	01/03/2025	Provincial Level 1 Age Group
150	32.43 L	P	Paige Van Niekerk	15	PER JHB	29/11/2024	CGA Championships 2024
151	32.45 L	F	Amina Putter	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
152	32.46 L	F	Simone' Pretorius	15	BETH FDD	14/02/2025	Neptune Last Chance Gala
153	32.50 L	F	Jessica Davies	15	VIKI BUF	22/11/2024	BCA Long Course Championships 202
154	32.58 L	P	Lara Janse van Rensburg	15	CSA EZD	20/03/2025	SA Level 3 Champs 2025-NT
155	32.59 L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A
156	32.63 L	F	Anieke Prinsloo	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
157	32.69 L	P	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
158	32.77 L	F	Keira-Lize Martins	15	H2O ECU	26/10/2024	Summer 3 Delville
159	32.78 L	F	Roslyn Ramoholi	15	RSA	04/10/2024	Curro AquaElite Gala
160	32.85 L	F	Bianca Potgieter	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
161	32.87 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
162*	32.90 L	F	Lika Vd Merwe	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
162*	32.90 L	F	Botlhe Machona	15	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
164	32.91 L	F	Erin Stead	15	FRA KCD	26/10/2024	Froggies Aquatics Championships 202
165	32.96 L	F	Megan Horn	15	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
166	32.97 L	F	Kyra Home	15	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
167	33.01 L	F	Mia Koen	15	BULS MAN	11/10/2024	Otters Prestige Gala 2024
168	33.04 L	F	Leandri Grobler	15	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
169*	33.09 L	F	Erin Olivier	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
169*	33.09 L	F	Nina Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
171	33.13 L	F	Miane Kasselmann	15	RBOT BPD	07/12/2024	NWS Championships 2024
172	33.15 L	F	Ariel De Bruyn	15	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
173	33.21 L S	F	Jemma Hendricks	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
174	33.32 L S	F	Sophia Wener	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
175	33.33 L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
176	33.34 L	F	Rozel Scholtz	15	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024

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	Time	P/F/S	Name	Age/Yr				
177	33.38 L	F	Ava Lambropoulos	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
178	33.39 L	F	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
179	33.40 L	F	McKenzie Jones	15	ESTR ECU	26/10/2024	Summer 3 Delville	
180	33.46 L	F	Oratile Matli	15	ESTR ECU	12/10/2024	EGA Summer 2	
181	33.54 L	F	Rachel Henley	15	ESTR ECU	12/10/2024	EGA Summer 2	
182	33.55 L	F	Elandri Du Randt	15	BETH FDD	15/11/2024	Valsrivier Gala 2024	
183	33.62 L	F	Hannah Struwig	15	AQUA UTD	07/12/2024	Uthukela District Age Group Gala	
184	33.71 L	F	Simone Van Wyk	15	SEAL UMD	08/03/2025	Invitational Meet 2025	
185	33.72 L	F	Keone Molapo	15	RFA TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
186	33.73 L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
187	33.74 L	F	Sulize Kruger	15	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming I	
188	33.82 L S	P	Christé Franck	15	JAQ ECU	05/12/2024	EGA Summer Championships	
189	33.84 L	F	Mariné Pretorius	15	UPSK ZMD	18/01/2025	AGE GROUP 5 KATHU 2025	
190	33.91 L	P	Isabella Dos Santos	15	PER JHB	29/11/2024	CGA Championships 2024	
191	33.94 L	F	Kiara Storm	15	USH KCD	09/11/2024	KCDA Age Goup 2 2024	
192	34.01 L	P	Whitney Lauf	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
193	34.03 L	P	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024	
194*	34.08 L S	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET	
194*	34.08 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024	
196	34.09 L	F	Ruth Saxton	15	HPHS BUF	08/02/2025	BCSA High School Trials 2025	
197	34.10 L S	P	Gabriella Baillie	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 20	
198	34.17 L	P	Jesse Kirsten	15	BLOT MAN	04/12/2024	Free State Champs 2024	
199*	34.25 L	F	Klara Groenewald	15	UNI EZD	27/03/2025	SA Level 2 Champs 2025 EGA	
199*	34.25 L	P	Larissa Bouwer	15	DORE JHB	29/11/2024	CGA Championships 2024	
199*	34.25 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024	
202	34.27 L	P	Kayden Maurer	15	USC BUF	20/03/2025	SA Level 3 Regional Age Group Chan	
203	34.31 L	P	Mikaela Johst	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
204*	34.33 L	F	Isabelle Botha	15	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
204*	34.33 L	F	Talitha Schuch	15	LEGC ETH	01/02/2025	KCDA Age Group 4 2024	
206	34.35 L	F	Mia Pienaar	15	BULS MAN	14/02/2025	Neptune Last Chance Gala	
207	34.41 L	P	Tamsyn Thomson	15	BULS MAN	04/12/2024	Free State Champs 2024	
208	34.42 L	F	Kananelo Linake	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
209	34.45 L S	P	Skyla Reddy	15	SWIFT ECU	05/12/2024	EGA Summer Championships	
210	34.49 L S	F	Jasmine Hirshovitz	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
211	34.61 L	F	Elme Vermaak	15	FRAM NMA	08/02/2025	Nelson Mandela Bay Schools Trials &	
212	34.63 L	F	Leila Van Zyl	15	RSA	04/10/2024	Curro AquaElite Gala	
213	34.69 L	F	Carla Munro	15	PSCP UMD	08/03/2025	Invitational Meet 2025	
214	34.75 L	F	Melandri Vermaak	15	TINC TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
215	34.76 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024	
216	34.93 L	F	Jani Visagie	15	SWAR WCD	08/02/2025	WCA-B Champs - 2025	
217	34.94 L	P	Buhlebemvelo Mdluli	15	WSTV ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
218	34.96 L	F	Tuhina Asharam	15	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
219	35.04 L S	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
220	35.21 L	F	Samara Prinsloo	15	STSC KCD	25/01/2025	uShaka Champs 2025	
221*	35.24 L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham	
221*	35.24 L	F	Chloe Coetsee	15	ROB EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
223	35.30 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024	
224	35.32 L	F	Jordin-Li Van der Merwe	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	
225	35.47 L	F	Malakai Jooste	15	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025	
226	35.62 L	F	Jayne Roebuck	15	CA ECU	26/10/2024	Summer 3 Delville	
227	35.63 L	F	Diëm Peens	15	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025	
228	35.64 L	F	Rerapetse Ramohale	15	RBOT BPD	28/03/2025	SA Level 2 Regional Age Group Cham	
229	35.65 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024	
230	35.75 L	F	Callen Campbell	15	MARL CPT	08/02/2025	WCA-B Champs - 2025	
231	35.80 L S	F	Zephani Adams	15	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET	
232	35.83 L	F	Alivia Ferreira	15	PENC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
233	35.92 L	F	Mamello Mabuza	15	ESP ECU	01/02/2025	EGA Last Chance Gala	
234	35.94 L	F	Talita Wessels	15	UNIUI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
235	35.97 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
236	36.29 L	F	Emilia de Freitas	15	MAKO EKU	12/10/2024	EGA Summer 2	
237	36.30 L	F	Nolene Badenhorst	15	LALE CED	09/11/2024	Winelands SL4	
238	36.32 L	P	Cayley Hauptfleisch	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
239	36.34 L	F	Surene Kleingeld	15	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
240*	36.43 L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024	
240*	36.43 L S	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024	EGA Summer Championships	
242	36.46 L	F	Audrey Stander	15	STAQ CED	25/01/2025	Winelands JLfin	
243	36.50 L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
244	36.53 L	F	Moya Felix	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
245*	36.58 L	F	Karla Lemmer	15	USH KCD	09/11/2024	KCDA Age Goup 2 2024	
245*	36.58 L	F	Taylor Hulley	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
247	36.65 L	F	Limay Schutte	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools	
248	36.78 L	F	Hannan Mia	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
249	36.90 L	F	Chandre Cloete	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
250	36.95 L	F	Yovanka Malan	15	BETH FDD	25/10/2024	Neptunes Gala	
251	37.16 L	F	Sofiya Talip	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
252	37.37 L	F	Nasheetah Jephta	15	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
253	37.46 L	F	Michaela Mohle	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
254	37.59 L	F	Ilze Olley	15	ACAAQ CCD	29/11/2024	Limpopo Champs 2024	
255	37.74 L	F	Jessica Dos Santos	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
256	37.88 L	F	Victoria Holfeld	15	CA EKU	26/10/2024	Summer 3 Delville	
257	37.90 L	F	Taylin Van Wyk	15	PENC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
258	37.99 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
259	38.21 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024	
260	38.36 L	F	Ilne Bruwer	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala	
261	38.44 L	F	Julia Emelo	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials	
262*	38.49 L	F	Atlegang Mogotsi	15	ESTR EKU	27/03/2025	SA Level 2 Champs 2025-EGA	
262*	38.49 L	F	Elizabeth Coetzee	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
264	38.59 L	F	Ella Odendaal	15	VREDE TMD	15/11/2024	Valsrivier Gala 2024	
265	38.88 L	F	Kate Krummeck	15	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials &	
266	38.92 L	F	Jamie Franzsen	15	HPHS BUF	08/02/2025	BCSA High School Trials 2025	
267	38.97 L	F	Megan Horner	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials	
268	38.99 L S	P	Celia Carpinteiro	15	CA EKU	05/12/2024	EGA Summer Championships	
269	39.10 L	F	Rebecca Eybers	15	CUR EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	
270	39.11 L	F	Sarona Boiteto	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
271	39.23 L	P	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024	
272	39.36 L	F	Lida Gerber	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
273	39.55 L	F	Isabel Landman	15	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024	
274	39.65 L	F	Carmi van Wyk	15	HHS WB	08/02/2025	BCSA High School Trials 2025	
275	39.87 L S	F	Layla Isaacs	15	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024	
276	40.02 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024	
277	40.15 L	F	Viola Stoloff	15	VGHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &	
278	40.37 L	P	Yamahlabi Radebe	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
279	40.52 L	F	Leneave George	15	CAMBH BUF	08/02/2025	BCSA High School Trials 2025	
280	40.59 L	F	Lisakhanya Letloloane	15	NGU TSH	13/09/2024	NTS September Age Group 2024	
281	40.77 L	F	Bianca Benade	15	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
282	41.11 L	F	Candace Van Der Merwe	15	MHS NGD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS	
283	41.37 L	F	Leila Visser	15	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024	
284	41.63 L	F	Dheeya Patel	15	ELEC TSH	13/09/2024	NTS September Age Group 2024	
285	41.65 L	F	Jessica Chandler	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials	
286	41.81 L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024	
287	41.95 L	F	Rachel Glass	15	VIPS NMA	22/02/2025	Eastern Cape School Provincial Trials	
288	42.10 L	F	Siphiwayinkosi Mnisi	15	UPC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2	
289	42.36 L	F	Melisca Krige	15	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
290	43.15 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024	
291	43.21 L	F	Teagan Pappas	15	CUR EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	
292	43.33 L	F	Jacqueline Pieterse	15	FSE KCD	07/12/2024	Stingrays Champs 2024	
293	43.41 L	F	Shauna Hoole	15	CAMBH BUF	08/02/2025	BCSA High School Trials 2025	
294	43.47 L	F	Robyn Ellis	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
295	43.55 L	F	Lutendo Mphelo	15	BLSS MAN	01/03/2025	Provincial Level 1 Age Group
296	43.61 L	F	Bokang Seheri	15	USHAK ECU	12/10/2024	EGA Summer 2
297	43.71 L	F	Anco Nel	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials
298	43.98 L	F	Logan Gallant	15	COLH NMA	22/02/2025	Eastern Cape School Provincial Trials
299	44.22 L	F	Zandri Potgieter	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
300	45.10 L	F	Takira Petersen	15	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
301	45.74 L	F	Madyson Windvogel	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials
302	45.81 L	F	Reabetswe Nkosi	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
303	46.62 L	F	Mika Janse Van Rensburg	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
304	54.70 L S	P	Jo-Anne van Dyk	15	JAQ ECU	05/12/2024	EGA Summer Championships
305	56.27 L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024
306	58.51 L	F	Azoma Mbanga	15	SHS KK	08/02/2025	BCSA High School Trials 2025
307	59.61 L	F	Sinalo Mashicolo	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
308	1:00.73 L	F	Ziyanda Mncube	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
309	1:00.96 L	F	Abongile Glomane	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
310	1:03.69 L	F	Siphumle Poswa	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
311	1:15.17 L	F	Dlatu Ndulela	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
Women 100 Free							
1	58.54 L	F	Giuliana Vyncke	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
2	58.80 L	F	Bailey Lambert	15	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
3	59.24 L	F	Abigail Kotze	15	TYGE CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
4	1:00.30 L	F	Sienna Gous	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
5	1:01.05 L	P	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
6	1:01.24 L	F	Zuria Venter	15	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
7	1:01.97 L	F	Anja Buitendach	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
8	1:02.39 L	F	Payton Aitken	15	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA 20
9	1:02.52 L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
10	1:02.67 L	F	Cara Visser	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
11	1:02.92 L	F	Shannon Hugo	15	SEAL UMD	20/06/2024	2024 Shark Open
12	1:02.93 L	F	Payton Aitken	15	KZNS	05/04/2025	SA Schools Swimming Championship
13	1:02.96 L	F	Shi Han Huang	15	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
14	1:03.02 L	P	Riziki Magotsi	15	WCS	05/04/2025	SA Schools Swimming Championship
15	1:03.28 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
16*	1:03.30 L	F	Christina Orchard	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
16*	1:03.30 L	P	Jade Van Vuuren	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
16*	1:03.30 L	P	Paige Meeser	15	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
19	1:03.37 L	F	Ella-Mae Henning	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
20	1:03.38 L	F	Shannon Hugo	15	KZNS	05/04/2025	SA Schools Swimming Championship
21	1:03.45 L	F	Sadie Roberts	15	ASA ILD	02/07/2024	Prestige Tournament 2024
22	1:03.49 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
23	1:03.54 L	F	Mila De Souza	15	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT
24	1:03.77 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
25	1:03.80 L	F	Kylie De Bruyn	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
26	1:03.99 L	P	Kaylin Fabricius	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
27	1:04.05 L	P	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
28	1:04.13 L	F	Elizabeth Viljoen	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
29	1:04.21 L	F	Sylvie de Bruyn	15	BULS MAN	11/10/2024	Otters Prestige Gala 2024
30	1:04.28 L	F	Kacey Hughes	15	STSC KCD	25/01/2025	uShaka Champs 2025
31	1:04.30 L	P	Emma Pinheiro	15	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
32	1:04.58 L	F	Marike Raimond	15	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025
33	1:04.74 L	P	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
34	1:04.80 L	P	Jamie-Lee Graham	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
35	1:04.85 L	P	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
36	1:04.86 L	F	Keilah-Naomi Holthuis	15	QSAW CED	20/03/2025	SA Level 3 Regional Age Group Chan
37	1:04.91 L	F	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
38	1:05.03 L	F	Mia Groenewald	15	KTS	06/12/2024	NCASA CHAMPS 2024
39*	1:05.05 L	P	Lize-Marie Kruger	15	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
39*	1:05.05 L	P	Margo Senekal	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
41	1:05.14 L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
42	1:05.18 L	F	Sharni-Marie Watson	15	HPS TSH	13/09/2024	NTS September Age Group 2024
43*	1:05.19 L	P	Danielle Grobler	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
43*	1:05.19 L	F	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
45	1:05.21 L	P	Shalem Mashingaidze	15	GAUS	05/04/2025	SA Schools Swimming Championship
46	1:05.30 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
47	1:05.38 L	F	Ella Lombard	15	TNDER FDD	20/03/2025	SA Level 3 Champs 2025-NT
48	1:05.39 L	F	Caitlin Knight	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
49	1:05.54 L	P	Abbigail Kulynych	15	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
50	1:05.63 L	F	Ava Newton	15	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
51	1:05.66 L	P	Ella Jv Rensburg	15	SS MPD	25/04/2025	SA National Junior Age Grou-WCA 20
52	1:05.74 L	P	Megan Jansen	15	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT
53	1:05.75 L	F	Stephanie Dannhauser	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A
54	1:05.79 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
55*	1:05.83 L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
55*	1:05.83 L	F	Caitlin Rossiter	15	HREF BPD	07/12/2024	NWS Championships 2024
57	1:05.93 L	P	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
58	1:05.98 L	F	Casey Bruwer	15	AACTA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
59	1:05.99 L	F	Katya O'Brien	15	MDOL JHB	29/11/2024	CGA Championships 2024
60	1:06.04 L	P	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
61	1:06.10 L	P	Amara Okoye	15	GAUS	05/04/2025	SA Schools Swimming Championship
62	1:06.20 L	F	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
63*	1:06.22 L	F	Caileigh De Beer	15	BLOT MAN	04/12/2024	Free State Champs 2024
63*	1:06.22 L	F	Marne' Van Rensburg	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
65	1:06.29 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan
66	1:06.31 L	F	Milla Hulse	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
67	1:06.33 L	P	Sydni Adams	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
68	1:06.45 L	P	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Chan
69	1:06.48 L	P	Madison Coleman	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
70	1:06.52 L	F	Kerrigan Hayes	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
71	1:06.55 L	F	Isabelle Welgemoed	15	BLSS MAN	04/12/2024	Free State Champs 2024
72	1:06.59 L	P	Milla Hulse	15	KZNS	05/04/2025	SA Schools Swimming Championship
73	1:06.68 L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
74	1:06.70 L	P	Juanè Burger	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
75	1:06.81 L	F	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
76	1:07.04 L	F	Annabell Sirrals	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
77	1:07.06 L	P	Hana Duncan	15	FSS	05/04/2025	SA Schools Swimming Championship
78	1:07.11 L	F	Inneke Liebenberg	15	POTC KKD	07/12/2024	NWS Championships 2024
79*	1:07.18 L	F	Lehane Lategan	15	FAAC	08/02/2025	NCASA SPRINTS 2025
79*	1:07.18 L	P	Evelyn Malan	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
81	1:07.48 L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
82	1:07.58 L	F	Zoe Steyn	15	MCS BP	28/02/2025	NW School Championships 2025
83	1:07.59 L	P	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
84	1:07.70 L	P	Lara Eckersley	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
85	1:07.71 L	F	Mi-Ly Vd Merwe	15	LALE CED	08/02/2025	Winelands SL Final
86	1:07.74 L	P	Caitlin Camacho	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
87	1:07.79 L	F	Emma-Lee Theron	15	BLSS MAN	14/02/2025	Neptune Last Chance Gala
88	1:07.80 L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
89	1:07.99 L	F	Carle Hager	15	ASAW CED	09/11/2024	Winelands SL4
90	1:08.05 L	P	Rachel Fairweather	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
91	1:08.07 L	P	Eva Dal Cin	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
92	1:08.19 L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
93	1:08.27 L	F	Rebecca Froneman	15	STSC KCD	09/11/2024	KCDA Age Goup 2 2024
94*	1:08.28 L	P	Jhuliana Lamprecht	15	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
94*	1:08.28 L	F	Jamie Napier	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
96	1:08.29 L	P	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
97	1:08.33 L	P	Tatum Topliss	15	CA EKU	05/12/2024	EGA Summer Championships
98	1:08.36 L	F	Alexa Basso	15	CA EKU	12/10/2024	EGA Summer 2
99	1:08.37 L	P	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
100	1:08.38 L	F	Sophia Trout	15	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
101	1:08.40	L	F	Taylor Kassebaum	15	AA JHB	10/01/2025 2024 Grand Prix Invitation Swimming I
102	1:08.48	L	F	Chane' Fourie	15	TRALI MAN	20/02/2025 Inter High 2025
103	1:08.50	L	F	Inge Vd Walt	15	DDA TSH	27/03/2025 SA Level 2 Champs 2025-EGA
104	1:08.53	L	F	Arne' Dreyer	15	STAQ CED	08/02/2025 Winelands SL Final
105	1:08.56	L	P	Cailyn Clowes	15	PSCP UMD	26/03/2025 SA Level 3 Regional Age Group Chan
106	1:08.59	L	P	Madison Smith	15	CA EKU	05/12/2024 EGA Summer Championships
107	1:08.68	L	F	Payton Groger	15	RSA	04/10/2024 Curro AquaElite Gala
108	1:08.87	L	F	Emma Hagglund	15	SSISA CPT	08/02/2025 WCA-B Champs - 2025
109*	1:08.88	L	F	Amy Hartung	15	ASAC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
109*	1:08.88	L	F	Emily Hattingh	15	CLAH BUF	08/02/2025 BCSEA High School Trials 2025
109*	1:08.88	L	P	Nicola Carver	15	ELEC TSH	20/03/2025 SA Level 3 Champs 2025-NT
112	1:08.92	L	F	Ava Strong	15	PEAS NMA	22/02/2025 Eastern Cape School Provincial Trials
113	1:09.02	L	F	Tatiana Thomatos	15	QUIC CPT	09/11/2024 Swartland Prestige Gala 2024
114	1:09.26	L	P	Megan Mayhew	15	WATR JHB	20/03/2025 SA Level 3 Champs 2025-NT
115	1:09.28	L	P	Addison Doolan	15	AA JHB	29/11/2024 CGA Championships 2024
116*	1:09.29	L	F	Cara Rossouw	15	TYGE CPT	25/01/2025 CTA Qualifying Meet 6 - (L2 & above)
116*	1:09.29	L	F	Jessica Stedall	15	WWOL TSH	18/10/2024 NTS Level 3+ October Age Group 202
118	1:09.51	L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 202
119	1:09.53	L	P	Lara Janse van Rensburg	15	CSA EZD	20/03/2025 SA Level 3 Champs 2025-NT
120*	1:09.57	L	F	Jessica Davies	15	VINE CPT	01/02/2025 CTA BRIAN BUTTON Qualifying Meet
120*	1:09.57	L	F	Hyzel Hutchison	15	GHSK	08/02/2025 NCASA SPRINTS 2025
122	1:09.62	L	P	Kristen Burt	15	PSCP UMD	31/03/2025 SA Level 2 Champs 2025-KZN
123	1:09.74	L	P	Tamlyn Kew	15	EXP TSH	27/03/2025 SA Level 2 Champs 2025-EGA
124	1:09.80	L	P	Kirsten Myers	15	SSISA CPT	20/03/2025 SA Level 3 Regional Age Group Chan
125	1:09.81	L	F	Roslyn Ramoholi	15	RSA	04/10/2024 Curro AquaElite Gala
126	1:09.82	L	F	Scarlett Friis	15	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
127	1:09.93	L	F	Rozaan Korff	15	ACAAQ CCD	29/11/2024 Limpopo Champs 2024
128	1:09.94	L	P	Kayla Kleynhans	15	VRC TSH	20/03/2025 SA Level 3 Champs 2025-NT
129	1:09.98	L	F	Marlo Lensing	15	UPSK ZMD	06/12/2024 NCASA CHAMPS 2024
130	1:10.22	L	F	Almi Geyser	15	LALE CED	21/09/2024 CTA INVITATIONAL LC MEET
131	1:10.26	L	P	Macayle Eisen	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
132	1:10.30	L	F	Margo Louw	15	QSAW CED	08/02/2025 Winelands SL Final
133	1:10.32	L	F	Mienke Kempen	15	LALE CED	08/02/2025 Winelands SL Final
134	1:10.45	L	F	Annabelle Van Rensburg	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 202
135	1:10.48	L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
136	1:10.50	L	P	Emma Nolan	15	MDOL JHB	29/11/2024 CGA Championships 2024
137	1:10.55	L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024 EGA Summer Championships
138	1:10.57	L	F	Lienke Els	15	FRAM NMA	22/02/2025 Eastern Cape School Provincial Trials
139	1:10.59	L	F	Amy Jackson	15	TCA EKU	12/10/2024 EGA Summer 2
140	1:10.71	L	F	Leila Smit	15	CSC TSH	13/09/2024 NTS September Age Group 2024
141	1:10.72	L	P	Ada Barnard	15	SWAR WCD	05/12/2024 Western Cape LC-A Championship 20
142	1:11.06	L	F	Carmen Stapelberg	15	TINC TSH	27/03/2025 SA Level 2 Champs 2025-EGA
143	1:11.27	L S	F	Mikayla Frösler	15	PEAS NMA	17/01/2025 6th A League Gala 2025
144	1:11.38	L	F	Riley Prinsloo	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 202
145	1:11.44	L	F	Simone' Pretorius	15	BETH FDD	14/02/2025 Neptune Last Chance Gala
146	1:11.49	L	P	Hannah Du Toit	15	ELEC TSH	20/03/2025 SA Level 3 Champs 2025-NT
147	1:11.58	L	F	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
148	1:11.60	L	F	Amy Walton	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
149	1:11.65	L	F	Micke Prinsloo	15	HPP BUF	01/02/2025 Limpopo School Champs & Limpopo A
150	1:11.69	L	F	Mieke Griffiths	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
151	1:11.70	L	P	Paige Van Niekerk	15	PER JHB	27/03/2025 SA Level 2 Champs 2025 EGA
152	1:11.80	L	F	Keona Landman	15	AACTA CPT	02/11/2024 CTA A & B CHAMPS 2024
153	1:11.97	L	P	Marlene Keding	15	NSFED	27/03/2025 SA Level 2 Champs 2025 EGA
154	1:12.32	L	F	Aliyah De Oliveira	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
155	1:12.35	L	P	Mariné Pretorius	15	UPSK ZMD	20/03/2025 SA Level 3 Regional Age Group Chan
156	1:12.46	L	P	Shayla Whyte	15	MDOL JHB	29/11/2024 CGA Championships 2024
157	1:12.48	L	F	Line Brits	15	HMER MP	08/10/2024 Limpopo Top 8 - High Schools
158	1:12.57	L	F	Helena Rookoen-Smith	15	QSAW CED	28/03/2025 SA Level 2 Regional Age Group Cham
159	1:12.61	L	P	Diane Munro	15	BLSS MAN	04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
160	1:12.71 L	P	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
161	1:12.75 L	F	Shane Swarts	15	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
162	1:12.90 L	P	Lika Vd Merwe	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
163	1:13.01 L	F	Abigail Suckling	15	FSE KCD	31/03/2025	SA Level 2 Champs 2025-KZN
164	1:13.02 L	F	Erin Stead	15	FRA KCD	07/12/2024	Stingrays Champs 2024
165	1:13.04 L	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
166	1:13.06 L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
167	1:13.24 L	F	Jessica Davies	15	VIKI BUF	22/11/2024	BCA Long Course Championships 202
168	1:13.32 L	P	Bianca Potgieter	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
169	1:13.35 L	F	Erin Olivier	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
170	1:13.38 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
171	1:13.55 L	F	Kyra Home	15	AA JHB	27/03/2025	SA Level 2 Champs 2025 EGA
172	1:13.57 L	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET
173	1:13.70 L	F	Anieke Prinsloo	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
174	1:13.78 L	F	Kayden Maur	15	USC BUF	02/11/2024	BCA November Age Group Gala SC 2I
175	1:13.81 L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
176	1:13.92 L	F	Jesse Kirsten	15	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
177	1:14.06 L	F	Elandri Du Randt	15	BETH FDD	15/11/2024	Valsrivier Gala 2024
178	1:14.23 L	F	Tylah Johannes	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
179	1:14.25 L	F	Megan Horn	15	SS MPD	29/11/2024	Limpopo Champs 2024
180	1:14.28 L	F	Silizwe Giyose	15	USC BUF	13/07/2024	1st A League Gala 2024
181	1:14.53 L	F	Elme Vermaak	15	FRAM NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
182	1:14.76 L	F	Daniella Myburg	15	BLSS MAN	01/03/2025	Provincial Level 1 Age Group
183	1:14.78 L	P	Ariel De Bruyn	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
184	1:14.80 L	F	Madisson De Bruyn	15	AFIN JHB	27/03/2025	SA Level 2 Champs 2025 EGA
185	1:14.85 L	P	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
186	1:14.86 L	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
187	1:14.90 L	F	Keira-Lize Martins	15	H2O EKU	12/10/2024	EGA Summer 2
188	1:14.93 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024
189	1:15.45 L	P	Oratile Matli	15	ESTR EKU	27/03/2025	SA Level 2 Champs 2025 EGA
190	1:15.50 L	P	Botlhe Machona	15	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
191	1:15.60 L	P	Simone Van Wyk	15	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
192	1:15.77 L	F	Leila Van Zyl	15	RSA	04/10/2024	Curro AquaElite Gala
193	1:15.89 L	F	Sulize Kruger	15	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
194*	1:15.99 L	F	Jani Visagie	15	SWAR WCD	08/02/2025	WCA-B Champs - 2025
194*	1:15.99 L	P	Larissa Bouwer	15	DORE JHB	29/11/2024	CGA Championships 2024
196	1:16.29 L	F	Rachel Henley	15	ESTR EKU	12/10/2024	EGA Summer 2
197	1:16.38 L	F	Gabriela Sa	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
198	1:16.39 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
199	1:16.41 L	P	Whitney Lauf	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
200	1:16.44 L	P	Mikaela Johst	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
201	1:16.45 L	F	Ava Lambropoulos	15	TRAZ TSH	13/09/2024	NTS September Age Group 2024
202	1:16.46 L	P	Alexandra Sheppard	15	STAR BPD	28/03/2025	SA Level 2 Regional Age Group Cham
203	1:16.51 L	F	Buhlebemvelo Mdluli	15	WSTV ETH	25/01/2025	uShaka Champs 2025
204	1:16.52 L	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
205*	1:16.55 L	F	Mila Volschenk	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
205*	1:16.55 L	P	Isabelle Botha	15	PGAC EKU	27/03/2025	SA Level 2 Champs 2025-EGA
207	1:16.60 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
208	1:17.00 L	F	Rozel Scholtz	15	STELL RMD	09/11/2024	NWS Age Group 1 & 2 2024
209	1:17.04 L	F	Nina Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
210	1:17.27 L	F	Jasmine Hirshovitz	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
211	1:17.32 L	P	Jolane Holtzhausen	15	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
212	1:17.35 L	P	Hannah Struwig	15	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
213	1:17.38 L	P	Kananelo Linake	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
214	1:17.44 L	P	Cayley Hauptfleisch	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
215	1:17.62 L	P	Carla Munro	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
216	1:17.77 L	P	Rerapetse Ramohale	15	RBOT BPD	28/03/2025	SA Level 2 Regional Age Group Cham
217	1:17.92 L	F	Skyla Reddy	15	SWIFT EKU	12/10/2024	EGA Summer 2
218	1:17.98 L	F	Mia Pienaar	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
219	1:18.08 L	P	Klara Groenewald	15	UNI EZD	27/03/2025	SA Level 2 Champs 2025 EGA
220	1:18.23 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
221	1:18.32 L	F	Mia Koen	15	BULS MAN	11/10/2024	Otters Prestige Gala 2024
222	1:18.44 L	P	Keone Molapo	15	RFA TSH	27/03/2025	SA Level 2 Champs 2025 EGA
223	1:18.46 L	F	Diëm Peens	15	CUHE OBD	28/03/2025	SA Level 2 Regional Age Group Cham
224	1:18.55 L	F	Zephani Adams	15	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
225	1:18.67 L	P	Elme Swanepoel	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
226	1:18.87 L	F	Gabriella Baillie	15	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schor
227	1:19.09 L	P	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024
228	1:19.25 L	F	Samara Prinsloo	15	STSC KCD	07/12/2024	Stingrays Champs 2024
229	1:19.28 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
230	1:19.48 L	P	Isabella Dos Santos	15	PER JHB	29/11/2024	CGA Championships 2024
231	1:19.62 L	F	Callen Campbell	15	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
232*	1:19.86 L	P	Surene Kleingeld	15	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA
232*	1:19.86 L	F	Jessie Ludick	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
234	1:20.49 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	09/11/2024	Winelands SL4
235	1:20.50 L	F	Karla Lemmer	15	USH KCD	23/11/2024	KCDA Age Group Gala 3
236	1:20.74 L	F	Ruth Saxton	15	HPHS BUF	08/02/2025	BCSA High School Trials 2025
237	1:20.78 L	F	Kiara Storm	15	USH KCD	25/01/2025	uShaka Champs 2025
238	1:20.85 L	F	Tamsyn Thomson	15	UCT CPT	20/02/2025	Inter High 2025
239	1:20.95 L	F	Audrey Stander	15	STAQ CED	08/02/2025	WCA-B Champs - 2025
240	1:21.39 L	P	Tuhina Asharam	15	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN
241	1:21.61 L	F	Yovanka Malan	15	BETH FDD	25/10/2024	Neptunes Gala
242	1:21.62 L	F	Hannaan Mia	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
243	1:21.65 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
244	1:21.82 L	P	Sandisiwe Mkhathshwa	15	MAKO EKU	05/12/2024	EGA Summer Championships
245	1:22.06 L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham
246	1:22.41 L	F	Lucie Jakob	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
247	1:22.73 L	P	Mamello Mabuza	15	ESP EKU	05/12/2024	EGA Summer Championships
248	1:23.22 L	F	Nasheetah Jephta	15	MANT CPT	08/02/2025	WCA-B Champs - 2025
249	1:23.65 L	F	Nolene Badenhorst	15	LALE CED	08/02/2025	Winelands SL Final
250	1:23.76 L	P	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
251	1:24.15 L S	F	Lyla Shekel	15	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
252	1:24.36 L	F	Emilia de Freitas	15	MAKO EKU	12/10/2024	EGA Summer 2
253	1:24.76 L	F	Jayme Roebuck	15	CA EKU	12/10/2024	EGA Summer 2
254	1:25.68 L	F	Limay Schutte	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
255	1:25.70 L	F	Lillian Kotze	15	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
256	1:25.88 L	F	Victoria Holfeld	15	CA EKU	12/10/2024	EGA Summer 2
257	1:26.06 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
258	1:26.35 L	F	Sofiya Talip	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
259	1:26.42 L	P	Celia Carpinteiro	15	CA EKU	05/12/2024	EGA Summer Championships
260	1:26.94 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
261	1:27.16 L	F	Ilze Olley	15	ACAAQ CCD	29/11/2024	Limpopo Champs 2024
262	1:27.32 L	F	Jamie Franzsen	15	HPHS BUF	08/02/2025	BCSA High School Trials 2025
263	1:27.35 L	F	Hannah Myburgh	15	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
264	1:27.85 L	F	Isabel Landman	15	NWUC KKD	07/12/2024	NWS Championships 2024
265	1:28.92 L	F	Kate Krummeck	15	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
266	1:29.52 L	F	Megan Horner	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials
267	1:29.68 L	F	Bohlale Khahledi	15	BARR CPT	09/11/2024	Swartland Prestige Gala 2024
268	1:29.75 L	F	Yamahlubi Radebe	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
269	1:30.16 L	F	Julia Emelo	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials
270	1:30.18 L	F	Ilne Bruwer	15	BLSS MAN	25/10/2024	Neptunes Gala
271	1:30.70 L	F	Atlegang Mogotsi	15	ESTR EKU	12/10/2024	EGA Summer 2
272	1:30.86 L	F	Johanika Groenewald	15	UNIU EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
273	1:31.77 L	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
274	1:31.98 L	F	Leila Visser	15	FAAC	08/02/2025	NCASA SPRINTS 2025
275	1:33.04 L	F	Carmi van Wyk	15	HHS WB	08/02/2025	BCSA High School Trials 2025
276	1:33.43 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
277	1:34.72 L	F	Bianca Benade	15	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20

Individual Top Times

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
278	1:35.20 L	F	Leneave George	15	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
279	1:36.01 L	F	Layla Isaacs	15	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
280	1:37.80 L	F	Lisakhanya Letloloane	15	NGU TSH	13/09/2024	NTS September Age Group 2024
281	1:39.67 L	F	Jacqueline Pieterse	15	FSE KCD	07/12/2024	Stingrays Champs 2024
282	1:40.34 L	F	Candace Van Der Merwe	15	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
283	1:41.13 L	F	Melisca Krige	15	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
284	1:42.98 L	F	Bokang Seheri	15	USHAK EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
285	1:45.53 L	F	Lutendo Mphelo	15	BLSS MAN	01/03/2025	Provincial Level 1 Age Group
286	1:48.05 L	F	Madyson Windvogel	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials
287	1:48.77 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
288	1:55.77 L	F	Takira Petersen	15	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
289	2:01.47 L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024
290	2:02.16 L	P	Jo-Anne van Dyk	15	JAQ EKU	05/12/2024	EGA Summer Championships
Women 200 Free							
1	2:07.80 L	F	Bailey Lambert	15	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
2	2:07.86 L	F	Giuliana Vyncke	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
3	2:08.74 L	P	Abigail Kotze	15	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
4	2:08.90 L	F	Sienna Gous	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
5	2:09.75 L	P	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
6	2:11.65 L	P	Zuria Venter	15	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
7	2:13.00 L	F	Anja Buitendach	15	MPS NGD	05/04/2025	SA Schools Swimming Championship
8	2:14.05 L	F	Kylie De Bruyn	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
9	2:14.79 L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
10	2:14.90 L	F	Shannon Hugo	15	KZNS	05/04/2025	SA Schools Swimming Championship
11	2:16.71 L	P	Cara Visser	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
12	2:17.15 L	P	Paige Meeser	15	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
13	2:17.59 L	P	Shannon Hugo	15	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
14	2:17.64 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
15	2:17.89 L	P	Jade Van Vuuren	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
16	2:18.40 L	F	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
17	2:18.72 L	P	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
18	2:19.08 L	F	Mila De Souza	15	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT
19	2:19.62 L	P	Danielle Grobler	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
20	2:19.71 L	F	Mia Groenewald	15	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
21	2:19.92 L	F	Kacey Hughes	15	STSC KCD	25/01/2025	uShaka Champs 2025
22	2:19.96 L	P	Gemma Walters	15	DORE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
23	2:20.17 L	F	Caitlin Knight	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	2:20.23 L	P	Marike Raimond	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
25	2:20.34 L	P	Riziki Magotsi	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
26	2:20.50 L	F	Keilah-Naomi Holthuis	15	QSAW CED	14/02/2025	Western Cape Elite Gala 2025
27	2:20.57 L	P	Scarlett Friis	15	KLOO ETH	25/04/2025	SA National Junior Age Grou-WCA 20
28	2:20.65 L	P	Evelyn Malan	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
29	2:20.76 L	F	Lize-Marie Kruger	15	BLNE MAN	04/12/2024	Free State Champs 2024
30	2:20.97 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
31	2:21.38 L	P	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
32	2:21.43 L	F	Ava Newton	15	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
33	2:21.69 L	F	Sadie Roberts	15	ASA ILD	02/07/2024	Prestige Tournament 2024
34	2:21.76 L	P	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
35	2:22.12 L	P	Gabriella Boerstra	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
36	2:22.44 L	P	Zuri Tome	15	TUKS TSH	30/04/2025	16th Africa Aquatics Junior Swimming
37*	2:22.46 L	P	Tamzyn Kuhn	15	SAAW CPT	14/02/2025	Western Cape Elite Gala 2025
37*	2:22.46 L	P	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
39	2:22.65 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
40	2:22.79 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
41	2:22.91 L	P	Kacey Hughes	15	KZNS	05/04/2025	SA Schools Swimming Championship
42	2:23.00 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
43	2:23.05 L	P	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
44	2:23.30 L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
45	2:23.48 L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
46	2:23.78 L	F	Abbigail Kulynych	15	CA EKU	01/02/2025	EGA Last Chance Gala
47	2:24.01 L	P	Shalem Mashingaidze	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
48	2:24.09 L	P	Margo Senekal	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
49*	2:24.13 L	P	Isabella Bruyns	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
49*	2:24.13 L	F	Payton Aitken	15	WSTV ETH	25/01/2025	uShaka Champs 2025
51	2:24.39 L	P	Caitlin Rossiter	15	HREF BPD	25/04/2025	SA National Junior Age Grou-WCA 20
52	2:24.48 L	P	Ella-Mae Henning	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
53	2:24.50 L	F	Ella Lombard	15	TNDER FDD	20/03/2025	SA Level 3 Champs 2025-NT
54	2:24.55 L	P	Inneke Liebenberg	15	POTC KKD	25/04/2025	SA National Junior Age Grou-WCA 20
55	2:24.67 L	F	Lyla vd Spuy	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
56	2:24.82 L	F	Carla Dannhauser	15	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT
57	2:24.85 L	F	Ella Jv Rensburg	15	SS MPD	29/11/2024	Limpopo Champs 2024
58	2:24.92 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan
59	2:25.35 L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
60	2:25.63 L	P	Leila Springer	15	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
61	2:25.69 L	F	Rozaan Korff	15	ACAQ CCD	29/11/2024	Limpopo Champs 2024
62	2:25.79 L	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024	Free State Champs 2024
63	2:26.70 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
64	2:26.94 L	P	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
65	2:27.06 L	P	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
66	2:27.41 L	F	Caileigh De Beer	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
67	2:27.42 L	P	Mikayla Frösler	15	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
68	2:27.45 L	F	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
69	2:27.48 L	F	Tatum Topliss	15	CA EKU	18/01/2025	EGA Summer 5
70	2:27.51 L	F	Kaylin Fabricius	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
71	2:27.61 L	F	Jamie-Lee Graham	15	AA JHB	29/11/2024	CGA Championships 2024
72	2:28.22 L	P	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
73	2:28.23 L	F	Sharni-Marie Watson	15	HPS TSH	13/09/2024	NTS September Age Group 2024
74	2:28.25 L S	F	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships
75	2:28.29 L	P	Megan Mayhew	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
76	2:28.49 L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
77	2:28.55 L	P	Kayla Kleynhans	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
78	2:28.69 L	F	Aryana Cloete-Hopkins	15	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
79	2:28.88 L	F	Isabelle Welgemoed	15	BLSS MAN	04/12/2024	Free State Champs 2024
80	2:28.90 L	P	Ava Strong	15	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
81	2:29.06 L	F	Lara Janse van Rensburg	15	CSA EZD	10/01/2025	2024 Grand Prix Invitation Swimming I
82	2:29.36 L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
83	2:29.73 L	F	Juanè Burger	15	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
84	2:29.89 L	P	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
85	2:30.15 L	P	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
86	2:30.52 L	F	Cailyn Clowes	15	PSCP UMD	08/03/2025	Invitational Meet 2025
87	2:30.68 L	F	Emma-Lee Theron	15	RSA	04/10/2024	Curro AquaElite Gala
88	2:31.00 L	F	Eva Dal Cin	15	AA JHB	20/11/2024	Crusaders Night Gala 1
89	2:31.09 L	F	Zoe Steyn	15	MCS BP	28/02/2025	NW School Championships 2025
90	2:31.21 L	P	Katya O'Brien	15	MDOL JHB	29/11/2024	CGA Championships 2024
91	2:31.38 L	P	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
92	2:31.51 L	F	Arne' Dreyer	15	STAQ CED	09/11/2024	Winelands SL4
93	2:31.58 L	F	Milla Hulse	15	AZON ETH	02/07/2024	Prestige Tournament 2024
94	2:31.78 L	F	Sydni Adams	15	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
95	2:31.85 L	F	Emma Haggglund	15	SSISA CPT	08/02/2025	WCA-B Champs - 2025
96	2:31.90 L	P	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
97	2:32.06 L	F	Carle Hager	15	ASAW CED	08/02/2025	Winelands SL Final
98	2:32.31 L	F	Cara Rossouw	15	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
99	2:32.33 L	P	Elizabeth Viljoen	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
100	2:32.50 L	F	Mariné Pretorius	15	UPSK ZMD	28/06/2024	Sentraal Winter Gala
101	2:32.58 L	P	Caitlin Camacho	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
102	2:32.77 L	F	Rebecca Froneman	15	STSC KCD	25/01/2025	uShaka Champs 2025
103	2:33.01 L	F	Nicola Carver	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
104	2:33.56 L	F	Inge Vd Walt	15	DDA TSH	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
105	2:34.71 L	P	Kirsten Myers	15	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
106	2:34.96 L	F	Riley Prinsloo	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
107	2:35.31 L	F	Lethabo Masemola	15	ELEC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
108	2:35.33 L	F	Madison Smith	15	CA EKU	15/11/2024	Summer 4 Delville
109	2:35.75 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
110	2:35.91 L	F	Ada Barnard	15	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
111	2:36.05 L	F	Lehane Lategan	15	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
112	2:36.07 L	P	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
113	2:36.18 L	F	Rachel Fairweather	15	RSA	04/10/2024	Curro AquaElite Gala
114*	2:36.27 L S	P	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships
114*	2:36.27 L	F	Mienke Kempen	15	LALE CED	08/02/2025	Winelands SL Final
116	2:36.37 L	F	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
117	2:36.55 L	F	Almi Geyser	15	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET
118	2:36.91 L	P	Emma Nolan	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
119	2:37.01 L	F	Tatiana Thomatos	15	QUIC CPT	09/11/2024	Swartland Prestige Gala 2024
120	2:37.53 L S	F	Aliyah De Oliveira	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
121	2:37.69 L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
122	2:38.54 L	P	Alexis Muller	15	AZON ETH	02/07/2024	Prestige Tournament 2024
123	2:38.56 L	F	Tamlyn Kew	15	EXP TSH	13/09/2024	NTS September Age Group 2024
124	2:38.64 L	P	Lara Eckersley	15	AA JHB	29/11/2024	CGA Championships 2024
125	2:38.88 L	F	Kristen Burt	15	PSCP UMD	08/03/2025	Invitational Meet 2025
126	2:38.93 L	F	Lika Vd Merwe	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
127	2:39.17 L	F	Carmen Stapelberg	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
128	2:39.54 L	F	Hyzel Hutchison	15	GHSK	06/12/2024	NCASA CHAMPS 2024
129	2:40.01 L	F	Jhuliana Lamprecht	15	CA EKU	15/11/2024	Summer 4 Delville
130	2:40.17 L S	F	Keona Landman	15	AACTA CPT	02/11/2024	CTA A & B CHAMPS 2024
131	2:40.22 L	F	Keira Ellerbeck	15	H2O EKU	15/11/2024	Summer 4 Delville
132	2:40.44 L	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET
133	2:40.52 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
134	2:41.04 L	F	Anieke Prinsloo	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
135	2:41.17 L S	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
136	2:41.41 L	F	Sinead De Wet	15	CRSC JHB	20/11/2024	Crusaders Night Gala 1
137	2:41.53 L	F	Simone' Pretorius	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
138	2:41.84 L	P	Paige Van Niekerk	15	PER JHB	29/11/2024	CGA Championships 2024
139	2:41.90 L	P	Cayley Hauptfleisch	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
140	2:41.94 L	F	Helena Rookoen-Smith	15	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
141	2:41.96 L	P	Shayla Whyte	15	MDOL JHB	29/11/2024	CGA Championships 2024
142	2:41.98 L	F	Mia-Isabelle Mans	15	ROA EDD	26/10/2024	ZASU 1st League OYDC 2023 - 24
143	2:42.41 L	P	Melandri Vermaak	15	TINC TSH	29/11/2024	CGA Championships 2024
144	2:42.47 L	F	Jesse Kirsten	15	RSA	04/10/2024	Curro AquaElite Gala
145*	2:43.02 L S	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
145*	2:43.02 L	F	Megan Horn	15	SS MPD	27/03/2025	SA Level 2 Champs 2025 EGA
147	2:43.12 L	F	Macayle Eisen	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
148	2:43.19 L	F	Larissa Bouwer	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
149	2:43.43 L	P	Hannah Du Toit	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
150	2:43.55 L	P	Talitha Schuch	15	LEGC ETH	02/07/2024	Prestige Tournament 2024
151	2:43.63 L	F	Sulize Henning	15	WAGH BP	28/02/2025	NW School Championships 2025
152	2:43.89 L	F	Isabelle Botha	15	PGAC EKU	27/03/2025	SA Level 2 Champs 2025 EGA
153	2:44.09 L	F	Amy Walton	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
154	2:44.21 L	P	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
155	2:44.52 L	F	Kananelo Linake	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
156	2:45.21 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
157	2:45.38 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
158	2:45.43 L	F	Daniella Myburg	15	UCT CPT	20/02/2025	Inter High 2025
159	2:45.75 L	F	Jolane Holtzhausen	15	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
160	2:46.09 L	F	Erin Olivier	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
161	2:46.44 L	P	Kyra Home	15	AA JHB	29/11/2024	CGA Championships 2024
162	2:46.72 L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024
163	2:46.78 L	P	Keira-Lize Martins	15	H2O EKU	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
164	2:46.92	L	F	Erin Stead	15	FRA	KCD	26/10/2024 Froggies Aquatics Championships 202
165	2:46.95	L	P	Simone Van Wyk	15	SEAL	UMD	31/03/2025 SA Level 2 Champs 2025-KZN
166	2:47.11	L	P	Cailee Adams	15	SEALE	ETH	02/07/2024 Prestige Tournament 2024
167	2:47.16	L	P	Kayden Mauer	15	USC	BUF	20/03/2025 SA Level 3 Regional Age Group Chan
168	2:47.19	L	F	Ariel De Bruyn	15	CSA	EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
169	2:47.20	L	F	Jessica Davies	15	VIKI	BUF	15/06/2024 PEA Winter Gala 2024
170	2:47.23	L	F	Gabriella Baillie	15	FISH	EDD	17/10/2024 43rd Freda Barnard Invitational Gala
171	2:47.50	L	F	Sulize Kruger	15	AA	JHB	10/01/2025 2024 Grand Prix Invitation Swimming I
172	2:47.92	L S	P	Christé Franck	15	JAQ	EKU	05/12/2024 EGA Summer Championships
173	2:47.95	L	F	Nicole Senekal	15	TKS	WBD	29/11/2024 Limpopo Champs 2024
174	2:48.13	L	F	Ava Lambropoulos	15	TRAZ	TSH	13/09/2024 NTS September Age Group 2024
175	2:48.73	L	P	Liane' de Wet	15	BLOT	MAN	04/12/2024 Free State Champs 2024
176	2:48.74	L	P	Nikita Grant	15	ACES	ETH	02/07/2024 Prestige Tournament 2024
177	2:49.11	L	P	Shane Swarts	15	PSA	ZLD	31/03/2025 SA Level 2 Champs 2025-KZN
178	2:49.71	L	F	Jessica Davies	15	VINE	CPT	01/02/2025 CTA BRIAN BUTTON Qualifying Meet
179	2:50.04	L S	F	Jessie Ludick	15	CASC	CPT	02/11/2024 CTA A & B CHAMPS 2024
180	2:50.13	L S	P	Rachel Henley	15	ESTR	EKU	05/12/2024 EGA Summer Championships
181	2:50.15	L S	P	Skyla Reddy	15	SWIFT	EKU	05/12/2024 EGA Summer Championships
182	2:50.22	L	F	Karla Lemmer	15	USH	KCD	25/01/2025 uShaka Champs 2025
183	2:50.25	L	F	Alexandra Sheppard	15	BERG	BP	28/02/2025 NW School Championships 2025
184	2:50.68	L	P	Bianca Potgieter	15	TUKS	TSH	27/03/2025 SA Level 2 Champs 2025 EGA
185	2:50.71	L	F	Silizwe Giyose	15	USC	BUF	13/07/2024 1st A League Gala 2024
186	2:50.88	L S	P	Oratile Matli	15	ESTR	EKU	05/12/2024 EGA Summer Championships
187	2:51.44	L	F	Diëm Peens	15	CUHE	QBD	28/03/2025 SA Level 2 Regional Age Group Cham
188	2:51.82	L	F	Nieke Engelbrecht	15	UPSK	ZMD	08/02/2025 NCASA SPRINTS 2025
189*	2:52.12	L	F	Abigail Suckling	15	FSE	KCD	01/02/2025 KCDA Age Group 4 2024
189*	2:52.12	L	F	Elme Vermaak	15	FRAM	NMA	08/02/2025 Nelson Mandela Bay Schools Trials &
191	2:52.53	L	F	Kyrach Mack	15	PEAS	NMA	14/09/2024 3rd A League Gala 2024
192	2:52.54	L	F	Xanri Muller	15	GHSK		05/10/2024 FLAMINGO GALA OCT 2024
193	2:52.58	L	F	Madisson De Bruyn	15	AFIN	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Ja
194	2:52.77	L	P	Whitney Lauf	15	MDOL	JHB	29/11/2024 CGA Championships 2024
195	2:52.86	L	P	Buhlebemvelo Mdluli	15	WSTV	ETH	31/03/2025 SA Level 2 Champs 2025-KZN
196	2:53.88	L	F	Klara Groenewald	15	UNI	EZD	14/02/2025 MP AGE GROUP 6 GALA 14-15 FEBF
197	2:54.55	L	F	Nasheetah Jephta	15	MANT	CPT	08/02/2025 WCA-B Champs - 2025
198	2:54.64	L	F	Takiyah Maclou	15	AA	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Ja
199	2:54.81	L	F	Samara Prinsloo	15	STSC	KCD	25/01/2025 uShaka Champs 2025
200	2:54.89	L	P	Huei-Ing Chen	15	DORE	JHB	29/11/2024 CGA Championships 2024
201	2:54.98	L	F	Chane' Fourie	15	TRALI	MAN	28/06/2024 Sentraal Winter Gala
202	2:55.40	L	F	Callen Campbell	15	MARL	CPT	21/09/2024 CTA INVITATIONAL LC MEET
203	2:55.57	L	P	Melinda Dippenaar	15	BS	LLD	04/12/2024 Free State Champs 2024
204	2:55.63	L	F	Sahana Dayaram	15	DORE	JHB	15/02/2025 CGA Summer Gala #6 Level 2+ 15 Fe
205	2:55.69	L	F	Mikaela Johst	15	ELEC	TSH	18/10/2024 NTS Level 3+ October Age Group 202
206	2:56.46	L	F	Gabriela Dimitrova	15	TUKS	TSH	13/09/2024 NTS September Age Group 2024
207	2:57.76	L	F	Rerapetse Ramohale	15	RBOT	BPD	23/11/2024 NWS Age Group 3 + 4 2024
208	2:57.85	L	P	Carla Munro	15	PSCP	UMD	31/03/2025 SA Level 2 Champs 2025-KZN
209	2:58.48	L	F	Keone Molapo	15	RFA	TSH	11/10/2024 NTS Level 1+2 October Age Group 20
210	2:58.59	L	P	Hannah Struwig	15	AQUA	UTD	31/03/2025 SA Level 2 Champs 2025-KZN
211	2:59.35	L	P	Rozel Scholtz	15	STELL	RMD	28/03/2025 SA Level 2 Regional Age Group Cham
212	2:59.83	L	F	Jasmine Hirshovitz	15	ASAC	CPT	21/09/2024 CTA INVITATIONAL LC MEET
213	3:00.63	L	P	Emmah Myburgh	15	UPSK	ZMD	28/03/2025 SA Level 2 Regional Age Group Cham
214	3:00.78	L	F	Kiara Storm	15	USH	KCD	07/12/2024 Stingrays Champs 2024
215	3:01.71	L	F	Zephani Adams	15	WEST	CPT	21/09/2024 CTA INVITATIONAL LC MEET
216*	3:03.08	L	F	Mia Pienaar	15	BULS	MAN	13/09/2024 Pelicans Age Group Gala
216*	3:03.08	L	F	Surene Kleingeld	15	CRSC	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Ja
218	3:03.23	L	F	Malakai Jooste	15	CUHE	QBD	09/11/2024 Swartland Prestige Gala 2024
219	3:04.02	L	F	Yovanka Malan	15	BETH	FDD	25/10/2024 Neptunes Gala
220	3:04.50	L	F	Tamsyn Thomson	15	BULS	MAN	14/02/2025 Neptune Last Chance Gala
221	3:04.83	L	F	Lyla Shekel	15	CYBE	CPT	01/02/2025 CTA BRIAN BUTTON Qualifying Meet
222	3:05.74	L	F	Mia Koen	15	BULS	MAN	25/10/2024 Neptunes Gala

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
223	3:06.15 L S	F	Hannan Mia	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
224	3:08.17 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
225	3:08.81 L	F	Nolene Badenhorst	15	LALE CED	09/11/2024	Winelands SL4
226	3:10.65 L	F	Celia Carpinteiro	15	CA ECU	18/01/2025	EGA Summer 5
227	3:11.00 L S	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
228	3:11.44 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
229	3:13.73 L	F	Jayne Roebuck	15	CA ECU	15/11/2024	Summer 4 Delville
230	3:15.38 L S	P	Victoria Holfeld	15	CA ECU	05/12/2024	EGA Summer Championships
231	3:15.58 L	F	Mamello Mabuza	15	ESP ECU	01/02/2025	EGA Last Chance Gala
232	3:15.71 L	F	Lucie Jakob	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
233	3:15.99 L S	F	Hannah Myburgh	15	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
234	3:17.80 L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
235	3:18.06 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
236	3:19.35 L	F	Khanyolwethu Fokazi	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
237	3:19.58 L	F	Ilze Olley	15	ACAC CCD	29/11/2024	Limpopo Champs 2024
238	3:20.02 L	F	Ilne Bruwer	15	BLSS MAN	11/10/2024	Otters Prestige Gala 2024
239	3:21.71 L	F	Atlegang Mogotsi	15	ESTR ECU	01/02/2025	EGA Last Chance Gala
240	3:23.76 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
241	3:24.67 L	F	Johanika Groenewald	15	UNI ECU	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
242	3:29.59 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
243	3:32.37 L	P	Yamahlubi Radebe	15	PSCP UMD	02/07/2024	Prestige Tournament 2024
244	3:34.63 L	F	Dheeya Patel	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
245	4:13.68 L	F	Takira Petersen	15	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
246	4:58.28 L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024
Women 400 Free							
1	4:28.01 L S	F	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
2	4:30.65 L	F	Sienna Gous	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
3	4:32.98 L	F	Kylie De Bruyn	15	TUKS TSH	13/12/2024	NMBA Championships 2024
4	4:35.98 L	F	Giuliana Vyncke	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
5	4:35.99 L S	F	Zuria Venter	15	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
6	4:41.12 L	F	Abigail Kotze	15	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
7	4:43.19 L	F	Bailey Lambert	15	SEAL UMD	28/06/2024	Swim Fort Lauderdale Speedo Summe
8	4:43.99 L	F	Shannon Hugo	15	SEAL UMD	08/03/2025	Invitational Meet 2025
9	4:45.69 L	F	Anja Buitendach	15	UNI ECU	29/11/2024	Mpumalanga Championships 2024
10	4:46.22 L	F	Blake Morris	15	LINR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
11	4:46.46 L	F	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
12	4:50.17 L	F	Paige Meeser	15	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
13	4:50.87 L	F	Shannon Hugo	15	KZNS	05/04/2025	SA Schools Swimming Championship
14	4:51.76 L	F	Evelyn Malan	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
15	4:51.93 L	F	Marike Raimond	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
16	4:52.39 L	F	Kacey Hughes	15	TISC KCD	25/01/2025	uShaka Champs 2025
17	4:53.64 L	F	Emma Pinheiro	15	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
18	4:54.02 L	F	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
19	4:54.99 L	F	Gabriella Boerstra	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
20	4:55.14 L	F	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Chan
21	4:55.85 L	F	Scarlett Friis	15	KLOO ETH	25/04/2025	SA National Junior Age Grou-WCA 20
22	4:57.44 L	F	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
23	4:59.65 L	F	Cara Visser	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
24	4:59.83 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
25	4:59.99 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
26	5:00.02 L	F	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
27	5:01.03 L	F	Margo Senekal	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
28	5:01.20 L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
29	5:01.23 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
30	5:01.47 L	F	Danielle Grobler	15	BLOT MAN	04/12/2024	Free State Champs 2024
31	5:02.34 L	F	Caitlin Knight	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
32	5:03.29 L	F	Megan Mayhew	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
33	5:03.37 L	F	Mia Groenewald	15	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
34	5:04.18 L	F	Mila De Souza	15	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
35	5:05.30 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
36	5:05.75 L	F	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
37	5:06.09 L	F	Gemma Walters	15	DORE JHB	29/11/2024	CGA Championships 2024
38	5:06.15 L	F	Kacey Hughes	15	KZNS	05/04/2025	SA Schools Swimming Championship
39	5:07.26 L	P	Zuri Tome	15	TUKS TSH	30/04/2025	16th Africa Aquatics Junior Swimming
40	5:07.35 L	F	Riziki Magotsi	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
41	5:10.10 L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
42	5:11.10 L	F	Rozaan Korff	15	ACAAQ CCD	29/11/2024	Limpopo Champs 2024
43	5:11.49 L	F	Kayla Kleynhans	15	VRC TSH	13/12/2024	NMBA Championships 2024
44	5:12.04 L	F	Keilah-Naomi Holthuis	15	QSAW CED	20/03/2025	SA Level 3 Regional Age Group Chan
45	5:12.58 L	F	Cara Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
46	5:12.70 L	F	Lara Janse van Rensburg	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
47	5:13.08 L	F	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
48	5:13.20 L	F	Mariné Pretorius	15	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group Chan
49	5:14.50 L	F	Inneke Liebenberg	15	POTC KKD	07/12/2024	NWS Championships 2024
50	5:14.99 L	F	Katya O'Brien	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
51	5:15.34 L	F	Ava Strong	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
52	5:15.76 L	F	Marne' Van Rensburg	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
53	5:15.86 L	F	Caileigh De Beer	15	BLOT MAN	25/10/2024	Neptunes Gala
54	5:16.79 L	F	Ella-Mae Henning	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
55	5:16.80 L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
56	5:17.11 L	F	Caitlin Rossiter	15	HREF BPD	07/12/2024	NWS Championships 2024
57	5:17.53 L	F	Tatum Topliss	15	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
58	5:17.97 L	F	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
59	5:18.31 L	F	Alexis Muller	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
60	5:18.38 L	F	Isabelle Welgemoed	15	BLSS MAN	04/12/2024	Free State Champs 2024
61	5:18.66 L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
62	5:19.11 L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
63	5:19.69 L	F	Eva Dal Cin	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
64	5:19.87 L	F	Sam Juries	15	WCS	05/04/2025	SA Schools Swimming Championship
65	5:20.84 L	F	Ona-Mari Van Niekerk	15	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2
66	5:21.45 L	F	Mikayla Frösler	15	PEAS NMA	13/07/2024	1st A League Gala 2024
67	5:22.65 L	F	Casey Bruwer	15	AACTA CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
68	5:24.17 L	F	Sydni Adams	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
69	5:25.76 L	F	Carle Hager	15	ASAW CED	20/03/2025	SA Level 3 Regional Age Group Chan
70	5:25.77 L	F	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
71	5:27.18 L	F	Amy Jackson	15	TCA ECU	05/12/2024	EGA Summer Championships
72	5:27.54 L	F	Rebecca Froneman	15	STSC KCD	25/01/2025	uShaka Champs 2025
73	5:27.99 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
74	5:30.21 L	F	Zoe Steyn	15	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
75	5:30.92 L	F	Juanè Burger	15	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025
76	5:31.91 L	F	Kay-Lee Mouton	15	TGA WCD	09/11/2024	Swartland Prestige Gala 2024
77	5:32.64 L	F	Emma-Lee Theron	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala
78	5:33.52 L	F	Lehane Lategan	15	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
79	5:33.91 L	F	Talitha Schuch	15	LEGC ETH	26/03/2025	SA Level 3 Regional Age Group Chan
80	5:34.49 L	F	Milla Hulse	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
81	5:35.22 L	F	Keira Ellerbeck	15	H2O ECU	26/10/2024	Summer 3 Delville
82	5:35.58 L	F	Ella Lombard	15	TNDER FDD	04/12/2024	Free State Champs 2024
83	5:36.33 L	F	Ella Jv Rensburg	15	SS MPD	29/11/2024	Limpopo Champs 2024
84	5:37.53 L	F	Sylvie de Bruyn	15	BULS MAN	10/08/2024	Kovsies Gala 1
85	5:38.69 L	F	Marlo Lensing	15	UPSK ZMD	30/11/2024	AGE GROUP 4 UPT 2024
86*	5:39.53 L	F	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
86*	5:39.53 L	F	Lethokuhle Makhubu	15	RSA	04/10/2024	Curro AquaElite Gala
88	5:40.48 L	F	Isabelle Botha	15	PGAC ECU	01/02/2025	EGA Last Chance Gala
89	5:47.13 L	F	Diane Munro	15	RSA	04/10/2024	Curro AquaElite Gala
90	5:47.25 L	F	Melandri Vermaak	15	TINC TSH	29/11/2024	CGA Championships 2024
91	5:49.46 L	F	Ariel De Bruyn	15	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
92	5:49.57 L	F	Emma Nolan	15	MDOL JHB	29/11/2024	CGA Championships 2024
93	5:49.81 L	F	Helena Rookoen-Smith	15	QSAW CED	08/02/2025	WCA-B Champs - 2025

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
94	5:50.29 L	F	Milan Ferreira	15	TASC MPD	09/11/2024	Limpopo Age Group 5
95	5:50.52 L	F	Mine Prinsloo	15	BLSS MAN	25/10/2024	Neptunes Gala
96	5:51.93 L	F	Paige Van Niekerk	15	PER JHB	29/11/2024	CGA Championships 2024
97	5:54.22 L	F	Elandri Du Randt	15	BETH FDD	15/11/2024	Valsrivier Gala 2024
98	5:58.24 L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 20
99	6:01.79 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
100	6:02.57 L	F	Nasheetah Jephta	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
101	6:02.82 L	F	Liane' de Wet	15	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
102	6:02.90 L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024
103	6:03.44 L	F	Jessie Ludick	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
104	6:07.06 L	F	Rachel Henley	15	ESTR ECU	26/10/2024	Summer 3 Delville
105	6:07.60 L	F	Buhlebemvelo Mdluli	15	WSTV ETH	25/01/2025	uShaka Champs 2025
106	6:08.59 L	F	Hyzel Hutchison	15	GHSK	15/02/2025	AGE GROUP 6 KBY 2025
107	6:10.08 L	F	Oratile Matli	15	ESTR ECU	26/10/2024	Summer 3 Delville
108	6:14.84 L	F	Nieke Engelbrecht	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
109	6:15.00 L	F	Kyra Home	15	AA JHB	29/11/2024	CGA Championships 2024
110	6:18.65 L	F	Erin Stead	15	FRA KCD	26/10/2024	Froggies Aquatics Championships 202
111	6:19.87 L	F	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024
112	6:21.55 L	F	Rerapetse Ramohale	15	FIELD BP	28/02/2025	NW School Championships 2025
113	6:25.05 L	F	Gabriela Dimitrova	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
114	6:38.29 L	F	Skyla Reddy	15	SWIFT ECU	26/10/2024	Summer 3 Delville
115	6:40.16 L	F	Rozel Scholtz	15	STELL RMD	07/12/2024	NWS Championships 2024
116	6:40.65 L	F	Kiara Storm	15	USH KCD	26/10/2024	Froggies Aquatics Championships 202
117	6:43.19 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
118	6:47.83 L	F	Hannan Mia	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
119	6:51.01 L	F	Khanyolwethu Fokazi	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
120	6:58.89 L	F	Jayne Roebuck	15	CA ECU	26/10/2024	Summer 3 Delville
121	7:05.61 L	F	Celia Carpinteiro	15	CA ECU	01/02/2025	EGA Last Chance Gala
122	7:11.31 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
123	7:22.98 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
124	7:23.94 L	F	Mamello Mabuza	15	ESP ECU	26/10/2024	Summer 3 Delville
125	7:24.03 L	F	Abigail Kulynych	15	CA ECU	26/10/2024	Summer 3 Delville
126	7:26.54 L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
127	7:32.11 L	F	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
128	7:39.91 L	F	Sofiya Talip	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
Women 500 Free							
1	6:01.71 L	O	Nasheetah Jephta	15	MANT CPT	23/11/2024	Aqua Azzurra Foundation OWS - Serie
2	7:56.35 L	O	Hannah Myburgh	15	AQDO CPT	23/11/2024	Aqua Azzurra Foundation OWS - Serie
3	10:55.50 L	O	Sofiya Talip	15	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra Fou
Women 800 Free							
1	9:09.67 L	F	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
2	9:22.34 L	F	Kylie De Bruyn	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
3	9:25.16 L	F	Zuria Venter	15	CA ECU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
4	9:32.83 L	F	Sienna Gous	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
5	9:41.31 L	F	Abigail Kotze	15	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
6	9:46.08 L	F	Taylor Kassebaum	15	AA JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
7	9:52.96 L	F	Shannon Hugo	15	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
8	9:55.85 L	F	Anja Buitendach	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
9	9:56.97 L	F	Evelyn Malan	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
10	9:57.52 L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
11	9:59.67 L	F	Marika Raimond	15	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025
12	10:03.49 L	F	Paige Meeser	15	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
13	10:04.36 L	F	Scarlett Friis	15	KLOO ETH	25/04/2025	SA National Junior Age Grou-WCA 20
14	10:08.92 L	F	Gabriella Boerstra	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
15	10:10.55 L	F	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
16	10:15.46 L	F	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
17	10:16.28 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
18	10:29.86 L	F	Kacey Hughes	15	STSC KCD	25/04/2025	SA National Junior Age Grou-WCA 20

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
19	10:31.87 L	F	Zuri Tome	15	TUKS TSH	30/04/2025	16th Africa Aquatics Junior Swimming
20	10:37.09 L	F	Tatum Dace	15	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
21	10:44.23 L	F	Megan Mayhew	15	WATR JHB	29/11/2024	CGA Championships 2024
22	10:50.48 L	F	Rozaan Korff	15	ACAAQ CCD	29/11/2024	Limpopo Champs 2024
23	10:50.56 L	F	Cara Visser	15	CYBE CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
24	10:54.41 L	F	Tamzyn Kuhn	15	ROA EDD	26/10/2024	ZASU 1st League OYDC 2023 - 24
25	10:57.80 L	F	Abigail Blake	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
26	10:59.10 L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
27	11:04.59 L	F	Caitlin Rossiter	15	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
28	11:06.21 L	F	Keilah-Naomi Holthuis	15	QSAW CED	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
29	11:07.55 L	F	Lara Janse van Rensburg	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
30	11:18.13 L	F	Mariné Pretorius	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
31	11:26.15 L	F	Mikayla Frösler	15	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
32	11:28.88 L	F	Amy Jackson	15	TCA ECU	26/10/2024	Summer 3 Delville
33	11:30.79 L	F	Lehane Lategan	15	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
34	11:33.52 L	F	Kay-Lee Mouton	15	TGA WCD	09/11/2024	Swartland Prestige Gala 2024
35	11:38.87 L	F	Kayden Mauer	15	USC BUF	02/11/2024	BCA November Age Group Gala SC 21
36	11:43.80 L	F	Emma-Lee Theron	15	BLSS MAN	31/08/2024	Seals Gala
37	11:47.74 L	F	Marlo Lensing	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
38	11:52.65 L	F	Melandri Vermaak	15	TINC TSH	29/11/2024	CGA Championships 2024
39	12:00.10 L	F	Keira Ellerbeck	15	H2O ECU	26/10/2024	Summer 3 Delville
40	12:02.00 L	F	Simone' Pretorius	15	BETH FDD	25/10/2024	Neptunes Gala
41	12:16.95 L	F	Nasheetah Jephta	15	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
42	12:19.82 L	F	Lili Annandale	15	BLSS MAN	06/09/2024	Bull Sharks Annual Gala
43	12:27.33 L	F	Karla Lemmer	15	USH KCD	28/09/2024	KCDA Age Group 1 2024
44	13:02.13 L	F	Kananelo Linake	15	TRAZ TSH	13/09/2024	NTS September Age Group 2024
45	13:18.22 L	F	Erin Stead	15	FRA KCD	02/07/2024	Prestige Tournament 2024
46	13:20.23 L	F	Nieke Engelbrecht	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
47	14:15.68 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
48	14:16.94 L	F	Melinda Dippenaar	15	BS LLD	06/09/2024	Bull Sharks Annual Gala
49	14:35.05 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
50	15:41.56 L	F	Johanika Groenewald	15	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
Women 1500 Free							
1	17:32.43 L	F	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
2	17:39.27 L	F	Amelie Kleine	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
3	17:52.40 L	F	Kylie De Bruyn	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
4	18:27.78 L	F	Zuria Venter	15	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
5	18:31.67 L	F	Sienna Gous	15	INFA NMA	31/01/2025	Infinity Gala 2025
6	18:50.59 L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
7	19:00.69 L S	F	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
8	19:06.38 L	F	Anja Buitendach	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
9	19:23.05 L	F	Paige Meeser	15	CA ECU	15/11/2024	Summer 4 Delville
10	19:27.55 L S	F	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
11	19:30.44 L	F	Marike Raimond	15	TYGE CPT	08/02/2025	Winelands SL Final
12	19:31.39 L	F	Evelyn Malan	15	TUKS TSH	13/12/2024	NMBA Championships 2024
13	19:32.52 L S	F	Gabriella Boerstra	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
14	19:44.06 L	F	Kacey Hughes	15	STSC KCD	01/02/2025	KCDA Age Group 4 2024
15	20:12.70 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
16	20:48.32 L	F	Rozaan Korff	15	ACAAQ CCD	09/11/2024	Limpopo Age Group 5
17	20:49.81 L	F	Caitlin Rossiter	15	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
18	21:07.54 L	F	Mariné Pretorius	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
19	21:11.05 L	F	Lili Annandale	15	BLSS MAN	02/11/2024	Heidedal
20	21:39.23 L	F	Ona-Mari Van Niekerk	15	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schoc
21	21:42.84 L	O	Mikayla Frösler	15	ECA BUF	07/03/2025	SA National OWS Championship 2025
22	22:49.94 L	F	Marlo Lensing	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
23	22:58.00 L	O	Amy Jackson	15	TCA ECU	18/01/2025	WC OWS Champs / Aqua Azzurra Fou
24	23:00.26 L	F	Melandri Vermaak	15	TINC TSH	29/11/2024	CGA Championships 2024
25	23:37.00 L	O	Lara Janse van Rensburg	15	CSA EZD	02/02/2025	MPUMALANGA OPEN WATER 2 FEB
26	23:58.69 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr	
27	24:06.19 L	F	Karla Lemmer	15	USH KCD 01/02/2025 KCDA Age Group 4 2024
28	24:56.00 L	O	Eva Dal Cin	15	ELEC TSH 20/10/2024 Manyaka OW Sprint 2024
29	25:08.65 L	F	Erin Stead	15	FRA KCD 25/01/2025 uShaka Champs 2025
30	26:11.96 L	F	Melinda Dippenaar	15	BS LLD 25/10/2024 Neptunes Gala
31	26:19.66 L	F	Hannah Struwig	15	AQUA BUF 01/02/2025 Uthukela District Age Group Gala
32	26:22.21 L	F	Emmah Myburgh	15	UPSK ZMD 06/12/2024 NCASA CHAMPS 2024
33	26:40.12 L	O	Nasheetah Jephta	15	MANT CPT 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
34	26:45.75 L	F	Nieke Engelbrecht	15	UPSK ZMD 01/11/2024 UPINGTON PRESTIGE GALA 2024
35*	26:55.00 L	O	Zoe Steyn	15	CRSC JHB 20/10/2024 Manyaka OW Sprint 2024
35*	26:55.00 L	O	Rachel Henley	15	ESTR EKU 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
37	27:06.00 L	O	Ella-Mae Henning	15	VRC TSH 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
38	28:45.92 L	O	Erin Olivier	15	ASAC CPT 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
39	29:16.28 L	O	Jasmine Hirshovitz	15	ASAC CPT 23/11/2024 Aqua Azzurra Foundation OWS - Serie
40	29:59.67 L	O	Kay-Lee Mouton	15	TGA WCD 23/11/2024 Aqua Azzurra Foundation OWS - Serie
41	31:45.00 L	O	Johanika Groenewald	15	UNIU EZD 02/02/2025 MPUMALANGA OPEN WATER 2 FEB
Women 3000 Free					
1	49.27 L	F	Alexis Muller	15	AZON ETH 24/11/2024 Capital K 3km Open Water Swim
2	55.44 L	F	Buhlebemvelo Mdluli	15	WSTV ETH 24/11/2024 Capital K 3km Open Water Swim
3	56.44 L	F	Kristen Burt	15	PSCP UMD 24/11/2024 Capital K 3km Open Water Swim
4	6:13.78 L	F	Leah Markgraaff	15	AGC TSH 07/03/2025 SA National OWS Championship 2025
5	20:05.12 L	P	Zuria Venter	15	AGA EKU 07/03/2025 SA National OWS Championship 2025
6	39:37.19 L	O	Sienna Gous	15	ECA BUF 07/03/2025 SA National OWS Championship 2025
7	39:58.25 L	O	Taylor Kassebaum	15	AGB JHB 07/03/2025 SA National OWS Championship 2025
8	40:25.85 L	O	Amy Hartung	15	ASAC CPT 23/11/2024 Aqua Azzurra Foundation OWS - Serie
9	40:35.85 L	O	Anja Buitendach	15	MP EZD 07/03/2025 SA National OWS Championship 2025
10	41:18.08 L	O	Caitlin Rossiter	15	NWS 07/03/2025 SA National OWS Championship 2025
11	41:39.27 L	O	Marike Raimond	15	WCA CPT 07/03/2025 SA National OWS Championship 2025
12	41:45.00 L	O	Gabriella Boerstra	15	TUKS TSH 18/01/2025 Prime View #3 2025
13	42:06.70 L	O	Lize-Marie Kruger	15	FSA FS 07/03/2025 SA National OWS Championship 2025
14	44:50.73 L	O	Mikayla Frösler	15	ECA BUF 07/03/2025 SA National OWS Championship 2025
15	45:29.31 L	O	Lara Janse van Rensburg	15	MP EZD 07/03/2025 SA National OWS Championship 2025
16	46:26.00 L	O	Amy Jackson	15	TCA EKU 18/01/2025 Prime View #3 2025
17	47:46.66 L	O	Kay-Lee Mouton	15	CLA WCD 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
18	48:13.48 L	O	Shi Han Huang	15	BLMA CPT 23/11/2024 Aqua Azzurra Foundation OWS - Serie
19	53:26.00 L	O	Ella-Mae Henning	15	VRC TSH 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
20	53:33.00 L	O	Rachel Henley	15	ESTR EKU 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
21	1:00:03.00 L	O	Paige Van Niekerk	15	PER JHB 20/10/2024 Manyaka OW Sprint 2024
Women 5000 Free					
1	1:06:23.66 L	O	Sienna Gous	15	ECA BUF 07/03/2025 SA National OWS Championship 2025
2	1:09:03.80 L	O	Taylor Kassebaum	15	AGB JHB 07/03/2025 SA National OWS Championship 2025
3	1:09:45.14 L	O	Amy Hartung	15	WCA CPT 07/03/2025 SA National OWS Championship 2025
4	1:11:12.58 L	O	Caitlin Rossiter	15	NWS 07/03/2025 SA National OWS Championship 2025
5	1:11:17.88 L	O	Anja Buitendach	15	MP EZD 07/03/2025 SA National OWS Championship 2025
6	1:12:14.00 L	O	Marike Raimond	15	TYGE CPT 23/11/2024 Aqua Azzurra Foundation OWS - Serie
7	1:18:37.00 L	O	Kay-Lee Mouton	15	CLA WCD 18/01/2025 WC OWS Champs / Aqua Azzurra Fou
8	1:19:31.00 L	O	Mikayla Frösler	15	PEAS NMA 19/01/2025 NMBA OWS Championships 2025
Women 7500 Free					
1	1:48:07.81 L	O	Amy Hartung	15	WCA CPT 07/03/2025 SA National OWS Championship 2025
Women 50 Back					
1	29.79 L	F	Bailey Lambert	15	KZNA ETH 09/04/2025 SA National Aquatic SNR-Champ 202
2	30.30 L	F	Christina Orchard	15	VINE CPT 05/12/2024 Western Cape LC-A Championship 20
3	31.03 L	F	Lilianne Hebler	15	QSAW CED 14/02/2025 Western Cape Elite Gala 2025
4	31.60 L	F	Hana Duncan	15	BLOT MAN 25/01/2025 Kovsie Invitational 2025
5	31.86 L	F	Mia Groenewald	15	KTS 25/04/2025 SA National Junior Age Grou-WCA 20
6	31.89 L	P	Gemma Walters	15	DORE JHB 25/04/2025 SA National Junior Age Grou-WCA 20
7	32.10 L	F	Sylvie de Bruyn	15	BULS MAN 04/12/2024 Free State Champs 2024
8	32.19 L	F	Sophia Trout	15	VINE CPT 05/12/2024 Western Cape LC-A Championship 20
9*	32.41 L	P	Mi-Ly Vd Merwe	15	LALE CED 25/04/2025 SA National Junior Age Grou-WCA 20

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9*	32.41 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
11	32.45 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
12	32.48 L	P	Tessa Battheu	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
13	32.55 L	P	Payton Aitken	15	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA 20
14	32.56 L	F	Hana Duncan	15	FSS	05/04/2025	SA Schools Swimming Championship
15	32.60 L	P	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
16	32.71 L	P	Cara Visser	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
17	32.82 L	F	Sienna Gous	15	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
18	32.84 L	F	Abigail Kotze	15	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
19	32.98 L	P	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
20	33.05 L	P	Payton Aitken	15	KZNS	05/04/2025	SA Schools Swimming Championship
21	33.27 L	P	Mikayla Frösler	15	PEAS NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
22*	33.31 L	P	Ella Jv Rensburg	15	SS MPD	25/04/2025	SA National Junior Age Grou-WCA 20
22*	33.31 L	P	Isabella Bruyns	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
24	33.42 L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
25	33.49 L	P	Shi Han Huang	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
26	33.72 L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
27	33.75 L	F	Zuria Venter	15	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
28	33.84 L	F	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
29	33.94 L	P	Keilah-Naomi Holthuis	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
30	33.97 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
31	34.05 L	P	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
32	34.10 L	P	Jenna Morris	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
33	34.23 L	P	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
34*	34.30 L S	F	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024
34*	34.30 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
36	34.33 L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
37*	34.47 L	F	Milla Hulse	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
37*	34.47 L	P	Jade Van Vuuren	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
39*	34.66 L	F	Blake Morris	15	LINR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
39*	34.66 L	P	Amara Okoye	15	GAUS	05/04/2025	SA Schools Swimming Championship
41	34.70 L	F	Ava Strong	15	PRIO NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
42	34.78 L	F	Alexis Muller	15	RSA	04/10/2024	Curro AquaElite Gala
43	34.79 L	P	Caillegh De Beer	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
44*	34.83 L	F	Caitlin Rossiter	15	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
44*	34.83 L	F	Casey Bruwer	15	AACTA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
46	34.94 L	P	Milla Hulse	15	KZNS	05/04/2025	SA Schools Swimming Championship
47*	35.00 L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
47*	35.00 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
47*	35.00 L	P	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
50	35.08 L	F	Zoe Steyn	15	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
51	35.09 L	P	Shalem Mashingaidze	15	WATR JHB	29/11/2024	CGA Championships 2024
52	35.15 L	P	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
53	35.19 L	F	Megan Jansen	15	UNIU EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
54	35.21 L	P	Madison Coleman	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
55	35.27 L	F	Kaylin Fabricius	15	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
56	35.34 L	F	Kacey Hughes	15	STSC KCD	09/11/2024	KCDA Age Goup 2 2024
57	35.58 L	P	Kacey Hughes	15	KZNS	05/04/2025	SA Schools Swimming Championship
58	35.59 L	P	Hannah Du Toit	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
59	35.63 L	P	Tamzyn Kuhn	15	SAAW CPT	14/02/2025	Western Cape Elite Gala 2025
60	35.64 L	F	Kristen Burt	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
61	35.69 L	F	Mila De Souza	15	EXP TSH	13/09/2024	NTS September Age Group 2024
62	35.71 L	P	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
63	35.74 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
64	35.79 L	P	Rachel Fairweather	15	WATR JHB	29/11/2024	CGA Championships 2024
65	35.80 L	F	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
66	35.84 L	P	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
67*	35.95 L	F	Lara Janse van Rensburg	15	NHS EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
67*	35.95 L	F	Kayla Kleynhans	15	VRC TSH	13/09/2024	NTS September Age Group 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
69	36.05 L	P	Carle Hager	15	ASAW CED	20/03/2025	SA Level 3 Regional Age Group Chan	
70	36.15 L	P	Indigo Woodburn	15	MDOL JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N	
71	36.19 L	F	Aryana Cloete-Hopkins	15	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
72	36.29 L	F	Madison Smith	15	CA ECU	01/02/2025	EGA Last Chance Gala	
73	36.37 L	P	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024	
74	36.46 L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024	
75	36.50 L	P	Jamie-Lee Graham	15	AA JHB	29/11/2024	CGA Championships 2024	
76	36.64 L	F	Sharni-Marie Watson	15	HPS TSH	13/09/2024	NTS September Age Group 2024	
77	36.71 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan	
78	36.74 L	F	Ariel De Bruyn	15	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2	
79	36.80 L	F	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
80	36.84 L	F	Paige Meeser	15	CA ECU	01/02/2025	EGA Last Chance Gala	
81	36.88 L	F	Anja Volschenk	15	UCT CPT	20/02/2025	Inter High 2025	
82	36.95 L S	F	Kirsten Myers	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024	
83	36.99 L	F	Lara Eckersley	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja	
84	37.04 L	F	Carmen Stapelberg	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
85	37.11 L	F	Juanè Burger	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
86	37.17 L	F	Shane Swarts	15	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN	
87	37.21 L	F	Emma-Lee Theron	15	RSA	04/10/2024	Curro AquaElite Gala	
88	37.26 L	F	Emma Nolan	15	MDOL JHB	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi	
89	37.37 L S	F	Emma Hagglund	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024	
90	37.40 L	P	Amy Jackson	15	TCA ECU	05/12/2024	EGA Summer Championships	
91	37.60 L	F	Daniella Myburg	15	UCT CPT	20/02/2025	Inter High 2025	
92	37.62 L	F	Miane Kasselman	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
93	37.66 L	F	Annabelle Van Rensburg	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
94	37.67 L	P	Shayla Whyte	15	MDOL JHB	29/11/2024	CGA Championships 2024	
95*	37.71 L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024	
95*	37.71 L	F	Inge Vd Walt	15	DDA TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
97	37.76 L	F	Larissa Bouwer	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja	
98	37.78 L	F	Sinead De Wet	15	CRSC JHB	20/11/2024	Crusaders Night Gala 1	
99*	37.84 L	P	Sahana Dayaram	15	DORE JHB	29/11/2024	CGA Championships 2024	
99*	37.84 L	P	Leila Smit	15	CSC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
101	37.89 L	P	Abigail Suckling	15	FSE KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
102	37.92 L	F	Line Brits	15	HMER MP	08/10/2024	Limpopo Top 8 - High Schools	
103*	37.93 L	P	Ella Lombard	15	TNDER FDD	20/03/2025	SA Level 3 Champs 2025-NT	
103*	37.93 L	F	Talitha Schuch	15	LEGC ETH	26/03/2025	SA Level 3 Regional Age Group Chan	
105	38.07 L	P	Gabriella Baillie	15	LALE CED	20/03/2025	SA Level 3 Regional Age Group Chan	
106	38.10 L	P	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
107	38.11 L	F	Jhuliana Lamprecht	15	CA ECU	05/12/2024	EGA Summer Championships	
108	38.14 L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A	
109	38.16 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024	
110	38.28 L	F	Tchisank Banza	15	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/	
111	38.30 L	F	Abbigail Kulynych	15	CA ECU	05/12/2024	EGA Summer Championships	
112*	38.33 L	F	Rebecca Froneman	15	STSC KCD	28/09/2024	KCDA Age Group 1 2024	
112*	38.33 L S	F	Gabriela Sa	15	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024	
114	38.41 L	F	Macayle Eisen	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	
115	38.42 L	F	Rachel Henley	15	ESTR ECU	26/10/2024	Summer 3 Delville	
116	38.44 L	F	Ava Lambropoulos	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
117	38.45 L	P	Elme Swanepoel	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham	
118	38.49 L	F	Helena Rooker-Smith	15	LALE CED	09/11/2024	Winelands SL4	
119	38.58 L	P	Isabelle Welgemoed	15	BLSS MAN	04/12/2024	Free State Champs 2024	
120	38.66 L S	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
121	38.81 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024	
122	38.98 L	F	Leigh Chung Kim Yuen	15	MANT CPT	08/02/2025	WCA-B Champs - 2025	
123	39.11 L	F	Roslyn Ramoholi	15	RSA	04/10/2024	Curro AquaElite Gala	
124	39.22 L	F	Leila Van Zyl	15	RSA	04/10/2024	Curro AquaElite Gala	
125	39.29 L	F	Keona Landman	15	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
126	39.35 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024	
127	39.38 L	F	Oratile Matli	15	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
128	39.57 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
129	39.58 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
130	39.60 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
131	39.70 L	P	Tatum Topliss	15	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
132	39.71 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024
133*	39.78 L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
133*	39.78 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
135	39.89 L	P	Elandri Du Randt	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
136	39.93 L	F	Hyzel Hutchison	15	GHSK	06/12/2024	NCASA CHAMPS 2024
137	39.94 L	F	Micke Prinsloo	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A
138	39.97 L	F	Emily Hattingh	15	CLAH BUF	08/02/2025	BCSA High School Trials 2025
139	40.01 L	F	Elme Vermaak	15	FRAM NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
140	40.06 L	P	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
141	40.07 L	P	Isabella Dos Santos	15	PER JHB	29/11/2024	CGA Championships 2024
142	40.38 L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships
143	40.39 L	F	Megan Horn	15	SS MPD	29/11/2024	Limpopo Champs 2024
144	40.40 L	F	Sulize Kruger	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
145*	40.60 L	F	Klara Groenewald	15	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
145*	40.60 L	F	Keone Molapo	15	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
147	40.84 L	F	Skyla Reddy	15	SWIFT EKU	26/10/2024	Summer 3 Delville
148	40.93 L	F	Tamlyn Kew	15	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 20
149	40.95 L	F	Jesse Kirsten	15	UCT CPT	20/02/2025	Inter High 2025
150	40.99 L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
151	41.00 L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
152	41.08 L	F	Keira-Lize Martins	15	H2O EKU	26/10/2024	Summer 3 Delville
153	41.11 L	F	Siliziwe Giyose	15	USC BUF	13/07/2024	1st A League Gala 2024
154	41.19 L	F	McKenzie Jones	15	ESTR EKU	26/10/2024	Summer 3 Delville
155	41.28 L	F	Diane Munro	15	BLSS MAN	28/06/2024	Sentraal Winter Gala
156	41.29 L	F	Hannah Struwig	15	AQUA UTD	12/10/2024	Uthukela District Age Group Gala
157*	41.35 L	F	Anieke Prinsloo	15	BETH FDD	15/11/2024	Valsrivier Gala 2024
157*	41.35 L	P	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
159	41.62 L	F	Samara Prinsloo	15	STSC KCD	25/01/2025	uShaka Champs 2025
160	41.69 L	F	Alexandra Sheppard	15	STAR BPD	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
161	41.88 L	P	Sandisiwe Mkhathshwa	15	MAKO EKU	05/12/2024	EGA Summer Championships
162	41.90 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
163	41.99 L	F	Chane' Fourie	15	RSA	04/10/2024	Curro AquaElite Gala
164	42.03 L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
165	42.08 L	P	Botlhe Machona	15	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
166	42.15 L	P	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
167	42.21 L	F	Carla Munro	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
168	42.23 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
169	42.25 L	P	Jessica Davies	15	VIKI BUF	15/06/2024	PEA Winter Gala 2024
170	42.29 L	F	Rerapetse Ramohale	15	RBOT BPD	28/03/2025	SA Level 2 Regional Age Group Cham
171	42.36 L	F	Talita Wessels	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
172	42.37 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
173	42.57 L	F	Lilli-Hanna Black	15	HTSA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
174	42.71 L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024	CGA Championships 2024
175	42.83 L	F	Jessica Parker	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
176	42.89 L	P	Jayme Roebuck	15	CA EKU	05/12/2024	EGA Summer Championships
177	42.96 L S	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
178	43.00 L	F	Mikaela Johst	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
179	43.07 L	F	Melinda Dippenaar	15	BS LLD	24/08/2024	Kovsie Gala 2
180	43.10 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
181*	43.15 L	P	Isabelle Botha	15	PGAC EKU	05/12/2024	EGA Summer Championships
181*	43.15 L	F	Mia Pienaar	15	BULS MAN	14/02/2025	Neptune Last Chance Gala
183	43.24 L	F	Taylin Van Wyk	15	PENC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
184	43.27 L	F	Takiyah Maclou	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
185	43.29 L	F	Nina Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
186	43.39 L	F	Leane Ohlsen	15	KPA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
187	43.54 L	P	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
188	43.57 L	F	Karla Lemmer	15	USH KCD	26/10/2024	Froggies Aquatics Championships 202
189	43.70 L	F	Joré Benade	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
190	44.06 L	P	Atlegang Mogotsi	15	ESTR ECU	05/12/2024	EGA Summer Championships
191	44.10 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
192	44.19 L S	F	Hannan Mia	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
193	44.51 L	F	Iine Bruwer	15	BLSS MAN	25/10/2024	Neptunes Gala
194	44.69 L	F	Yovanka Malan	15	BETH FDD	25/10/2024	Neptunes Gala
195	44.97 L	F	Mia Koen	15	UCT CPT	20/02/2025	Inter High 2025
196	45.12 L	F	Nasheetah Jephta	15	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
197	45.16 L	P	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
198	45.19 L	F	Kate Krummeck	15	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
199*	45.21 L	F	Abigail Kirkland	15	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
199*	45.21 L	F	Limay Schutte	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
201	45.25 L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
202	45.31 L	F	Nolene Badenhorst	15	LALE CED	08/02/2025	Winelands SL Final
203	45.41 L	F	Callen Campbell	15	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
204	46.01 L	F	Mariné Pretorius	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
205	46.35 L	F	Ilze Olley	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A
206	46.47 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
207	46.53 L	F	Elizma Du Plooy	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
208	46.57 L	F	Leila Visser	15	FAAC	08/02/2025	NCASA SPRINTS 2025
209	46.79 L	P	Tamsyn Thomson	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
210	47.24 L	F	Diëm Peens	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
211	47.27 L	F	Mamello Mabuza	15	ESP ECU	26/10/2024	Summer 3 Delville
212	47.41 L	P	Buhlebemvelo Mdluli	15	WSTV ETH	02/07/2024	Prestige Tournament 2024
213	47.62 L	F	Dheeya Patel	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
214	47.77 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
215	48.03 L	F	Victoria Holfeld	15	CA ECU	26/10/2024	Summer 3 Delville
216	48.31 L	P	Celia Carpinteiro	15	CA ECU	05/12/2024	EGA Summer Championships
217	48.38 L	F	Lisakhanya Letloloane	15	NGU TSH	13/09/2024	NTS September Age Group 2024
218	48.41 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
219	48.76 L	F	Megan Horner	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
220	48.85 L	F	Viola Stoloff	15	VGHS NMA	22/02/2025	Eastern Cape School Provincial Trials
221	48.87 L	F	Ella Odendaal	15	VREDE TMD	15/11/2024	Valsrivier Gala 2024
222	48.90 L	F	Julia Emelo	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
223	49.07 L	F	Mia Spies	15	PENC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
224	49.65 L	P	Lida Gerber	15	AASC EZD	29/11/2024	Mpumalanga Championships 2024
225*	49.77 L	F	Hayley Coetzee	15	PAHS NMA	22/02/2025	Eastern Cape School Provincial Trials
225*	49.77 L	F	Khanyolwethu Fokazi	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
227	49.92 L	F	Gemma Wlggil	15	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
228	50.07 L	F	Bianca Benade	15	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
229	50.19 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
230	50.36 L S	F	Hannah Myburgh	15	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
231	51.40 L	F	Candace Van Der Merwe	15	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
232	51.52 L	F	Robyn Ellis	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
233	52.32 L	F	Siphiwayinkosi Mnisi	15	UPC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
234	54.89 L	F	Lutendo Mphelo	15	BLSS MAN	27/09/2024	Seals Gala 2
235	55.75 L	F	Madysen Windvogel	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
236	57.09 L	F	Logan Gallant	15	COLH NMA	22/02/2025	Eastern Cape School Provincial Trials
237	57.43 L	F	Melisca Krige	15	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
238	57.87 L	P	Jo-Anne van Dyk	15	JAQ ECU	05/12/2024	EGA Summer Championships
239	1:03.29 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
240	1:06.46 L S	F	Takira Petersen	15	KHAY CPT	02/11/2024	CTA A & B CHAMPS 2024
241	1:17.15 L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024
242	1:22.17 L	F	Sinalo Mashicolo	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
243	1:24.25 L	F	Ziyanda Mncube	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
244	2:05.10 L	F	Siphumle Poswa	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
245	2:10.88 L	F	Dlatu Ndulela	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women	100 Back							
1	1:02.54	L	F	Bailey Lambert	15	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
2	1:05.17	L	F	Christina Orchard	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
3	1:06.76	L	F	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
4	1:07.63	L	F	Gemma Walters	15	DORE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
5	1:07.66	L	F	Ava Newton	15	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
6	1:08.40	L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
7	1:08.69	L	F	Sophia Trout	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
8	1:09.03	L	F	Sylvie de Bruyn	15	BULS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
9	1:09.66	L	F	Abigail Kotze	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
10	1:09.85	L	F	Sienna Gous	15	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
11	1:09.88	L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
12	1:09.92	L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
13	1:10.02	L	F	Mia Groenewald	15	KTS	25/04/2025	SA National Junior Age Grou-WCA 20
14	1:10.26	L	P	Hana Duncan	15	FSS	05/04/2025	SA Schools Swimming Championship
15*	1:10.88	L	F	Cara Visser	15	WCS	05/04/2025	SA Schools Swimming Championship
15*	1:10.88	L	F	Sadie Roberts	15	ASA ILD	02/07/2024	Prestige Tournament 2024
17	1:10.90	L	P	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
18	1:10.99	L	P	Leah Markgraaff	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
19	1:11.32	L	P	Tessa Battheu	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
20	1:11.34	L	F	Payton Aitken	15	KZNS	05/04/2025	SA Schools Swimming Championship
21	1:11.62	L	P	Payton Aitken	15	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA 20
22	1:11.69	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
23	1:11.72	L	F	Carla Dannhauser	15	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT
24	1:11.92	L S	T	Mi-Ly Vd Merwe	15	LALE CED	05/12/2024	Western Cape LC-A Championship 20
25	1:12.11	L	P	Jenna Morris	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
26	1:12.21	L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
27	1:12.24	L	P	Mikayla Frösler	15	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
28	1:12.29	L	F	Ella Jv Rensburg	15	SS MPD	29/11/2024	Limpopo Champs 2024
29	1:12.33	L	P	Shi Han Huang	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
30	1:12.85	L	P	Evelyn Malan	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
31	1:12.94	L	P	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
32	1:13.49	L	P	Caitlin Rossiter	15	HREF BPD	25/04/2025	SA National Junior Age Grou-WCA 20
33	1:13.57	L	F	Zuria Venter	15	CA ECU	01/02/2025	EGA Last Chance Gala
34	1:13.63	L	P	Ava Strong	15	PEAS NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
35	1:13.93	L	P	Isabella Bruyns	15	MDOL JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
36	1:13.99	L	F	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
37	1:14.39	L	F	Anja Buitendach	15	UNI EZD	10/01/2025	2024 Grand Prix Invitation Swimming I
38*	1:14.52	L	P	Elizabeth Viljoen	15	TUKS TSH	07/12/2024	NWS Championships 2024
38*	1:14.52	L	P	Jessica Davies	15	VINE CPT	14/02/2025	Western Cape Elite Gala 2025
40	1:14.60	L	P	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
41	1:14.64	L	P	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
42	1:15.03	L	P	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
43	1:15.16	L	P	Jade Van Vuuren	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
44	1:15.34	L	P	Jamie-Lee Graham	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
45	1:15.52	L	F	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Cham
46	1:15.56	L	F	Casey Bruwer	15	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET
47	1:15.62	L	F	Milla Hulse	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Cham
48*	1:15.68	L	F	Lara Janse van Rensburg	15	CSA EZD	20/03/2025	SA Level 3 Champs 2025-NT
48*	1:15.68	L	F	Cailleigh De Beer	15	BLOT MAN	04/12/2024	Free State Champs 2024
50	1:15.73	L	F	Odette Upton	15	TKS WBD	29/11/2024	Limpopo Champs 2024
51	1:15.97	L	F	Keilah-Naomi Holthuis	15	QSAW CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
52	1:16.04	L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Cham
53	1:16.14	L	P	Rachel Fairweather	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
54	1:16.62	L	F	Kacey Hughes	15	STSC KCD	25/01/2025	uShaka Champs 2025
55	1:16.93	L	F	Ane Snyders	15	BLSS MAN	25/10/2024	Neptunes Gala
56	1:17.03	L	F	Alexis Muller	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Cham
57	1:17.09	L	F	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Cham
58	1:17.20	L	P	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	1:17.37 L	F	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
60	1:17.38 L	P	Lara Eckersley	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
61	1:17.47 L	P	Margo Senekal	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
62	1:17.64 L	P	Shalem Mashingaidze	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
63	1:17.77 L	F	Carle Hager	15	ASAW CED	09/11/2024	Winelands SL4
64	1:18.04 L	P	Megan Mayhew	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
65	1:18.11 L	F	Tylah Johannes	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
66	1:18.41 L	P	Amara Okoye	15	GAUS	05/04/2025	SA Schools Swimming Championship
67	1:18.52 L	P	Arne' Dreyer	15	STAQ CED	05/12/2024	Western Cape LC-A Championship 20
68	1:18.64 L	F	Tchisank Banza	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
69	1:18.70 L	F	Kaylin Fabricius	15	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
70	1:18.85 L	F	Kayla Kleynhans	15	VRC TSH	13/09/2024	NTS September Age Group 2024
71	1:19.00 L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
72	1:19.06 L	P	Emma Nolan	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
73	1:19.28 L S	F	Amy Jackson	15	TCA ECU	05/12/2024	EGA Summer Championships
74	1:19.29 L	P	Zoe Steyn	15	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
75	1:19.51 L	P	Kristen Burt	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
76	1:19.62 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan
77	1:19.65 L	P	Milla Hulse	15	KZNS	05/04/2025	SA Schools Swimming Championship
78	1:19.78 L	F	Hannah Du Toit	15	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi
79	1:19.92 L	F	Juanè Burger	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
80	1:19.94 L	P	Mikje Bocking	15	KZNS	05/04/2025	SA Schools Swimming Championship
81	1:20.09 L	F	Indigo Woodburn	15	MDOL JHB	15/11/2024	Summer 4 Delville
82	1:20.17 L	F	Annabelle Van Rensburg	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
83*	1:20.19 L	P	Madison Smith	15	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
83*	1:20.19 L	F	Eva Dal Cin	15	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
85*	1:20.27 L	P	Gabriella Baillie	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 20
85*	1:20.27 L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
87	1:20.41 L	P	Sharni-Marie Watson	15	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
88	1:20.58 L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
89	1:20.68 L	F	Megan Jansen	15	UNIU EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
90	1:20.76 L	P	Sahana Dayaram	15	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
91	1:21.07 L	F	Emma Hagglund	15	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
92	1:21.12 L	P	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
93	1:21.21 L	P	Lize-Marie Kruger	15	BLNE MAN	15/06/2024	PEA Winter Gala 2024
94	1:21.35 L	P	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
95	1:21.40 L	F	Rachel Henley	15	ESTR ECU	01/02/2025	EGA Last Chance Gala
96	1:21.42 L	P	Leila Smit	15	CSC TSH	20/03/2025	SA Level 3 Champs 2025-NT
97	1:21.90 L	P	Shayla Whyte	15	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
98	1:21.99 L	F	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
99	1:22.02 L	F	Carmen Stapelberg	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
100	1:22.04 L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
101	1:22.11 L	P	Kirsten Myers	15	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
102	1:22.34 L	P	Jani Visagie	15	SWAR WCD	14/02/2025	Western Cape Elite Gala 2025
103	1:22.37 L	F	Leila Van Zyl	15	QUIC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
104	1:22.38 L	F	Rebecca Froneman	15	STSC KCD	09/11/2024	KCDA Age Goup 2 2024
105	1:22.56 L	F	Ariel De Bruyn	15	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
106	1:22.57 L	F	Emma-Lee Theron	15	BLSS MAN	09/11/2024	Bull Sharks Gala
107	1:22.63 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024
108	1:22.82 L	F	Inge Vd Walt	15	DDA TSH	27/03/2025	SA Level 2 Champs 2025 EGA
109	1:22.83 L	F	Isabelle Welgemoed	15	BLSS MAN	04/12/2024	Free State Champs 2024
110	1:23.48 L	P	Kapitolina Xaba	15	SASE JHB	29/11/2024	CGA Championships 2024
111	1:23.51 L	P	Abigail Suckling	15	FSE KCD	31/03/2025	SA Level 2 Champs 2025-KZN
112	1:23.55 L	P	Abbigail Kulynych	15	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
113	1:23.58 L	F	Miane Kasselman	15	WES KK	28/02/2025	NW School Championships 2025
114	1:23.65 L	P	Larissa Bouwer	15	DORE JHB	29/11/2024	CGA Championships 2024
115	1:23.80 L	F	Gabriela Sa	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
116	1:24.04 L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
117	1:24.36 L	F	Helena Rookoen-Smith	15	QSAW CED	01/02/2025	CTA BRIAN BUTTON Qualifying Meet

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118*	1:24.44 L	F	Elme Swanepoel	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
118*	1:24.44 L	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
120	1:24.51 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
121	1:24.64 L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
122	1:24.81 L	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
123	1:24.83 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024
124	1:24.89 L	F	Line Brits	15	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
125	1:25.09 L	F	Talitha Schuch	15	LEGC ETH	01/02/2025	KCDA Age Group 4 2024
126	1:25.15 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
127	1:25.29 L	F	Hyzel Hutchison	15	GHSK	08/02/2025	NCASA SPRINTS 2025
128	1:25.40 L	F	Keona Landman	15	AACATA CPT	02/11/2024	CTA A & B CHAMPS 2024
129	1:25.48 L	F	Sulize Kruger	15	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
130	1:25.52 L	F	Riley Prinsloo	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
131	1:26.06 L	F	Amy Walton	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
132	1:26.15 L	F	Jhuliana Lamprecht	15	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
133	1:26.29 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
134	1:26.45 L	F	Oratile Matli	15	ESTR ECU	12/10/2024	EGA Summer 2
135	1:26.50 L S	P	Keira Ellerbeck	15	H2O ECU	05/12/2024	EGA Summer Championships
136	1:26.59 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
137	1:26.91 L	F	Jesse Kirsten	15	BLOT MAN	10/08/2024	Kovsies Gala 1
138	1:26.93 L	F	Tatum Topliss	15	CA ECU	01/02/2025	EGA Last Chance Gala
139	1:27.28 L	F	Daniella Myburg	15	UCT CPT	20/02/2025	Inter High 2025
140	1:27.31 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
141	1:27.46 L	F	Emmah Myburgh	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
142	1:27.66 L	F	Elandri Du Randt	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
143	1:28.19 L	F	Shane Swarts	15	PSA ZLD	26/10/2024	Froggies Aquatics Championships 202
144	1:28.61 L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham
145	1:28.82 L	F	Keone Molapo	15	RFA TSH	13/09/2024	NTS September Age Group 2024
146	1:29.19 L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 20
147	1:29.20 L	P	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
148	1:29.51 L	F	Jessie Ludick	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
149	1:30.37 L	F	Erin Olivier	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
150	1:30.41 L S	P	Isabelle Botha	15	PGAC ECU	05/12/2024	EGA Summer Championships
151	1:30.46 L	F	Alexandra Sheppard	15	BERG BP	28/02/2025	NW School Championships 2025
152	1:30.58 L	F	Siliziwe Giyose	15	USC BUF	13/07/2024	1st A League Gala 2024
153	1:30.63 L	P	Tamlyn Kew	15	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
154	1:30.73 L	P	Rerapetse Ramohale	15	RBOT BPD	07/12/2024	NWS Championships 2024
155	1:30.74 L	F	Megan Horn	15	SS MPD	29/11/2024	Limpopo Champs 2024
156	1:30.86 L	F	Jasmine Hirshovitz	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
157	1:31.11 L	F	Melinda Dippenaar	15	BS LLD	14/02/2025	Neptune Last Chance Gala
158	1:31.13 L	F	Keira-Lize Martins	15	H2O ECU	01/02/2025	EGA Last Chance Gala
159	1:31.54 L	P	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
160	1:31.69 L	P	Klara Groenewald	15	UNI EZD	27/03/2025	SA Level 2 Champs 2025 EGA
161	1:31.77 L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
162	1:32.28 L	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
163	1:32.53 L	P	Isabella Dos Santos	15	PER JHB	29/11/2024	CGA Championships 2024
164	1:32.80 L	P	Mia Pienaar	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
165	1:32.89 L	F	Zephani Adams	15	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
166	1:33.12 L	F	Carla Munro	15	PSCP UMD	08/03/2025	Invitational Meet 2025
167	1:33.24 L	F	Simone' Pretorius	15	BETH FDD	25/10/2024	Neptunes Gala
168	1:33.35 L S	P	Christé Franck	15	JAQ ECU	05/12/2024	EGA Summer Championships
169	1:33.70 L S	P	Sandisiwe Mkhathshwa	15	MAKO ECU	05/12/2024	EGA Summer Championships
170	1:33.98 L	P	Ilne Bruwer	15	BLSS MAN	04/12/2024	Free State Champs 2024
171	1:34.34 L	F	Nieke Engelbrecht	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
172	1:35.05 L	F	Skyla Reddy	15	SWIFT ECU	15/11/2024	Summer 4 Delville
173	1:35.24 L	F	Callen Campbell	15	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
174	1:35.49 L	F	Samara Prinsloo	15	STSC KCD	07/12/2024	Stingrays Champs 2024
175	1:35.51 L	F	Macayle Eisen	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
176	1:36.08 L	F	Nicole Senekal	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr	
177	1:36.40 L	P	Atlegang Mogotsi	15	ESTR EKU 27/03/2025 SA Level 2 Champs 2025-EGA
178	1:36.45 L	F	Mariné Pretorius	15	UPSK ZMD 08/02/2025 NCASA SPRINTS 2025
179	1:37.10 L	F	Nasheetah Jephta	15	MANT CPT 02/11/2024 CTA A & B CHAMPS 2024
180	1:37.11 L	F	Hannan Mia	15	MANT CPT 02/11/2024 CTA A & B CHAMPS 2024
181	1:37.78 L	F	Kiara Storm	15	USH KCD 25/01/2025 uShaka Champs 2025
182	1:37.92 L	F	Chandre Cloete	15	UNI EZD 29/11/2024 Mpumalanga Championships 2024
183*	1:37.93 L	F	Jessica Parker	15	HSTAN MP 08/10/2024 Limpopo Top 8 - High Schools
183*	1:37.93 L	F	Hannah Struwig	15	AQUA UTD 02/11/2024 Uthukela District Age Group Gala
185	1:38.09 L	F	Lucie Jakob	15	TUKS TSH 21/02/2025 NTS Age Group Feb Tuks
186	1:38.14 L	F	Bohlale Khahledi	15	BARR CPT 17/10/2024 43rd Freda Barnard Invitational Gala
187	1:38.29 L	F	Mia Koen	15	BULS MAN 11/10/2024 Otters Prestige Gala 2024
188	1:38.76 L	F	Emilia de Freitas	15	MAKO EKU 12/10/2024 EGA Summer 2
189	1:38.78 L	F	Jayne Roebuck	15	CA EKU 15/11/2024 Summer 4 Delville
190	1:40.12 L	F	Elizabeth Coetzee	15	BLOT MAN 11/10/2024 Otters Prestige Gala 2024
191	1:40.56 L	F	Malakai Jooste	15	CUHE QBD 09/11/2024 Swartland Prestige Gala 2024
192	1:41.28 L	P	Buhlebemvelo Mdluli	15	WSTV ETH 02/07/2024 Prestige Tournament 2024
193	1:41.47 L	F	Victoria Holfeld	15	CA EKU 12/10/2024 EGA Summer 2
194	1:41.56 L	F	Karla Lemmer	15	USH KCD 07/12/2024 Stingrays Champs 2024
195	1:41.63 L	P	Tuhina Asharam	15	LEGC ETH 31/03/2025 SA Level 2 Champs 2025-KZN
196	1:41.89 L	F	Johanika Groenewald	15	UNIU EZD 01/03/2025 SSA LEVEL 1 REGIONAL CHAMPS 2
197	1:41.90 L	F	Elizma Du Plooy	15	HBV MP 08/10/2024 Limpopo Top 8 - High Schools
198	1:42.80 L	F	Nolene Badenhorst	15	LALE CED 09/11/2024 Winelands SL4
199	1:44.18 L	F	Lisakhanya Letloane	15	NGU TSH 13/09/2024 NTS September Age Group 2024
200	1:45.21 L	F	Celia Carpinteiro	15	CA EKU 15/11/2024 Summer 4 Delville
201	1:45.46 L	F	Dheeya Patel	15	ELEC TSH 13/09/2024 NTS September Age Group 2024
202	1:45.72 L	F	Khanyolwethu Fokazi	15	CYBE CPT 02/11/2024 CTA A & B CHAMPS 2024
203	1:45.92 L	F	Sofiya Talip	15	MANT CPT 22/02/2025 Swartland Invitational Gala 2025
204	1:46.38 L	F	Mamello Mabuza	15	ESP EKU 01/02/2025 EGA Last Chance Gala
205	1:46.73 L	F	Isabel Landman	15	PGIM KKD 28/02/2025 NW School Championships 2025
206	1:48.15 L	F	Leila Visser	15	FAAC 08/02/2025 NCASA SPRINTS 2025
207	1:48.16 L	F	Limay Schutte	15	HBV MP 08/10/2024 Limpopo Top 8 - High Schools
208	1:48.24 L	F	Tamsyn Thomson	15	BULS MAN 06/09/2024 Bull Sharks Annual Gala
209	1:49.55 L	F	Ilze Olley	15	PHS CCD 08/10/2024 Limpopo Top 8 - High Schools
210	1:54.47 L	F	Hannah Myburgh	15	AQDO CPT 17/10/2024 43rd Freda Barnard Invitational Gala
211	1:54.98 L	F	Olive Humphrys	15	HSTAN MP 08/10/2024 Limpopo Top 8 - High Schools
212	2:04.14 L	F	Chloe Venter	15	BERG BP 28/02/2025 NW School Championships 2025
213	2:04.49 L	F	Siphiwayinkosi Mnisi	15	UPC EZD 19/02/2025 EHLANZENI INTER HIGH GALA 19 FI
214	2:06.32 L	F	Lutendo Mphelo	15	BLSS MAN 01/03/2025 Provincial Level 1 Age Group
215	2:12.22 L	F	Jo-Anne van Dyk	15	JAQ EKU 12/10/2024 EGA Summer 2
216	2:19.12 L	F	Aobakwe Molokoane	15	TLAC BPD 09/11/2024 NWS Age Group 1 & 2 2024
Women 200 Back					
1	2:21.12 L S	F	Bailey Lambert	15	KZNA ETH 09/04/2025 SA National Aquatic SNR-Champ 202
2	2:23.15 L	F	Abigail Kotze	15	TYGE CPT 05/12/2024 Western Cape LC-A Championship 20
3	2:23.63 L	F	Christina Orchard	15	VINE CPT 05/12/2024 Western Cape LC-A Championship 20
4	2:25.74 L	F	Lilianne Hebler	15	QSAW CED 05/12/2024 Western Cape LC-A Championship 20
5	2:27.08 L S	F	Gemma Walters	15	DORE JHB 25/04/2025 SA National Junior Age Grou-WCA 20
6	2:27.45 L S	F	Ava Newton	15	CASC CPT 25/04/2025 SA National Junior Age Grou-WCA 20
7	2:32.38 L S	F	Cara Visser	15	CYBE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
8	2:32.99 L	F	Mia Groenewald	15	NCS 05/04/2025 SA Schools Swimming Championship
9	2:33.39 L S	F	Hana Duncan	15	BLOT MAN 25/04/2025 SA National Junior Age Grou-WCA 20
10	2:33.58 L S	F	Mi-Ly Vd Merwe	15	LALE CED 25/04/2025 SA National Junior Age Grou-WCA 20
11	2:33.94 L	F	Kerrigan Hayes	15	CASC CPT 05/12/2024 Western Cape LC-A Championship 20
12	2:34.67 L	F	Hana Duncan	15	FSS 05/04/2025 SA Schools Swimming Championship
13	2:35.55 L	F	Mikayla Frösler	15	PEAS NMA 13/12/2024 NMBA Championships 2024
14	2:36.59 L	P	Taylor Kassebaum	15	AA JHB 28/02/2025 2025 Grand Prix 2 Invitational Meet -N
15	2:36.64 L S	P	Lyla vd Spuy	15	TUKS TSH 25/04/2025 SA National Junior Age Grou-WCA 20
16	2:37.00 L S	P	Sophia Trout	15	VINE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
17	2:37.42 L	F	Carla Dannhauser	15	TKS WBD 20/03/2025 SA Level 3 Champs 2025-NT
18	2:37.59 L	F	Caitlin Rossiter	15	NWS 25/01/2025 4+1 INTERPROVINCIAL GALA 2025

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
19	2:37.61 L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
20	2:38.03 L S	P	Tessa Battheu	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
21	2:38.43 L	F	Ella Jv Rensburg	15	LPS	05/04/2025	SA Schools Swimming Championship
22	2:38.67 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
23	2:38.77 L	F	Lara Janse van Rensburg	15	CSA EZD	20/03/2025	SA Level 3 Champs 2025-NT
24	2:38.87 L S	P	Evelyn Malan	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
25	2:39.28 L S	P	Isabella Bruyns	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
26	2:39.66 L	F	Margo Senekal	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
27	2:39.75 L S	P	Ava Strong	15	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
28	2:39.81 L S	F	Marike Raimond	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
29	2:40.28 L	F	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Chan
30	2:40.93 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
31	2:40.95 L S	P	Sylvie de Bruyn	15	BULS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
32	2:41.08 L	F	Payton Aitken	15	KZNS	05/04/2025	SA Schools Swimming Championship
33	2:41.16 L	P	Cara Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
34	2:41.48 L	F	Megan Mayhew	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
35	2:41.64 L	P	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
36	2:42.07 L	F	Anja Buitendach	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
37	2:42.17 L	F	Leah Markgraaff	15	TUKS TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
38	2:42.30 L	F	Rachel Fairweather	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
39	2:42.43 L	F	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
40	2:42.83 L	F	Payton Aitken	15	WSTV ETH	02/07/2024	Prestige Tournament 2024
41	2:43.15 L S	P	Shi Han Huang	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
42	2:43.57 L	F	Mila De Souza	15	EXP TSH	18/10/2024	NTS Level 3+ October Age Group 202
43	2:44.05 L	P	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
44	2:44.19 L	F	Keilah-Naomi Holthuis	15	QSAW CED	21/09/2024	CTA INVITATIONAL LC MEET
45	2:44.92 L	F	Odetta Upton	15	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT
46	2:45.32 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
47	2:45.47 L S	F	Cailleigh De Beer	15	BLOT MAN	04/12/2024	Free State Champs 2024
48	2:45.65 L	F	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
49	2:46.50 L	F	Kayla Kleynhans	15	VRC TSH	13/09/2024	NTS September Age Group 2024
50	2:47.25 L	P	Juanè Burger	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
51	2:48.18 L	P	Gabriella Baillie	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 20
52	2:48.65 L	F	Alexis Muller	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
53	2:48.83 L	P	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
54	2:49.27 L	F	Marne' Van Rensburg	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
55	2:49.36 L	P	Aliyah De Oliveira	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
56	2:49.49 L	F	Milla Hulse	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
57	2:50.19 L	P	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
58	2:51.55 L	P	Anja Volschenk	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
59	2:51.86 L	F	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships
60	2:52.10 L	F	Jenna Morris	15	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
61	2:52.17 L	F	Annabelle Van Rensburg	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
62	2:52.77 L	P	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024
63	2:52.90 L	P	Scarlett Friis	15	KLOO ETH	02/07/2024	Prestige Tournament 2024
64	2:53.08 L	F	Lara Eckersley	15	AA JHB	29/11/2024	CGA Championships 2024
65	2:53.19 L	F	Emma Hagglund	15	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
66	2:53.54 L	F	Larissa Bouwer	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
67	2:53.63 L	P	Sahana Dayaram	15	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
68	2:53.70 L	P	Indigo Woodburn	15	MDOL JHB	29/11/2024	CGA Championships 2024
69	2:54.96 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan
70	2:55.25 L	P	Kirsten Myers	15	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
71	2:55.64 L	F	Lize-Marie Kruger	15	BLNE MAN	15/06/2024	PEA Winter Gala 2024
72	2:56.14 L	P	Zoe Steyn	15	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
73	2:56.21 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
74	2:56.58 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
75	2:56.65 L	F	Kay-Lee Mouton	15	TGA WCD	09/11/2024	Swartland Prestige Gala 2024
76	2:56.85 L	P	Emma Nolan	15	MDOL JHB	29/11/2024	CGA Championships 2024
77	2:58.16 L	F	Huei-Ing Chen	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
78	2:59.06 L	F	Abbigail Kulynych	15	CA EKU	12/10/2024	EGA Summer 2
79	2:59.21 L	F	Rebecca Froneman	15	STSC KCD	25/01/2025	uShaka Champs 2025
80	2:59.92 L	F	Sydni Adams	15	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
81	3:00.07 L	F	Emma-Lee Theron	15	BLSS MAN	27/09/2024	Seals Gala 2
82	3:00.52 L	F	Hannah Du Toit	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
83	3:00.85 L	F	Rachel Henley	15	ESTR EKU	01/02/2025	EGA Last Chance Gala
84	3:00.96 L	F	Daniella Myburg	15	UCT CPT	20/02/2025	Inter High 2025
85	3:00.97 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
86	3:01.21 L S	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
87	3:01.46 L	F	Ariel De Bruyn	15	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
88	3:02.16 L	F	Shayla Whyte	15	MDOL JHB	27/03/2025	SA Level 2 Champs 2025 EGA
89	3:02.95 L	F	Amy Walton	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
90	3:03.07 L	F	Inge Vd Walt	15	DDA TSH	27/03/2025	SA Level 2 Champs 2025 EGA
91	3:03.29 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
92	3:03.32 L	F	Gabriela Sa	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
93	3:03.66 L	F	Helena Rookoen-Smith	15	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
94	3:04.05 L	F	Elandri Du Randt	15	BETH FDD	25/10/2024	Neptunes Gala
95	3:04.08 L	F	Nikita Grant	15	ACES ETH	02/07/2024	Prestige Tournament 2024
96	3:06.17 L	F	Jemma Hendricks	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
97	3:06.38 L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 20
98	3:06.55 L	F	Oratile Matli	15	ESTR EKU	05/12/2024	EGA Summer Championships
99	3:06.60 L	F	Tatum Topliss	15	CA EKU	01/02/2025	EGA Last Chance Gala
100	3:06.94 L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
101	3:07.20 L	F	Keira Ellerbeck	15	H2O EKU	18/01/2025	EGA Summer 5
102	3:07.61 L S	F	Kristen Burt	15	PSCP UMD	02/07/2024	Prestige Tournament 2024
103	3:07.89 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024
104	3:08.12 L	F	Keona Landman	15	AACTA CPT	08/02/2025	WCA-B Champs - 2025
105	3:08.25 L	F	Jesse Kirsten	15	UCT CPT	20/02/2025	Inter High 2025
106	3:08.88 L	F	Megan Horn	15	SS MPD	27/03/2025	SA Level 2 Champs 2025 EGA
107	3:09.90 L	F	Miane Kasselman	15	WES KK	28/02/2025	NW School Championships 2025
108	3:10.15 L	F	Isabelle Botha	15	PGAC EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
109	3:10.32 L	F	Micke Prinsloo	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A
110	3:10.54 L S	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
111	3:11.20 L	F	Jamie Napier	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
112	3:12.38 L	F	Jasmine Hirshovitz	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
113	3:12.81 L	P	Rerapetse Ramohale	15	RBOT BPD	07/12/2024	NWS Championships 2024
114	3:13.17 L	F	Madisson De Bruyn	15	AFIN JHB	27/03/2025	SA Level 2 Champs 2025-EGA
115	3:13.71 L	P	Mariné Pretorius	15	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group Cham
116	3:14.21 L	F	Jessie Ludick	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
117	3:15.53 L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham
118	3:15.65 L	F	Megan Jansen	15	UNI U EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
119	3:16.68 L S	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
120	3:17.03 L S	F	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024
121	3:17.93 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
122	3:18.12 L S	F	Lyla Shekel	15	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
123	3:19.50 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
124	3:19.74 L	F	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
125	3:20.40 L	F	Keira-Lize Martins	15	H2O EKU	18/01/2025	EGA Summer 5
126	3:21.44 L	F	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
127	3:22.06 L	F	Klara Groenewald	15	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
128	3:22.10 L	F	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
129	3:22.58 L	F	Zephani Adams	15	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
130	3:22.63 L	F	Mia Pienaar	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
131	3:24.44 L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
132	3:24.46 L	F	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
133	3:25.80 L	P	Skyla Reddy	15	SWIFT EKU	05/12/2024	EGA Summer Championships
134	3:29.26 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
135	3:29.56 L	F	Hannaan Mia	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
136	3:38.01 L	F	Nolene Badenhorst	15	LALE CED	08/02/2025	Winelands SL Final

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
137	3:39.93 L	F	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
138	3:40.02 L	F	Emilia de Freitas	15	MAKO EKU	12/10/2024	EGA Summer 2
139	3:53.47 L	F	Sofiya Talip	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
140	4:01.82 L	P	Mamello Mabuza	15	ESP EKU	05/12/2024	EGA Summer Championships
Women 50 Breast							
1	32.69 L	P	Tchisank Banza	15	MP EZD	09/04/2025	SA National Aquatic SNR-Champ 202
2	33.46 L	P	Mikje Bocking	15	KZNS	05/04/2025	SA Schools Swimming Championship
3	34.84 L	F	Zuria Venter	15	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
4	35.27 L	F	Madison Coleman	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
5	35.33 L	F	Izarra Ganas	15	ACSA ETH	25/04/2025	SA National Junior Age Grou-WCA 20
6	35.56 L	P	Lize-Marie Kruger	15	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
7	35.58 L	F	Danielle Grobler	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
8	35.61 L	F	MacKenzie Bone	15	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
9	35.63 L	P	Izarra Ganas	15	KZNS	05/04/2025	SA Schools Swimming Championship
10	35.85 L	P	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
11	36.20 L	P	Jenna Morris	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
12	36.23 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
13	36.68 L	F	Annabelle Van Rensburg	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
14	36.79 L	F	Ona-Mari Van Niekerk	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 20
15	36.95 L	P	Sylvie de Bruyn	15	BULS MAN	04/12/2024	Free State Champs 2024
16	37.06 L	F	Jessica Stedall	15	WWOL TSH	20/03/2025	SA Level 3 Champs 2025-NT
17	37.16 L	F	Riziki Magotsi	15	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
18	37.18 L	F	Caileigh De Beer	15	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
19	37.26 L	F	Micke Prinsloo	15	LPS	05/04/2025	SA Schools Swimming Championship
20	37.27 L	F	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
21*	37.38 L	F	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
21*	37.38 L	F	Elizabeth Viljoen	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
23	37.49 L	P	Sydni Adams	15	WCS	05/04/2025	SA Schools Swimming Championship
24*	37.51 L	P	Blake Morris	15	GAUS	05/04/2025	SA Schools Swimming Championship
24*	37.51 L	F	Paige Meeser	15	CA EKU	01/02/2025	EGA Last Chance Gala
26	37.52 L	F	Clarisë Van Niekerk	15	TUKS TSH	13/12/2024	NMBA Championships 2024
27	37.55 L	F	Chanel Van Tonder	15	KZNS	05/04/2025	SA Schools Swimming Championship
28	37.58 L	F	Arne' Dreyer	15	STAQ CED	08/02/2025	Winelands SL Final
29	37.59 L	F	Nicola Carver	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
30	37.65 L	F	Hyzel Hutchison	15	GHSK	08/02/2025	NCASA SPRINTS 2025
31	37.67 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
32	37.77 L S	F	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships
33	37.89 L	P	Riley Prinsloo	15	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
34	38.08 L	F	Payton Aitken	15	WSTV ETH	02/07/2024	Prestige Tournament 2024
35	38.14 L	P	Kaylin Fabricius	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
36	38.18 L	F	Talitha Schuch	15	LEGC ETH	26/03/2025	SA Level 3 Regional Age Group Chan
37	38.27 L	F	Inneke Liebenberg	15	POTC KKD	07/12/2024	NWS Championships 2024
38	38.33 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
39	38.39 L	P	Ava Newton	15	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
40	38.65 L	P	Ella Jv Rensburg	15	LPS	05/04/2025	SA Schools Swimming Championship
41	38.66 L	F	Keira-Lize Martins	15	H2O EKU	20/03/2025	SA Level 3 Champs 2025-NT
42	38.86 L	P	Cara Rossouw	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
43	38.90 L	F	Emma Nolan	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
44	39.08 L	F	Mikaela Johst	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
45	39.21 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
46	39.31 L	P	Robyn-Rae Purdon	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
47	39.33 L	F	Mia Groenewald	15	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
48	39.35 L	P	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
49	39.45 L	P	Zia Moosa	15	KZNS	05/04/2025	SA Schools Swimming Championship
50	39.50 L	F	Ada Barnard	15	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group Chan
51	39.53 L	P	Kyrach Mack	15	ECSA	05/04/2025	SA Schools Swimming Championship
52*	39.64 L	F	Aliyah De Oliveira	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
52*	39.64 L	F	Jessica Davies	15	VIKI BUF	02/11/2024	BCA November Age Group Gala 2024
54	39.65 L	P	Madison Smith	15	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
55	39.66	L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
56	39.68	L	F	Kayden Mauers	15	USC BUF	20/03/2025	SA Level 3 Regional Age Group Chan
57	40.14	L	F	Cailee Adams	15	SEALE ETH	02/07/2024	Prestige Tournament 2024
58	40.20	L	F	Leandri Grobler	15	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group Chan
59	40.21	L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
60	40.23	L	F	Lehane Lategan	15	FAAC	08/02/2025	NCASA SPRINTS 2025
61	40.43	L	P	Tamlyn Kew	15	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
62	40.52	L	F	Sophia Wener	15	VINE CPT	02/11/2024	CTAA & B CHAMPS 2024
63	40.58	L	F	Gabriella Baillie	15	LALE CED	20/03/2025	SA Level 3 Regional Age Group Chan
64	40.61	L	F	Lara Eckersley	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
65	40.77	L	F	Abbigail Kulynych	15	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
66	40.80	L	P	Lili Annandale	15	BLSS MAN	04/12/2024	Free State Champs 2024
67	40.95	L	P	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
68	41.06	L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
69	41.24	L	F	Milan Ferreira	15	HMER MP	01/02/2025	Limpopo School Champs & Limpopo A
70	41.38	L	P	Cailyn Clowes	15	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
71	41.44	L	F	Stephanie Dannhauser	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A
72	41.65	L	F	Mine Prinsloo	15	BLSS MAN	06/09/2024	Bull Sharks Annual Gala
73	41.72	L	F	Milnie Du Toit	15	NHS EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
74	41.76	L	F	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024
75*	41.82	L	F	Megan Jansen	15	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT
75*	41.82	L	F	Isabelle Welgemoed	15	BLSS MAN	25/10/2024	Neptunes Gala
77	41.86	L	P	Cayley Hauptfleisch	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
78	41.97	L	P	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
79	42.00	L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
80	42.02	L	F	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
81	42.03	L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
82	42.19	L	P	Emmah Myburgh	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
83	42.22	L	P	Shayla Whyte	15	MDOL JHB	29/11/2024	CGA Championships 2024
84	42.26	L	F	Amy Jackson	15	TCA ECU	12/10/2024	EGA Summer 2
85	42.42	L	F	Leila Smit	15	CSC TSH	13/09/2024	NTS September Age Group 2024
86	42.47	L	F	Margo Louw	15	QSAW CED	08/02/2025	Winelands SL Final
87	42.65	L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A
88	42.66	L	P	Kristen Burt	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
89	42.70	L	F	Scarlett Friis	15	RSA	04/10/2024	Curro AquaElite Gala
90*	42.74	L	F	Cara Visser	15	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
90*	42.74	L	P	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
92	42.75	L	F	Abigail Suckling	15	FSE KCD	31/03/2025	SA Level 2 Champs 2025-KZN
93	42.85	L S	P	Jhuliana Lamprecht	15	CA ECU	05/12/2024	EGA Summer Championships
94*	42.88	L	F	Shi Han Huang	15	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
94*	42.88	L	F	Shane Swarts	15	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
96	43.14	L	F	Ilze Olley	15	ACAA CCD	29/11/2024	Limpopo Champs 2024
97	43.25	L	P	Sahana Dayaram	15	DORE JHB	29/11/2024	CGA Championships 2024
98	43.43	L	F	Simone Van Wyk	15	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
99	43.56	L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
100	43.63	L	F	Keira Ellerbeck	15	H2O ECU	27/03/2025	SA Level 2 Champs 2025 EGA
101	43.85	L	F	Ava Lambropoulos	15	TRAZ TSH	13/09/2024	NTS September Age Group 2024
102*	43.93	L	F	Bianca Potgieter	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
102*	43.93	L	F	Macayle Eisen	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
104	44.05	L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
105	44.14	L	F	Lienke Els	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials
106	44.15	L	F	Rachel Henley	15	ESTR ECU	22/02/2025	EGA Lets Sprint Incomp Gauteng Scho
107	44.16	L	F	Marlo Lensing	15	UPSK ZMD	01/11/2024	UPINGTON PRESTIGE GALA 2024
108	44.21	L	F	Talita Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
109	44.28	L	F	Mia Pienaar	15	BULS MAN	13/09/2024	Pelicans Age Group Gala
110	44.33	L	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTAA & B CHAMPS 2024
111	44.44	L	F	Paige Van Niekerk	15	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA
112	44.49	L	F	Kyra Home	15	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
113	44.58	L	P	Yamahlabi Radebe	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
114	44.71 L	F	Kayla Koen	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
115	44.72 L	F	Jessica Dos Santos	15	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	
116	44.75 L	F	Nasheetah Jephta	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
117	44.82 L S	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships	
118	44.97 L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024	
119	45.06 L	F	Tamsyn Thomson	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham	
120	45.28 L	F	Amina Putter	15	NHS EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	
121	45.31 L	F	Chane' Fourie	15	TRALI MAN	20/02/2025	Inter High 2025	
122	45.34 L	F	Nina Wessels	15	UNI U EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
123	45.54 L	F	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
124	45.58 L	P	Larissa Bouwer	15	DORE JHB	29/11/2024	CGA Championships 2024	
125	45.62 L	F	Kerrigan Hayes	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
126	45.74 L	F	Melandri Vermaak	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
127	46.00 L	F	Buhlebemvelo Mdluli	15	WSTV ETH	25/01/2025	uShaka Champs 2025	
128	46.11 L	F	Alexis Muller	15	AZON ETH	02/07/2024	Prestige Tournament 2024	
129	46.30 L	F	Carla Munro	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
130	46.36 L	F	Skyla Reddy	15	SWIFT EKU	12/10/2024	EGA Summer 2	
131	46.37 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024	
132	46.41 L	F	Lyla Shekel	15	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
133	46.43 L	F	Diëm Peens	15	CUHE QBD	28/03/2025	SA Level 2 Regional Age Group Cham	
134	46.47 L	F	Mariné Pretorius	15	UPSK ZMD	18/01/2025	AGE GROUP 5 KATHU 2025	
135	46.78 L	F	Rozel Scholtz	15	STELL RMD	07/12/2024	NWS Championships 2024	
136	46.79 L	P	Mia Koen	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham	
137	46.87 L	P	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024	
138	47.00 L S	P	Atlegang Mogotsi	15	ESTR EKU	05/12/2024	EGA Summer Championships	
139	47.12 L	F	Carla Dannhauser	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A	
140	47.19 L	F	Nieke Engelbrecht	15	UPSK ZMD	18/01/2025	AGE GROUP 5 UPT2025	
141	47.27 L	F	Kate Krummeck	15	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials &	
142	47.34 L	F	Kiara Storm	15	USH KCD	09/11/2024	KCDA Age Goup 2 2024	
143	47.39 L	P	Alexah Furman	15	RACE JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
144	47.42 L	F	Mila Volschenk	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET	
145	47.51 L	F	Oratile Matli	15	ESTR EKU	12/10/2024	EGA Summer 2	
146	47.87 L	F	Anieke Prinsloo	15	BETH FDD	15/11/2024	Valsrivier Gala 2024	
147	47.95 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025	
148	48.10 L	F	Klara Groenewald	15	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/	
149	48.13 L	F	Hannah Struwig	15	AQUA BUF	01/02/2025	Uthukela District Age Group Gala	
150	48.18 L	F	Imke Botha	15	RHS BPD	28/02/2025	NW School Championships 2025	
151	48.24 L	F	Callen Campbell	15	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
152	48.30 L	F	Melinda Dippenaar	15	BS LLD	06/09/2024	Bull Sharks Annual Gala	
153	48.35 L	F	Elme Vermaak	15	FRAM NMA	08/02/2025	Nelson Mandela Bay Schools Trials &	
154	48.37 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024	
155	48.39 L	F	Miane Kasselmann	15	WES KK	28/02/2025	NW School Championships 2025	
156	48.49 L S	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024	EGA Summer Championships	
157	48.51 L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham	
158	48.54 L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools	
159	48.70 L	F	Lida Gerber	15	AASC EZD	29/11/2024	Mpumalanga Championships 2024	
160*	48.78 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024	
160*	48.78 L	F	Karla Lemmer	15	USH KCD	07/12/2024	Stingrays Champs 2024	
162	48.89 L	F	Sofiya Talip	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
163	48.95 L	P	Isabella Dos Santos	15	PER JHB	29/11/2024	CGA Championships 2024	
164*	49.03 L	F	Jessie Ludick	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
164*	49.03 L	F	Samara Prinsloo	15	STSC KCD	07/12/2024	Stingrays Champs 2024	
166	49.08 L	F	Helena Rookien-Smith	15	QSAW CED	08/02/2025	WCA-B Champs - 2025	
167	49.10 L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024	CGA Championships 2024	
168	49.25 L	F	Layla Isaacs	15	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024	
169	49.40 L	F	Megan Horn	15	HFDT MP	01/02/2025	Limpopo School Champs & Limpopo A	
170	49.76 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024	
171	49.93 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	09/11/2024	Winelands SL4	
172	50.09 L	F	Chloe Coetsee	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
173	50.38 L	F	Julia Emelo	15	VPHS NMA	22/02/2025	Eastern Cape School Provincial Trials
174	50.53 L	F	Nina Cloete	15	FISH EDD	30/11/2024	Eden LC Champs 2024
175	50.58 L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
176	50.95 L S	P	Bokang Seheri	15	USHAK EKU	05/12/2024	EGA Summer Championships
177	51.14 L	F	Ilne Bruwer	15	BLSS MAN	19/10/2024	Pelicans Gala 2
178	51.32 L	F	Anco Nel	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials
179	51.49 L	F	Rerapetse Ramohale	15	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
180	51.76 L	F	Hannaan Mia	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
181	51.93 L	F	Zephani Adams	15	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
182	52.03 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
183	52.29 L	F	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
184	53.07 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
185	53.09 L	F	Jacqueline Pieterse	15	FSE KCD	07/12/2024	Stingrays Champs 2024
186	53.10 L	F	Elme Swanepoel	15	BETH FDD	25/10/2024	Neptunes Gala
187	53.25 L	F	Jessica Chandler	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials
188	53.26 L	F	Isabel Landman	15	PGIM KKD	28/02/2025	NW School Championships 2025
189	53.46 L	F	Leila Visser	15	FAAC	08/02/2025	NCASA SPRINTS 2025
190	53.75 L	F	Hayley Coetzee	15	PAHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
191	54.02 L	F	Olive Humphrys	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
192	54.03 L	F	Madyson Windvogel	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
193	54.04 L	F	Carmi van Wyk	15	HHS WB	08/02/2025	BCSA High School Trials 2025
194	54.21 L	F	Candace Van Der Merwe	15	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J
195	54.25 L S	P	Celia Carpinteiro	15	CA EKU	05/12/2024	EGA Summer Championships
196	54.26 L	F	Linmari Duvenage	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
197	54.28 L	F	Rebecca Eybers	15	CUR EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
198	54.42 L	F	Viola Stloff	15	VGHS NMA	22/02/2025	Eastern Cape School Provincial Trials
199	55.35 L	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
200	55.57 L	F	Rachel Glass	15	VIPS NMA	22/02/2025	Eastern Cape School Provincial Trials
201	55.73 L	F	Lutendo Mphelo	15	BLSS MAN	01/03/2025	Provincial Level 1 Age Group
202	56.63 L	F	Emily Noel	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
203	57.88 L	F	Chloe Venter	15	BERG BP	28/02/2025	NW School Championships 2025
204	58.15 L	F	Robyn Ellis	15	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
205	58.18 L	F	Victoria Holfeld	15	CA EKU	12/10/2024	EGA Summer 2
206	59.66 L	F	Zandri Potgieter	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
207	59.72 L	F	Johanika Groenewald	15	UNIU EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
208	1:00.77 L	F	Leneave George	15	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
209	1:03.48 L S	P	Mamello Mabuza	15	ESP EKU	05/12/2024	EGA Summer Championships
210	1:04.35 L	F	Siphiwayinkosi Mnisi	15	UPC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
211	1:07.17 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
212	1:15.64 L	F	Azoma Mbanga	15	SHS KK	08/02/2025	BCSA High School Trials 2025
213	1:18.77 L	F	Takira Petersen	15	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
214	1:28.05 L	F	Jo-Anne van Dyk	15	JAQ EKU	12/10/2024	EGA Summer 2
215	1:28.65 L	F	Ziyanda Mncube	15	UMHS OTD	08/02/2025	BCSA High School Trials 2025
Women 100 Breast							
1	1:11.53 L	P	Tchisank Banza	15	MP EZD	09/04/2025	SA National Aquatic SNR-Champ 202
2	1:15.97 L	F	Izarra Ganas	15	ACSA ETH	25/04/2025	SA National Junior Age Grou-WCA 20
3	1:16.44 L	F	Zuria Venter	15	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
4	1:16.79 L	F	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
5	1:17.68 L	F	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
6	1:17.91 L	F	Izarra Ganas	15	KZNS	05/04/2025	SA Schools Swimming Championship
7	1:18.32 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
8	1:18.94 L	F	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
9	1:19.56 L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
10	1:19.90 L	F	Jenna Morris	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
11	1:20.93 L	F	Danielle Grobler	15	BLOT MAN	14/02/2025	Neptune Last Chance Gala
12	1:21.53 L	F	Clarise Van Niekerk	15	TUKS TSH	13/12/2024	NMBA Championships 2024
13*	1:21.81 L	F	Arne' Dreyer	15	STAQ CED	08/02/2025	Winelands SL Final
13*	1:21.81 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
15	1:22.05 L	P	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
16	1:22.14 L	P	MacKenzie Bone	15	GAUS	05/04/2025	SA Schools Swimming Championship
17	1:22.73 L	F	Caillegh De Beer	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
18	1:22.74 L	F	Chanel Van Tonder	15	KZNS	05/04/2025	SA Schools Swimming Championship
19	1:22.91 L	F	Jessica Stedall	15	WWOL TSH	20/03/2025	SA Level 3 Champs 2025-NT
20	1:22.95 L	P	Mikayla Frösler	15	ECSA	05/04/2025	SA Schools Swimming Championship
21	1:23.53 L	F	Ona-Mari Van Niekerk	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 20
22	1:23.81 L	P	Ava Newton	15	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
23*	1:23.83 L	F	Inneke Liebenberg	15	POTC KKD	07/12/2024	NWS Championships 2024
23*	1:23.83 L	F	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
25	1:23.89 L	P	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
26	1:24.04 L	P	Riziki Magotsi	15	WCS	05/04/2025	SA Schools Swimming Championship
27	1:24.17 L	P	Kaylin Fabricius	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
28	1:24.18 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
29	1:24.19 L	F	Jessica Davies	15	VIKI BUF	02/11/2024	BCA November Age Group Gala SC 21
30	1:24.39 L	F	Talitha Schuch	15	LEGC ETH	26/03/2025	SA Level 3 Regional Age Group Chan
31	1:24.57 L	P	Riley Prinsloo	15	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
32	1:24.68 L	F	Whitney Lauf	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
33	1:24.76 L	F	Micke Prinsloo	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A
34	1:24.83 L	F	Nicola Carver	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
35	1:24.87 L	F	Ada Barnard	15	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group Chan
36	1:24.92 L	P	Madison Smith	15	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
37	1:24.93 L	F	Eva Dal Cin	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
38	1:24.97 L	F	Keira-Lize Martins	15	H2O ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schor
39	1:25.24 L	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024	Free State Champs 2024
40*	1:25.27 L	P	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
40*	1:25.27 L	F	Sydni Adams	15	VINE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
42	1:25.30 L	P	Robyn-Rae Purdon	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
43	1:25.50 L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
44	1:25.87 L	F	Hyzel Hutchison	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
45	1:25.97 L	P	Cara Rossouw	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
46	1:26.13 L	F	Mikaela Johst	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
47	1:26.56 L	F	Elizabeth Viljoen	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
48	1:26.60 L	F	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
49	1:26.88 L	F	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
50	1:26.96 L	F	Paige Meeser	15	CA ECU	05/12/2024	EGA Summer Championships
51	1:27.08 L	F	Cailee Adams	15	SEALE ETH	02/07/2024	Prestige Tournament 2024
52	1:27.20 L	F	Mia Groenewald	15	KTS	06/12/2024	KCASA CHAMPS 2024
53	1:27.32 L	F	Kacey Hughes	15	STSC KCD	01/02/2025	KCDA Age Group 4 2024
54	1:27.70 L	F	Cailyn Clowes	15	PSCP UMD	08/03/2025	Invitational Meet 2025
55	1:27.72 L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
56	1:28.00 L	P	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
57	1:28.25 L	P	Emma Nolan	15	MDOL JHB	29/11/2024	CGA Championships 2024
58	1:28.32 L	F	Kylie De Bruyn	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
59	1:28.33 L	P	Aliyah De Oliveira	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
60	1:28.88 L	P	Kyara Vasco	15	CDTM	26/03/2025	SA Level 3 Regional Age Group Chan
61	1:29.05 L	F	Kyrach Mack	15	STMS NM	08/02/2025	Nelson Mandela Bay Schools Trials &
62	1:29.25 L	P	Gabriella Baillie	15	LALE CED	20/03/2025	SA Level 3 Regional Age Group Chan
63	1:29.36 L	F	Lara Eckersley	15	AA JHB	29/11/2024	CGA Championships 2024
64	1:29.44 L	P	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
65	1:29.58 L	P	Kayden Mauer	15	USC BUF	20/03/2025	SA Level 3 Regional Age Group Chan
66	1:29.77 L	P	Cara Visser	15	WCS	05/04/2025	SA Schools Swimming Championship
67	1:29.79 L	P	Abbigail Kulynych	15	CA ECU	05/12/2024	EGA Summer Championships
68	1:30.30 L	F	Amy Hartung	15	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
69	1:30.41 L	P	Zia Moosa	15	KZNS	05/04/2025	SA Schools Swimming Championship
70	1:30.47 L	P	Gemma Walters	15	DORE JHB	29/11/2024	CGA Championships 2024
71	1:30.77 L	P	Cayley Hauptfleisch	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
72	1:30.86 L	F	Margo Louw	15	QSAW CED	09/11/2024	Winelands SL4
73	1:30.90 L	F	Ella Jv Rensburg	15	SS MPD	29/11/2024	Limpopo Champs 2024
74	1:30.98 L	P	Tamlyn Kew	15	EXP TSH	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
75	1:31.02 L	P	Marne' Van Rensburg	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan	
76	1:31.09 L	F	Keilah-Naomi Holthuis	15	QSAW CED	08/02/2025	Winelands SL Final	
77	1:31.15 L	F	Amy Jackson	15	TCA EKV	12/10/2024	EGA Summer 2	
78	1:31.51 L	F	Sadie Roberts	15	ASA ILD	14/06/2024	AQZ Winter Warmer 2024	
79	1:31.54 L	P	Indigo Woodburn	15	MDOL JHB	29/11/2024	CGA Championships 2024	
80	1:31.86 L	F	Scarlett Friis	15	RSA	04/10/2024	Curro AquaElite Gala	
81	1:32.17 L	P	Lili Annandale	15	BLSS MAN	04/12/2024	Free State Champs 2024	
82	1:32.24 L	P	Lehane Lategan	15	NCS	05/04/2025	SA Schools Swimming Championship	
83	1:32.32 L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024	
84	1:32.59 L	F	Almi Geyser	15	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET	
85	1:32.87 L	F	Kayla Kleynhans	15	VRC TSH	18/10/2024	NTS Level 3+ October Age Group 202	
86	1:32.92 L	P	Isabelle Welgemoed	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan	
87	1:32.94 L S	F	Sophia Wener	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024	
88	1:33.43 L	P	Leandri Grobler	15	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group Chan	
89	1:33.61 L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202	
90	1:33.63 L	F	Ava Lambropoulos	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
91	1:33.84 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024	
92	1:33.87 L	P	Kapitolina Xaba	15	SASE JHB	29/11/2024	CGA Championships 2024	
93	1:33.89 L	F	Leila Smit	15	CSC TSH	13/09/2024	NTS September Age Group 2024	
94	1:33.98 L	F	Leila Van Zyl	15	QUIC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
95	1:33.99 L	F	Kayla Koen	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
96	1:34.22 L	F	Sahana Dayaram	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja	
97	1:34.31 L	P	Megan Jansen	15	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT	
98	1:34.34 L	F	Emily Hattingh	15	CLAH BUF	08/02/2025	BCSA High School Trials 2025	
99	1:34.60 L	P	Simone Van Wyk	15	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
100	1:34.61 L	P	Caitlin Knight	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
101	1:34.75 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025	
102	1:34.85 L	F	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
103	1:35.82 L	F	Rachel Henley	15	ESTR EKV	12/10/2024	EGA Summer 2	
104	1:35.88 L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
105	1:36.03 L	F	Nasheetah Jephta	15	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET	
106	1:36.53 L	P	Keira Ellerbeck	15	H2O EKV	05/12/2024	EGA Summer Championships	
107	1:36.91 L	P	Emmah Myburgh	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham	
108	1:36.98 L	F	Talita Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
109	1:37.54 L	P	Paige Van Niekerk	15	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
110	1:37.56 L	P	Christé Franck	15	JAQ EKV	05/12/2024	EGA Summer Championships	
111	1:37.67 L	P	Mariné Pretorius	15	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group Chan	
112	1:38.03 L	P	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024	
113	1:38.35 L	P	Katya O'Brien	15	MDOL JHB	29/11/2024	CGA Championships 2024	
114	1:38.37 L	F	Carla Munro	15	PSCP UMD	08/03/2025	Invitational Meet 2025	
115	1:38.56 L	F	Larissa Bouwer	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja	
116	1:38.97 L	P	Kyra Home	15	AA JHB	29/11/2024	CGA Championships 2024	
117	1:39.39 L	F	Melinda Dippenaar	15	BS LLD	14/02/2025	Neptune Last Chance Gala	
118	1:39.40 L	F	Mia Pienaar	15	BULS MAN	13/09/2024	Pelicans Age Group Gala	
119	1:39.65 L	F	Jani Visagie	15	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025	
120	1:39.88 L	F	Ilze Olley	15	ACAP CCD	29/11/2024	Limpopo Champs 2024	
121	1:39.95 L	F	Hannah Du Toit	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
122*	1:40.48 L	F	Lika Vd Merwe	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
122*	1:40.48 L	P	Melandri Vermaak	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
124	1:40.82 L	F	Marika Raimond	15	TYGE CPT	09/11/2024	Swartland Prestige Gala 2024	
125	1:40.86 L	F	Alexah Furman	15	RACE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja	
126	1:40.98 L	F	Tara Saint	15	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024	
127	1:41.45 L	P	Madisson De Bruyn	15	AFIN JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
128	1:41.50 L	F	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
129	1:41.61 L	P	Alexandra Sheppard	15	STAR BPD	28/03/2025	SA Level 2 Regional Age Group Cham	
130	1:41.71 L	F	Jesse Kirsten	15	BLOT MAN	06/09/2024	Bull Sharks Annual Gala	
131	1:42.38 L	F	McKenzie Jones	15	ESTR EKV	26/10/2024	Summer 3 Delville	
132	1:42.41 L	F	Diëm Peens	15	CUHE OBD	28/03/2025	SA Level 2 Regional Age Group Cham	
133	1:42.48 L	F	Macayle Eisen	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
134	1:43.00	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024
135	1:43.16	L	P	Buhlebemvelo Mdluli	15	WSTV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
136	1:43.19	L	F	Erin Olivier	15	ASAC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
137	1:43.91	L	F	Oratile Matli	15	ESTR ECU	26/10/2024	Summer 3 Delville
138	1:44.29	L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham
139	1:44.77	L	F	Mia Koen	15	BULS MAN	11/10/2024	Otters Prestige Gala 2024
140	1:44.81	L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
141	1:45.05	L	F	Atlegang Mogotsi	15	ESTR ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
142	1:45.49	L	F	Tamsyn Thomson	15	UCT CPT	20/02/2025	Inter High 2025
143	1:45.56	L	P	Yamahlubi Radebe	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
144	1:45.65	L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
145	1:46.33	L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
146	1:46.39	L	F	Rozel Scholtz	15	STELL RMD	09/11/2024	NWS Age Group 1 & 2 2024
147	1:46.48	L	F	Kiara Storm	15	USH KCD	26/10/2024	Froggies Aquatics Championships 202
148	1:46.52	L	P	Anieke Prinsloo	15	BETH FDD	04/12/2024	Free State Champs 2024
149	1:47.17	L S	F	Layla Isaacs	15	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
150*	1:47.33	L	P	Surene Kleingeld	15	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
150*	1:47.33	L	F	Miane Kasselmann	15	WES KK	28/02/2025	NW School Championships 2025
152	1:47.48	L	F	Caitlyn Dukoff - Gordon	15	CA ECU	18/01/2025	EGA Summer 5
153	1:47.79	L	F	Ariel De Bruyn	15	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
154	1:48.87	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
155	1:48.92	L	F	Karla Lemmer	15	USH KCD	26/10/2024	Froggies Aquatics Championships 202
156	1:49.20	L	F	Samara Prinsloo	15	STSC KCD	25/01/2025	uShaka Champs 2025
157	1:49.31	L	P	Sandisiwe Mkhathswa	15	MAKO ECU	05/12/2024	EGA Summer Championships
158	1:49.97	L	F	Malakai Jooste	15	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
159	1:50.18	L	F	Mia-Ann Van der Westhuizen	15	LALE CED	22/02/2025	Swartland Invitational Gala 2025
160	1:50.55	L	P	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
161	1:50.75	L	F	Ilne Bruwer	15	BLSS MAN	11/10/2024	Otters Prestige Gala 2024
162*	1:50.90	L	F	Mila Volschenk	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
162*	1:50.90	L	P	Skyla Reddy	15	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025-EGA
164	1:51.30	L	F	Sofiya Talip	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
165	1:51.45	L	F	Callen Campbell	15	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
166	1:52.53	L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
167	1:54.33	L	F	Emilia de Freitas	15	MAKO ECU	12/10/2024	EGA Summer 2
168	1:54.81	L	P	Bokang Seheri	15	USHAK ECU	05/12/2024	EGA Summer Championships
169	1:55.52	L	F	Jacqueline Pieterse	15	FSE KCD	07/12/2024	Stingrays Champs 2024
170	1:56.99	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
171	1:57.10	L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
172	1:57.47	L	F	Zephani Adams	15	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
173	1:57.56	L	F	Hannaan Mia	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
174	1:58.83	L	F	Leila Visser	15	FAAC	08/02/2025	NCASA SPRINTS 2025
175	1:58.86	L	F	Anco Nel	15	FRAM NMA	22/02/2025	Eastern Cape School Provincial Trials
176	2:00.29	L	F	Isabel Landman	15	NWUC KKD	07/12/2024	NWS Championships 2024
177	2:04.50	L	F	Victoria Holfeld	15	CA ECU	26/10/2024	Summer 3 Delville
178	2:05.64	L	F	Lutendo Mphelo	15	BLSS MAN	14/02/2025	Neptune Last Chance Gala
179	2:07.50	L	F	Emily Noel	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
180	2:09.02	L	F	Linmari Duvenage	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
181	2:09.29	L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
182	2:13.98	L	F	Johanika Groenewald	15	UNIUR EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
183	2:23.12	L	F	Mamello Mabuza	15	ESP ECU	26/10/2024	Summer 3 Delville
184	2:41.67	L	F	Takira Petersen	15	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
185	2:42.77	L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
186	2:43.12	L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024
Women 200 Breast								
1	2:35.95	L	F	Tchisank Banza	15	MP EZD	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:45.52	L S	F	Zuria Venter	15	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
3	2:47.91	L S	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
4	2:50.54	L S	F	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
5	2:50.97	L	F	Clarisè Van Niekerk	15	TUKS TSH	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
6	2:51.73 L S	P	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
7	2:53.47 L	F	Izarra Ganas	15	KZNS	05/04/2025	SA Schools Swimming Championship
8	2:54.17 L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
9	2:54.54 L	F	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
10	2:54.77 L S	F	Izarra Ganas	15	ACSA ETH	25/04/2025	SA National Junior Age Grou-WCA 20
11	2:56.19 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
12	2:56.33 L S	F	Jenna Morris	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
13	2:57.22 L	F	Anja Buitendach	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
14	2:58.12 L	F	Mikayla Frösler	15	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
15	2:58.49 L S	F	Emma Pinheiro	15	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
16	2:58.72 L	F	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships
17	2:59.05 L	P	MacKenzie Bone	15	GAUS	05/04/2025	SA Schools Swimming Championship
18	2:59.98 L	F	Chanel Van Tonder	15	SEAL UMD	08/03/2025	Invitational Meet 2025
19	3:00.34 L S	F	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
20	3:01.52 L	F	Nicola Carver	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
21	3:01.60 L	F	Caileigh De Beer	15	UCT CPT	20/02/2025	Inter High 2025
22	3:02.07 L	F	Cailyn Clowes	15	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
23	3:02.20 L S	P	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
24	3:02.27 L	F	Keira-Lize Martins	15	H2O EKU	05/12/2024	EGA Summer Championships
25	3:02.80 L S	F	Inneke Liebenberg	15	POTC KKD	07/12/2024	NWS Championships 2024
26	3:03.23 L	P	Ona-Mari Van Niekerk	15	FISH EDD	14/02/2025	Western Cape Elite Gala 2025
27	3:03.86 L S	P	Robyn-Rae Purdon	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
28*	3:04.01 L	F	Madison Smith	15	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
28*	3:04.01 L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
30	3:04.49 L	F	Whitney Lauf	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
31	3:04.63 L	F	Gemma Walters	15	DORE JHB	29/11/2024	CGA Championships 2024
32	3:04.88 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
33	3:05.09 L S	P	Riley Prinsloo	15	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
34	3:05.18 L	P	Ada Barnard	15	SWAR WCD	05/12/2024	Western Cape LC-A Championship 20
35	3:05.30 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
36	3:05.72 L	F	Eva Dal Cin	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
37	3:05.81 L	F	Emma Nolan	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
38	3:05.95 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
39	3:06.73 L	P	Talitha Schuch	15	LEGC ETH	26/03/2025	SA Level 3 Regional Age Group Chan
40	3:07.25 L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
41	3:08.16 L S	F	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
42	3:09.57 L	P	Cayley Hauptfleisch	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
43	3:09.83 L	F	Hyzel Hutchison	15	GHSK	06/12/2024	NCASA CHAMPS 2024
44	3:09.93 L	F	Gabriella Baillie	15	LALE CED	20/03/2025	SA Level 3 Regional Age Group Chan
45	3:10.00 L	P	Cailee Adams	15	SEALE ETH	02/07/2024	Prestige Tournament 2024
46	3:10.12 L	F	Sydni Adams	15	VINE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
47	3:10.15 L	F	Jessica Davies	15	VIKI BUF	02/11/2024	BCA November Age Group Gala SC 21
48	3:11.44 L	F	Cara Rossouw	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
49	3:13.24 L	F	Leah Markgraaff	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
50	3:13.48 L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
51	3:13.71 L	P	Kyara Vasco	15	CDTM	26/03/2025	SA Level 3 Regional Age Group Chan
52	3:13.79 L	P	Megan Mayhew	15	WATR JHB	29/11/2024	CGA Championships 2024
53	3:14.01 L	P	Zia Moosa	15	KZNS	05/04/2025	SA Schools Swimming Championship
54	3:14.41 L	F	Mikaela Johst	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
55	3:14.92 L	F	Arne' Dreyer	15	STAQ CED	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
56	3:15.58 L	P	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships
57	3:16.70 L	P	Kayden Mauer	15	USC BUF	20/03/2025	SA Level 3 Regional Age Group Chan
58	3:17.20 L	F	Kacey Hughes	15	STSC KCD	09/11/2024	KCDA Age Goup 2 2024
59	3:18.11 L	F	Almi Geyser	15	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET
60	3:18.16 L	F	Abbigail Kulynych	15	CA EKU	01/02/2025	EGA Last Chance Gala
61	3:18.47 L	F	Emily Hattingh	15	CLAH BUF	08/02/2025	BCSA High School Trials 2025
62	3:19.48 L S	F	Caitlin Rossiter	15	HREF BPD	07/12/2024	NWS Championships 2024
63	3:19.73 L	F	Tamlyn Kew	15	EXP TSH	27/03/2025	SA Level 2 Champs 2025 EGA
64	3:19.82 L	F	Ella Jv Rensburg	15	SS MPD	09/11/2024	Limpopo Age Group 5

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
65	3:20.70 L	F	Kayla Koen	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
66	3:20.73 L	F	Indigo Woodburn	15	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I	
67	3:22.16 L	F	Nasheetah Jephta	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024	
68	3:22.27 L	F	Scarlett Friis	15	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024	
69	3:22.33 L	F	Kyrach Mack	15	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group Chan	
70	3:23.27 L	P	Hana Duncan	15	FSS	05/04/2025	SA Schools Swimming Championship	
71	3:23.46 L	F	Marlo Lensing	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024	
72	3:24.10 L	F	Emmah Myburgh	15	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024	
73	3:24.14 L	F	Ava Lambropoulos	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
74	3:24.72 L	P	Sahana Dayaram	15	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT	
75	3:25.04 L	F	Liane' de Wet	15	TRALI MAN	20/02/2025	Inter High 2025	
76	3:25.82 L	P	Kapitolina Xaba	15	SASE JHB	29/11/2024	CGA Championships 2024	
77	3:26.38 L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships	
78	3:26.55 L	P	Rachel Henley	15	ESTR EKU	05/12/2024	EGA Summer Championships	
79	3:28.73 L	F	Stephanie Dannhauser	15	TKS WBD	09/11/2024	Limpopo Age Group 5	
80	3:29.07 L	F	Simone Van Wyk	15	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
81	3:29.19 L	F	Mariné Pretorius	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025	
82	3:29.29 L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
83	3:29.48 L	F	Jani Visagie	15	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025	
84	3:30.41 L S	F	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024	
85	3:32.35 L	F	Inge Vd Walt	15	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
86	3:32.71 L	F	Melinda Dippenaar	15	UCT CPT	20/02/2025	Inter High 2025	
87	3:33.85 L	F	Paige Van Niekerk	15	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
88	3:33.96 L	F	Lika Vd Merwe	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
89	3:34.03 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships	
90	3:34.90 L	F	Talita Wessels	15	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	
91	3:35.23 L	P	Leandri Grobler	15	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group Chan	
92	3:35.68 L	F	Ilze Olley	15	ACAA CCD	29/11/2024	Limpopo Champs 2024	
93	3:35.70 L	P	Buhlebemvelo Mdluli	15	WSTV ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
94	3:36.10 L	F	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
95	3:36.11 L	P	Tuhina Asharam	15	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
96	3:36.67 L	F	Mia Pienaar	15	BULS MAN	13/09/2024	Pelicans Age Group Gala	
97	3:36.93 L	P	Diëm Peens	15	CUHE QBD	28/03/2025	SA Level 2 Regional Age Group Cham	
98	3:38.01 L	F	Lethabo Masemola	15	ELEC TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
99	3:38.74 L	P	Kyra Home	15	AA JHB	29/11/2024	CGA Championships 2024	
100	3:39.60 L	F	Alexandra Sheppard	15	STAR BPD	28/03/2025	SA Level 2 Regional Age Group Cham	
101	3:42.55 L	P	Carla Munro	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
102	3:45.56 L	F	Nicole Senekal	15	TKS WBD	12/10/2024	Limpopo Age Group 4	
103*	3:46.74 L	F	Karla Lemmer	15	USH KCD	25/01/2025	uShaka Champs 2025	
103*	3:46.74 L	F	Rozel Scholtz	15	STELL RMD	28/03/2025	SA Level 2 Regional Age Group Cham	
105	3:46.84 L	F	Surene Kleingeld	15	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
106	3:50.08 L	F	Yamahlubi Radebe	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
107	3:50.22 L	F	Atlegang Mogotsi	15	ESTR EKU	01/02/2025	EGA Last Chance Gala	
108	3:50.79 L	F	Jessie Ludick	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
109	3:51.35 L	F	Ilne Bruwer	15	BLSS MAN	27/09/2024	Seals Gala 2	
110	3:51.46 L	F	Kiara Storm	15	USH KCD	26/10/2024	Froggies Aquatics Championships 202	
111	3:53.78 L	F	Nina Cloete	15	FISH EDD	30/11/2024	Eden LC Champs 2024	
112	3:56.63 L	P	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham	
113	3:57.91 L	F	Tamsyn Thomson	15	BULS MAN	13/09/2024	Pelicans Age Group Gala	
114	3:58.75 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	09/11/2024	Winelands SL4	
115	3:59.65 L	F	Elandri Du Randt	15	BETH FDD	15/11/2024	Valsrivier Gala 2024	
116	4:01.59 L	F	Khanyolwethu Fokazi	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024	
117	4:01.78 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024	
118	4:06.48 L	F	Nieke Engelbrecht	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025	
119	4:13.81 L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
120	4:16.87 L	F	Sofiya Talip	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024	
121	4:17.79 L	P	Bokang Seheri	15	USHAK EKU	05/12/2024	EGA Summer Championships	
122	4:28.06 L	F	Lutendo Mphelo	15	BLSS MAN	27/09/2024	Seals Gala 2	
123	4:38.49 L	F	Jayme Roebuck	15	CA EKU	15/11/2024	Summer 4 Delville	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 50 Fly							
1	28.07 L	F	Abigail Kotze	15	TYGE CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
2	28.47 L S	F	Giuliana Vyncke	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
3	29.54 L	F	Christina Orchard	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
4	29.64 L	F	Bailey Lambert	15	SEAL UMD	05/12/2024	Western Cape LC-A Championship 20
5	29.91 L	F	Sienna Gous	15	INFA NMA	13/12/2024	NMBA Championships 2024
6	30.23 L	F	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
7	30.27 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
8	30.39 L	F	Sophia Trout	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
9	30.45 L	F	Madison Higgs	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
10	30.53 L	F	Amara Okoye	15	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
11	30.61 L	F	Gemma Walters	15	DORE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
12	30.67 L	F	Payton Aitken	15	WSTV ETH	25/01/2025	uShaka Champs 2025
13	30.84 L	F	Carla Dannhauser	15	LPS	05/04/2025	SA Schools Swimming Championship
14	31.00 L	F	Riziki Magotsi	15	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2
15	31.04 L	P	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
16	31.14 L	P	Payton Aitken	15	KZNS	05/04/2025	SA Schools Swimming Championship
17	31.16 L	F	Casey Bruwer	15	AACATA CPT	02/11/2024	CTA A & B CHAMPS 2024
18	31.32 L	P	Cara Visser	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
19	31.37 L	P	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
20	31.40 L	F	Izarra Ganas	15	KZNS	05/04/2025	SA Schools Swimming Championship
21	31.49 L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024	EGA Summer Championships
22	31.54 L	F	Kacey Hughes	15	STSC KCD	25/01/2025	uShaka Champs 2025
23	31.55 L	F	Milan Ferreira	15	LPS	05/04/2025	SA Schools Swimming Championship
24	31.58 L	P	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
25	31.59 L	F	Sylvie de Bruyn	15	TRALI MAN	20/02/2025	Inter High 2025
26	31.62 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
27	31.65 L	F	Lize-Marie Kruger	15	BLNE MAN	14/02/2025	Neptune Last Chance Gala
28	31.67 L	P	Shalem Mashingaidze	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
29	31.70 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
30	31.76 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
31	31.91 L	F	Jamie-Lee Graham	15	AA JHB	29/11/2024	CGA Championships 2024
32	31.94 L	S	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
33	31.97 L	F	Kacey Hughes	15	KZNS	05/04/2025	SA Schools Swimming Championship
34	31.98 L	F	Tara Saint	15	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group Chan
35	32.08 L	F	Paige Meeser	15	CA ECU	05/12/2024	EGA Summer Championships
36	32.10 L	F	Kerrigan Hayes	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
37	32.12 L	F	Milla Hulse	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
38	32.13 L	P	Milla Hulse	15	KZNS	05/04/2025	SA Schools Swimming Championship
39	32.18 L	F	Annabell Sirrals	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
40	32.21 L	F	Danielle Grobler	15	BLOT MAN	04/12/2024	Free State Champs 2024
41	32.26 L	F	Ella-Mae Henning	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
42	32.27 L	F	Sharni-Marie Watson	15	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
43	32.30 L	F	Stephanie Dannhauser	15	TKS WBD	09/11/2024	Limpopo Age Group 5
44	32.43 L	P	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
45*	32.52 L	P	Kaylin Fabricius	15	BARR CPT	05/12/2024	Western Cape LC-A Championship 20
45*	32.52 L	P	Blake Morris	15	GAUS	05/04/2025	SA Schools Swimming Championship
47*	32.56 L	F	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
47*	32.56 L	F	Evelyn Malan	15	TUKS TSH	22/02/2025	EGA Lets Sprint Incorpor Gauteng Scho
49	32.58 L	P	Leila Springer	15	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
50*	32.61 L	P	Jade Van Vuuren	15	WATR JHB	29/11/2024	CGA Championships 2024
50*	32.61 L	F	Alexis Muller	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
52	32.63 L	F	Emma Nolan	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
53	32.84 L	P	Cara Rossouw	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
54	32.88 L	F	Ava Strong	15	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials
55	32.91 L	F	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
56	32.98 L	F	Tessa Battheu	15	TUKS TSH	13/09/2024	NTS September Age Group 2024
57	32.99 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
58*	33.00 L	P	Juanè Burger	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58*	33.00 L	F	Odette Upton	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
60	33.04 L	F	Keona Landman	15	AACATA CPT	02/11/2024	CTA A & B CHAMPS 2024
61	33.06 L	P	Caitlin Rossiter	15	HREF BPD	25/04/2025	SA National Junior Age Grou-WCA 20
62	33.12 L	P	Carle Hager	15	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
63	33.13 L	F	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Chan
64	33.17 L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
65	33.20 L	P	Jenna Morris	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
66	33.33 L	P	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
67	33.34 L	P	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
68	33.42 L	P	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
69	33.45 L	F	Kayla Kleynhans	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
70	33.53 L	F	Caileigh De Beer	15	BLOT MAN	04/12/2024	Free State Champs 2024
71	33.64 L	P	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
72	33.67 L	F	Sydni Adams	15	VINE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
73	33.80 L	F	Emily Hattingh	15	CLAH BUF	08/02/2025	BCSA High School Trials 2025
74	33.87 L	F	Mikayla Frösler	15	PEAS NMA	31/01/2025	Infinity Gala 2025
75	33.89 L	P	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
76	33.93 L	F	Anja Volschenk	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
77	33.96 L	F	Sulize Henning	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
78	34.05 L	F	Clarisè Van Niekerk	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
79	34.06 L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
80	34.07 L	F	Payton Groger	15	RSA	04/10/2024	Curro AquaElite Gala
81	34.08 L	F	Mia Groenewald	15	KTS	06/12/2024	NCASA CHAMPS 2024
82	34.16 L	P	Caitlin Camacho	15	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
83	34.20 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
84	34.22 L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
85	34.24 L	F	Ariel De Bruyn	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
86	34.41 L	P	Ona-Mari Van Niekerk	15	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan
87	34.43 L	F	Emma Hagglund	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024
88	34.48 L S	F	Jemma Hendricks	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
89	34.60 L	F	Cailyn Clowes	15	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
90	34.74 L	P	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
91	34.79 L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
92	34.81 L	P	Taylor Kassebaum	15	AA JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
93	34.86 L	F	Jessica Stedall	15	WWOL TSH	18/10/2024	NTS Level 3+ October Age Group 202
94*	34.87 L	F	Aryana Cloete-Hopkins	15	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
94*	34.87 L	F	Madison Smith	15	CA EKU	18/01/2025	EGA Summer 5
96	34.95 L	F	Megan Jansen	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
97	34.97 L	F	Roslyn Ramoholi	15	RSA	04/10/2024	Curro AquaElite Gala
98	35.02 L	P	Kristen Burt	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
99	35.03 L	P	Tatum Topliss	15	CA EKU	05/12/2024	EGA Summer Championships
100	35.06 L	P	Kyrach Mack	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
101*	35.08 L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
101*	35.08 L	P	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
101*	35.08 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
104	35.10 L	F	Macayle Eisen	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
105	35.23 L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A
106	35.31 L	F	Mienke Kempen	15	LALE CED	08/02/2025	Winelands SL Final
107	35.51 L	F	Inge Vd Walt	15	DDA TSH	13/09/2024	NTS September Age Group 2024
108	35.57 L	F	Erin Olivier	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
109	35.65 L	P	Anieke Prinsloo	15	BETH FDD	04/12/2024	Free State Champs 2024
110*	35.70 L	F	Isabelle Welgemoed	15	BLSS MAN	15/11/2024	Valsrivier Gala 2024
110*	35.70 L	F	Sophia Wener	15	VINE CPT	08/02/2025	WCA-B Champs - 2025
112	35.71 L	P	Lara Eckersley	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
113*	35.75 L	P	Rachel Fairweather	15	WATR JHB	29/11/2024	CGA Championships 2024
113*	35.75 L	F	Arne' Dreyer	15	STAQ CED	09/11/2024	Winelands SL4
115	35.78 L	F	Ava Newton	15	CASC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
116	35.94 L	F	Ella Jv Rensburg	15	SS MPD	12/10/2024	Limpopo Age Group 4
117*	35.96 L	P	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
117*	35.96 L	F	Amy Jackson	15	TCA EKU	12/10/2024	EGA Summer 2
119	36.01 L	F	Paige Van Niekerk	15	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA
120	36.02 L	P	Shayla Whyte	15	MDOL JHB	29/11/2024	CGA Championships 2024
121	36.06 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
122*	36.11 L	P	Jesse Kirsten	15	BLOT MAN	04/12/2024	Free State Champs 2024
122*	36.11 L	P	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
124	36.14 L	P	Zoe Steyn	15	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
125	36.25 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024
126	36.37 L	F	Margo Senekal	15	TYGE CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
127	36.40 L	P	Hannah Struwig	15	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
128	36.58 L	F	Hyzel Hutchison	15	GHSK	08/02/2025	NCASA SPRINTS 2025
129	36.59 L	F	Keira-Lize Martins	15	H2O EKU	01/02/2025	EGA Last Chance Gala
130	36.66 L	P	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
131	36.70 L	P	Talitha Schuch	15	LEGC ETH	02/07/2024	Prestige Tournament 2024
132	36.72 L	F	Erin Stead	15	FRA KCD	01/02/2025	KCDA Age Group 4 2024
133	36.81 L	F	Elme Swanepoel	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
134	36.82 L	P	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
135	36.84 L	F	Lara Janse van Rensburg	15	NHS EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
136	37.01 L	F	Jolane Holtzhausen	15	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
137	37.03 L	P	Carmen Stapelberg	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
138	37.09 L	P	Simone Van Wyk	15	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
139	37.14 L	F	Leandri Grobler	15	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group Chan
140	37.18 L	F	Ava Lambropoulos	15	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 20
141	37.29 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
142	37.34 L	P	Jessica Davies	15	VIKI BUF	15/06/2024	PEA Winter Gala 2024
143	37.39 L	F	Oratile Matli	15	ESTR EKU	12/10/2024	EGA Summer 2
144	37.55 L	F	Keilah-Naomi Holthuis	15	QSAW CED	09/11/2024	Winelands SL4
145	37.60 L	P	Abigail Suckling	15	FSE KCD	31/03/2025	SA Level 2 Champs 2025-KZN
146	37.65 L	P	Robyn-Rae Purdon	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
147	37.73 L	F	Elme Vermaak	15	FRAM NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
148	37.78 L	F	Kayden Mauer	15	SHS KK	08/02/2025	BCSA High School Trials 2025
149	37.82 L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
150	37.83 L	F	Rozel Scholtz	15	STELL RMD	28/03/2025	SA Level 2 Regional Age Group Cham
151	37.89 L	F	Sulize Kruger	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
152	37.94 L	P	Kayla Koen	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
153	37.96 L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
154	38.00 L	F	Keira Ellerbeck	15	H2O EKU	18/01/2025	EGA Summer 5
155	38.16 L	F	Botlhe Machona	15	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
156	38.17 L	F	Jamie Napier	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
157	38.22 L	P	Kyra Home	15	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
158	38.23 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
159	38.27 L	F	Tamsyn Thomson	15	BULS MAN	14/02/2025	Neptune Last Chance Gala
160	38.29 L	P	Emmah Myburgh	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
161	38.32 L	P	Shane Swarts	15	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
162	38.44 L	F	Lehane Lategan	15	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
163	38.49 L	F	Diëm Peens	15	CUHE OBD	28/03/2025	SA Level 2 Regional Age Group Cham
164	38.92 L	F	Rachel Henley	15	ESTR EKU	12/10/2024	EGA Summer 2
165	39.02 L	P	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
166	39.17 L	F	Sofiya Talip	15	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
167	39.27 L	F	Talita Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
168	39.35 L	F	Zephani Adams	15	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
169	39.70 L S	F	Jessie Ludick	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
170	39.71 L	P	Megan Horn	15	SS MPD	27/03/2025	SA Level 2 Champs 2025-EGA
171	39.75 L	P	Rerapetse Ramohale	15	RBOT BPD	28/03/2025	SA Level 2 Regional Age Group Cham
172	39.76 L	P	Melinda Dippenaar	15	BS LLD	28/03/2025	SA Level 2 Regional Age Group Cham
173	39.94 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	09/11/2024	Winelands SL4
174*	40.12 L	P	Bianca Potgieter	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
174*	40.12 L	F	Takiyah Maclou	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
176	40.22 L	F	Jhuliana Lamprecht	15	CA EKU	12/10/2024	EGA Summer 2

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	40.26 L	F	Kiara Storm	15	USH KCD	09/11/2024	KCDA Age Goup 2 2024
178	40.64 L	F	Jasmine Hirshovitz	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
179	40.73 L	P	Elandri Du Randt	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
180	40.82 L	F	Miane Kasselmann	15	WES KK	28/02/2025	NW School Championships 2025
181	40.88 L	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
182	40.96 L	F	Audrey Stander	15	STAQ CED	25/01/2025	Winelands JLfin
183	41.43 L	F	Mariné Pretorius	15	UPSK ZMD	26/10/2024	KALAHARI CLASSIC
184	41.46 L	F	Leah Davel	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
185*	41.48 L S	F	Nasheetah Jephta	15	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
185*	41.48 L	F	Nicole Senekal	15	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
187	41.50 L	F	Chloe Coetsee	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
188	41.76 L	P	Tuhina Asharam	15	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN
189	42.01 L	P	Kyara Vasco	15	CDTM	26/03/2025	SA Level 3 Regional Age Group Chan
190	42.16 L	F	Siliziwe Giyose	15	USC BUF	13/07/2024	1st A League Gala 2024
191	42.24 L	F	Lilli-Hanna Black	15	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Cham
192	42.41 L	F	Taylin Van Wyk	15	PENC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
193	42.55 L	P	Isabelle Botha	15	PGAC EKU	27/03/2025	SA Level 2 Champs 2025 EGA
194	42.79 L	F	Chane' Fourie	15	RSA	04/10/2024	Curro AquaElite Gala
195	43.00 L	F	Mamello Mabuza	15	ESP EKU	01/02/2025	EGA Last Chance Gala
196	43.01 L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024
197	43.03 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
198	43.14 L S	F	Helena Rookoen-Smith	15	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET
199	43.25 L	F	Emilia de Freitas	15	MAKO EKU	12/10/2024	EGA Summer 2
200	43.30 L	F	Callen Campbell	15	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
201	43.49 L	P	Mia Pienaar	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
202	43.63 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
203	43.72 L	P	Skyla Reddy	15	SWIFT EKU	27/03/2025	SA Level 2 Champs 2025-EGA
204	43.77 L	F	Leigh Chung Kim Yuen	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
205	43.88 L	F	Mia Koen	15	BULS MAN	09/11/2024	Bull Sharks Gala
206	44.29 L	F	Hannan Mia	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
207	44.53 L	F	Keone Molapo	15	RFA TSH	13/09/2024	NTS September Age Group 2024
208	44.90 L	F	Lucie Jakob	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
209	45.25 L	F	Jamie Franzsen	15	HPHS BUF	08/02/2025	BCSA High School Trials 2025
210	45.54 L	P	Atlegang Mogotsi	15	ESTR EKU	27/03/2025	SA Level 2 Champs 2025-EGA
211	45.61 L	F	Alexah Furman	15	RACE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
212	45.64 L	P	Larissa Bouwer	15	DORE JHB	29/11/2024	CGA Championships 2024
213	46.14 L	F	Hannah Myburgh	15	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
214	46.37 L	P	Surene Kleingeld	15	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
215	46.59 L	F	Isabel Landman	15	PGIM KKD	28/02/2025	NW School Championships 2025
216	47.20 L	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024	EGA Summer Championships
217	47.42 L	F	Karla Lemmer	15	USH KCD	25/01/2025	uShaka Champs 2025
218	47.66 L	F	Lyla Shekel	15	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
219	48.17 L	F	Malakai Jooste	15	CUHE QBD	09/11/2024	Swartland Prestige Gala 2024
220	48.29 L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
221	48.48 L	F	Victoria Holfeld	15	CA EKU	12/10/2024	EGA Summer 2
222	49.08 L	P	Yamahlubi Radebe	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
223	50.37 L	F	Jayme Roebuck	15	CA EKU	12/10/2024	EGA Summer 2
224	50.54 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
225	50.95 L	F	Shauna Hoole	15	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
226	51.81 L	F	Khanyolwethu Fokazi	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
227	52.05 L	F	Ilze Olley	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A
228	52.36 L	F	Dheeya Patel	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
229	53.04 L	F	Leila Visser	15	FAAC	08/02/2025	NCASA SPRINTS 2025
230	54.51 L	F	Lutendo Mphelo	15	BLSS MAN	01/03/2025	Provincial Level 1 Age Group
231	55.01 L	F	Celia Carpinteiro	15	CA EKU	26/10/2024	Summer 3 Delville
232	56.25 L	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
233	1:11.56 L	F	Bokang Seheri	15	USHAK EKU	12/10/2024	EGA Summer 2
234	1:12.91 L	F	Takira Petersen	15	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
235	1:24.83 L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women	100 Fly							
1	1:01.78 L S	F	Abigail Kotze	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA	20
2	1:03.02 L	P	Giuliana Vyncke	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ	202
3	1:06.14 L	F	Sienna Gous	15	INFA NMA	15/06/2024	PEA Winter Gala	2024
4	1:07.67 L S	F	Madison Higgs	15	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA	20
5	1:08.67 L	F	Bailey Lambert	15	SEAL UMD	02/07/2024	Prestige Tournament	2024
6	1:09.02 L S	F	Sophia Trout	15	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA	20
7	1:09.11 L S	F	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA	20
8	1:09.29 L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024	EGA Summer Championships	
9*	1:09.87 L S	F	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA	20
9*	1:09.87 L	F	Riziki Magotsi	15	RSA	04/12/2024	XX AA Zone IV LC Championships	4-7
11	1:09.93 L S	F	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship	20
12*	1:10.23 L	F	Zuria Venter	15	CA ECU	01/02/2025	EGA Last Chance Gala	
12*	1:10.23 L S	F	Emma Pinheiro	15	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA	20
14	1:10.35 L	P	Kacey Hughes	15	KZNS	05/04/2025	SA Schools Swimming Championship	
15	1:10.72 L	F	Kacey Hughes	15	STSC KCD	25/01/2025	uShaka Champs	2025
16	1:10.87 L	P	Jamie-Lee Graham	15	AA JHB	29/11/2024	CGA Championships	2024
17	1:10.98 L	F	Shalem Mashingaidze	15	WATR JHB	22/02/2025	EGA Lets Sprint Incorpor Gauteng Scho	
18	1:11.02 L	P	Cara Visser	15	WCS	05/04/2025	SA Schools Swimming Championship	
19	1:11.10 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER	2
20	1:11.24 L S	F	Lize-Marie Kruger	15	BLNE MAN	04/12/2024	Free State Champs	2024
21	1:11.99 L S	P	Cara Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship	20
22	1:12.42 L	F	Carla Dannhauser	15	TKS WBD	20/03/2025	SA Level 3 Champs	2025-NT
23	1:12.56 L S	P	Gemma Walters	15	DORE JHB	25/04/2025	SA National Junior Age Grou-WCA	20
24	1:12.59 L	P	Ava Strong	15	PEAS NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet	-N
25	1:12.73 L	P	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala	2024
26	1:12.92 L	F	Evelyn Malan	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group	202
27	1:12.99 L S	P	Leila Springer	15	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA	20
28*	1:13.18 L S	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship	20
28*	1:13.18 L S	P	Danielle Grobler	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA	20
30	1:13.20 L S	P	Amara Okoye	15	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA	20
31	1:13.60 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational	2025
32	1:14.35 L S	P	Tessa Battheu	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA	20
33	1:14.79 L	F	Abigail Blake	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
34	1:15.25 L S	P	Sylvie de Bruyn	15	BULS MAN	25/04/2025	SA National Junior Age Grou-WCA	20
35	1:15.59 L	F	Caileigh De Beer	15	BLOT MAN	11/10/2024	Otters Prestige Gala	2024
36	1:15.83 L S	P	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA	20
37	1:15.95 L S	P	Jade Van Vuuren	15	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA	20
38	1:16.11 L	F	Cailyn Clowes	15	PSCP UMD	08/03/2025	Invitational Meet	2025
39	1:16.12 L	F	Alexis Muller	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan	
40	1:16.28 L	F	Sharni-Marie Watson	15	HPS TSH	20/03/2025	SA Level 3 Champs	2025-NT
41	1:16.69 L	F	Ella-Mae Henning	15	VRC TSH	22/02/2025	EGA Lets Sprint Incorpor Gauteng Scho	
42	1:16.73 L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan	
43	1:17.29 L	P	Annabell Sirrals	15	TUKS TSH	20/03/2025	SA Level 3 Champs	2025-NT
44	1:17.53 L	F	Scarlett Friis	15	KLOO ETH	02/07/2024	Prestige Tournament	2024
45	1:17.59 L	P	Madison Smith	15	CA ECU	20/03/2025	SA Level 3 Champs	2025-NT
46	1:17.63 L	F	Odette Upton	15	TKS WBD	29/11/2024	Limpopo Champs	2024
47	1:17.82 L	F	Maria Barreiros	15	ELEC TSH	20/03/2025	SA Level 3 Champs	2025-NT
48	1:18.66 L	F	Mikayla Frösler	15	PEAS NMA	13/12/2024	NMBA Championships	2024
49	1:18.72 L S	F	Emma Hagglund	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS	2024
50	1:18.74 L S	F	Juanè Burger	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS	2024
51	1:18.85 L	F	Ariel De Bruyn	15	CSA EZD	29/11/2024	Mpumalanga Championships	2024
52	1:19.17 L	F	Elizabeth Viljoen	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
53	1:19.19 L	F	Tatum Topliss	15	CA ECU	05/12/2024	EGA Summer Championships	
54	1:19.51 L	F	Kayla Kleynhans	15	VRC TSH	20/03/2025	SA Level 3 Champs	2025-NT
55	1:19.88 L	F	Kaylin Fabricius	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
56	1:20.12 L S	F	Lili Annandale	15	BLSS MAN	04/12/2024	Free State Champs	2024
57	1:20.31 L	F	Caitlin Camacho	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group	20
58	1:20.72 L	F	Marike Raimond	15	TYGE CPT	09/11/2024	Swartland Prestige Gala	2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	1:21.43 L	F	Tara Saint	15	KLOO ETH	02/07/2024	Prestige Tournament 2024
60	1:21.44 L	F	Emily Hattingh	15	CLAH BUF	08/02/2025	BCSA High School Trials 2025
61	1:21.50 L	P	Kristen Burt	15	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
62	1:21.57 L	F	Madison Coleman	15	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
63	1:21.58 L	F	Tchisank Banza	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
64	1:21.64 L	P	Keira-Lize Martins	15	H2O EKU	05/12/2024	EGA Summer Championships
65	1:21.76 L S	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
66	1:21.99 L	F	Sinead De Wet	15	CRSC JHB	20/11/2024	Crusaders Night Gala 1
67	1:22.07 L	F	Ona-Mari Van Niekerk	15	FISH EDD	30/11/2024	Eden LC Champs 2024
68	1:22.09 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
69	1:22.54 L	F	Ava Newton	15	CASC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
70	1:22.64 L	F	Mila De Souza	15	EXP TSH	13/09/2024	NTS September Age Group 2024
71	1:22.97 L S	F	Alyiah De Oliveira	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
72	1:23.15 L S	F	Caitlin Rossiter	15	HREF BPD	07/12/2024	NWS Championships 2024
73	1:23.19 L	F	Anja Volschenk	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
74	1:23.26 L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
75	1:23.66 L	F	Stephanie Dannhauser	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo A
76	1:23.72 L	F	Lara Janse van Rensburg	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
77	1:23.83 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
78	1:24.75 L	F	Erin Olivier	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
79	1:25.85 L	F	Rozaan Korff	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
80	1:26.37 L	F	Marlene Keding	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
81	1:26.71 L	F	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
82	1:27.29 L	F	Mia Groenewald	15	KTS	06/12/2024	NCASA CHAMPS 2024
83	1:28.05 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024
84	1:28.19 L	F	Anieke Prinsloo	15	BETH FDD	25/10/2024	Neptunes Gala
85	1:28.56 L	F	Hannah Struwig	15	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
86	1:29.79 L	F	Melinda Dippenaar	15	UCT CPT	20/02/2025	Inter High 2025
87	1:30.07 L	F	Isabelle Welgemoed	15	BLSS MAN	31/08/2024	Seals Gala
88	1:30.29 L	F	Oratile Matli	15	ESTR EKU	12/10/2024	EGA Summer 2
89	1:30.86 L	F	Kananelo Linake	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
90	1:31.03 L	F	Macayle Eisen	15	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
91	1:31.23 L	F	Keira Ellerbeck	15	H2O EKU	15/11/2024	Summer 4 Delville
92	1:31.69 L	P	Emma Nolan	15	MDOL JHB	29/11/2024	CGA Championships 2024
93	1:32.28 L	F	Carla Munro	15	PSCP UMD	08/03/2025	Invitational Meet 2025
94	1:32.59 L	F	Kayden Mauer	15	USC BUF	20/03/2025	SA Level 3 Regional Age Group Chan
95	1:32.68 L	F	Simone' Pretorius	15	BETH FDD	14/02/2025	Neptune Last Chance Gala
96	1:32.98 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
97	1:34.80 L	F	Emmah Myburgh	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
98	1:36.07 L	F	Bohlale Khahledi	15	BARR CPT	09/11/2024	Swartland Prestige Gala 2024
99	1:36.90 L	F	Rerapetse Ramohale	15	RBOT BPD	28/03/2025	SA Level 2 Regional Age Group Cham
100	1:37.07 L	F	Jessica Davies	15	VIKI BUF	02/11/2024	BCA November Age Group Gala SC 2/
101	1:37.12 L	F	Nasheetah Jephta	15	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
102	1:37.25 L	F	Kayla Koen	15	TUKS TSH	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
103	1:39.81 L	F	Leah Davel	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
104	1:40.04 L	F	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
105	1:40.79 L S	F	Jessie Ludick	15	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
106	1:41.11 L	F	Mariné Pretorius	15	UPSK ZMD	26/10/2024	KALAHARI CLASSIC
107	1:41.43 L	F	Tamsyn Thomson	15	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
108*	1:41.62 L S	F	Callen Campbell	15	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
108*	1:41.62 L	P	Mia-Ann Van der Westhuizen	15	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
110	1:41.81 L	F	Nicole Senekal	15	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
111	1:43.37 L	P	Diëm Peens	15	CUHE OBD	28/03/2025	SA Level 2 Regional Age Group Cham
112	1:43.43 L	F	Botlhe Machona	15	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
113	1:44.26 L	F	Shayla Whyte	15	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
114	1:44.67 L	F	Elizma Du Plooy	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
115	1:46.14 L	F	Megan Horn	15	HFDI MP	08/10/2024	Limpopo Top 8 - High Schools
116	1:50.47 L S	F	Lyla Shekel	15	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
117	1:52.92 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	1:53.27 L	F	Mamello Mabuza	15	ESP EKU	01/02/2025	EGA Last Chance Gala
119	1:55.41 L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
120	1:56.50 L	F	Malakai Jooste	15	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
121	1:59.52 L	F	Emilia de Freitas	15	MAKO EKU	12/10/2024	EGA Summer 2
122	2:01.75 L	F	Isabel Landman	15	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
Women 200 Fly							
1	2:18.73 L	F	Abigail Kotze	15	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:36.18 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
3	2:38.15 L	F	Sienna Gous	15	INFA NMA	03/08/2024	2nd A League Gala 2024
4	2:41.71 L	F	Lyla vd Spuy	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
5	2:43.65 L	F	Riziki Magotsi	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
6	2:43.70 L	F	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
7	2:46.26 L	F	Lize-Marie Kruger	15	BLNE MAN	15/06/2024	PEA Winter Gala 2024
8	2:46.75 L	F	Cara Rossouw	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
9	2:49.32 L	F	Leah Markgraaff	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
10	2:51.56 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
11	2:53.60 L	F	Kerrigan Hayes	15	CASC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
12	2:56.31 L	F	Cara Visser	15	CYBE CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
13	2:58.87 L	F	Indigo Woodburn	15	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
14	3:07.20 L	F	Marlo Lensing	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
15	3:40.96 L	F	Emmah Myburgh	15	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025
16	3:51.15 L	F	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024
17	4:08.35 L	F	Nieke Engelbrecht	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
18	4:09.26 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 200 IM							
1	2:23.67 L	F	Giuliana Vyncke	15	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:24.02 L	F	Bailey Lambert	15	SEAL UMD	28/06/2024	Swim Fort Lauderdale Speedo Summe
3	2:27.24 L	F	Zuria Venter	15	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
4	2:31.33 L	F	Gemma Walters	15	DORE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
5	2:33.19 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
6	2:33.56 L	F	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
7	2:34.20 L	F	Cara Visser	15	CYBE CPT	05/12/2024	Western Cape LC-A Championship 20
8	2:34.27 L	F	Abigail Kotze	15	RSA	04/10/2024	Curro AquaElite Gala
9	2:34.31 L	P	Sienna Gous	15	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202
10	2:35.34 L	F	Anja Buitendach	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
11	2:35.94 L	F	Leah Markgraaff	15	RSA	04/10/2024	Curro AquaElite Gala
12	2:36.10 L	P	Taylor Kassebaum	15	AA JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
13	2:36.47 L	F	Emma Pinheiro	15	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
14	2:36.93 L	F	Clarisë Van Niekerk	15	TUKS TSH	13/12/2024	NMBA Championships 2024
15	2:37.43 L	F	Tchisank Banza	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
16	2:37.72 L	F	Mikayla Frösler	15	PEAS NMA	13/12/2024	NMBA Championships 2024
17	2:37.89 L	F	Ava Newton	15	CASC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
18	2:38.75 L	P	Lize-Marie Kruger	15	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
19	2:39.01 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
20	2:39.06 L	F	Madison Coleman	15	BLMA CPT	25/04/2025	SA National Junior Age Grou-WCA 20
21	2:39.16 L	P	Christina Orchard	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
22	2:39.25 L	P	Danielle Grobler	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
23	2:40.33 L	F	Kacey Hughes	15	STSC KCD	25/01/2025	uShaka Champs 2025
24	2:40.80 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
25	2:40.92 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
26	2:41.01 L	F	Kacey Hughes	15	KZNS	05/04/2025	SA Schools Swimming Championship
27	2:41.02 L	P	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
28	2:41.16 L	P	Mikje Bocking	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
29	2:41.43 L	F	Margo Senekal	15	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
30	2:41.58 L	F	Tamzyn Kuhn	15	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group Chan
31	2:41.59 L	P	Cara Rossouw	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
32	2:41.74 L	F	Hana Duncan	15	FSS	05/04/2025	SA Schools Swimming Championship
33	2:41.92 L	P	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
34	2:42.43 L	P	Caitlin Rossiter	15	HREF BPD	07/12/2024	NWS Championships 2024
35	2:42.49 L	P	Cailleigh De Beer	15	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
36	2:42.91 L	F	Milan Ferreira	15	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
37	2:43.01 L	P	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
38	2:43.04 L	F	Madison Higgs	15	INFA NMA	14/09/2024	3rd A League Gala 2024
39	2:43.38 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
40	2:43.83 L	P	Riziki Magotsi	15	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
41	2:44.28 L	F	MacKenzie Bone	15	GAUS	05/04/2025	SA Schools Swimming Championship
42	2:44.37 L	P	Paige Meeser	15	CA EKU	05/12/2024	EGA Summer Championships
43	2:44.65 L	F	Ava Strong	15	PEAS NMA	13/12/2024	NMBA Championships 2024
44	2:44.85 L	P	Gabriella Boerstra	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
45	2:44.92 L	F	Sylvie de Bruyn	15	BULS MAN	31/08/2024	Seals Gala
46	2:45.16 L	F	Casey Bruwer	15	AACTA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
47	2:45.26 L	F	Lili Annandale	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
48	2:45.34 L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
49	2:45.70 L	F	Amy Walton	15	AZON ETH	26/03/2025	SA Level 3 Regional Age Group Chan
50	2:45.71 L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
51*	2:45.81 L	P	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
51*	2:45.81 L	F	Mia Groenewald	15	KTS	05/10/2024	FLAMINGO GALA OCT 2024
53	2:45.87 L	P	Keilah-Naomi Holthuis	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
54	2:45.88 L	P	Juanè Burger	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
55	2:46.02 L	F	Kaylin Fabricius	15	CASC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
56	2:46.36 L	P	Madison Smith	15	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
57	2:46.68 L	P	Jamie-Lee Graham	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
58	2:46.92 L	P	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
59	2:47.11 L	P	Sadie Roberts	15	ASA ILD	02/07/2024	Prestige Tournament 2024
60	2:47.22 L	F	Megan Mayhew	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
61	2:47.34 L	F	Odette Upton	15	TKS WBD	29/11/2024	Limpopo Champs 2024
62	2:47.48 L	F	Scarlett Friis	15	KLOO ETH	02/07/2024	Prestige Tournament 2024
63	2:48.19 L	P	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships
64	2:48.20 L	F	Marne' Van Rensburg	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
65	2:48.58 L	F	Ella-Mae Henning	15	VRC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
66	2:49.33 L	F	Mi-Ly Vd Merwe	15	LALE CED	09/11/2024	Winelands SL4
67	2:49.49 L	P	Jenna Morris	15	VINE CPT	14/02/2025	Western Cape Elite Gala 2025
68	2:49.64 L	F	Mila De Souza	15	EXP TSH	13/09/2024	NTS September Age Group 2024
69	2:49.82 L	P	Kayla Kleynhans	15	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
70	2:50.05 L	P	Rozaan Korff	15	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
71	2:50.44 L	P	Sydni Adams	15	VINE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
72	2:50.48 L	F	Cailyn Clowes	15	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
73	2:50.62 L	P	Emma Nolan	15	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
74	2:50.88 L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
75	2:51.16 L	P	Addison Doolan	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
76	2:51.56 L	F	Evelyn Malan	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
77	2:51.60 L	P	Riley Prinsloo	15	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
78	2:51.65 L	F	Lara Eckersley	15	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
79	2:51.83 L	F	Chanel Van Tonder	15	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group Chan
80	2:52.09 L	F	Emma Hagglund	15	SSISA CPT	08/02/2025	WCA-B Champs - 2025
81	2:52.24 L	P	Arne' Dreyer	15	STAQ CED	05/12/2024	Western Cape LC-A Championship 20
82	2:53.45 L	P	Talitha Schuch	15	LEGC ETH	26/03/2025	SA Level 3 Regional Age Group Chan
83	2:53.52 L	F	Amy Hartung	15	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
84	2:53.57 L	F	Marlo Lensing	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
85	2:53.78 L	P	Anja Volschenk	15	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
86	2:53.82 L	P	Ada Barnard	15	SWAR WCD	05/12/2024	Western Cape LC-A Championship 20
87*	2:53.86 L S	F	Sam Juries	15	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET
87*	2:53.86 L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
89	2:53.92 L	P	Shalem Mashingaidze	15	WATR JHB	29/11/2024	CGA Championships 2024
90	2:54.05 L	P	Carle Hager	15	ASAW CED	20/03/2025	SA Level 3 Regional Age Group Chan
91	2:54.32 L	F	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships
92	2:54.41 L	F	Nicola Carver	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
93	2:54.84 L	F	Isabelle Welgemoed	15	TRALI MAN	20/02/2025	Inter High 2025
94	2:54.92 L	P	Jade Van Vuuren	15	WATR JHB	29/11/2024	CGA Championships 2024
95	2:55.06 L	P	Caitlin Knight	15	WATR JHB	29/11/2024	CGA Championships 2024
96	2:55.15 L	P	Rachel Fairweather	15	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
97	2:55.79 L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
98	2:56.18 L	F	Katya O'Brien	15	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
99	2:57.00 L	F	Emily Hattingh	15	CLAH BUF	08/02/2025	BCSA High School Trials 2025
100	2:57.25 L	P	Milla Hulse	15	AZON ETH	02/07/2024	Prestige Tournament 2024
101	2:57.98 L	F	Maria Barreiros	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
102	2:58.12 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
103	2:58.40 L	P	Keira-Lize Martins	15	H2O ECU	20/03/2025	SA Level 3 Champs 2025-NT
104	2:58.52 L	P	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
105	2:58.63 L	F	Annabell Serrals	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
106	2:58.64 L	F	Ella Jv Rensburg	15	SS MPD	12/10/2024	Limpopo Age Group 4
107	2:58.67 L	F	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
108	2:58.87 L	P	Kapitolina Xaba	15	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
109	2:59.88 L	F	Alexis Muller	15	AZON ETH	02/07/2024	Prestige Tournament 2024
110	2:59.97 L	F	Lethabo Masemola	15	ELEC TSH	22/02/2025	EGA Lets Sprint Incomp Gauteng Scho
111	3:00.42 L	F	Kayden Mauer	15	USC BUF	02/11/2024	BCA November Age Group Gala SC 21
112	3:01.34 L	F	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024
113	3:01.56 L	F	Caitlin Camacho	15	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
114	3:01.59 L	P	Emma-Lee Theron	15	BLSS MAN	04/12/2024	Free State Champs 2024
115	3:01.70 L	F	Megan Jansen	15	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
116	3:02.18 L	F	Ella Lombard	15	UCT CPT	20/02/2025	Inter High 2025
117	3:02.74 L	F	Ava Lambropoulos	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
118	3:02.97 L	F	Rachel Henley	15	ESTR ECU	27/03/2025	SA Level 2 Champs 2025 EGA
119	3:03.47 L	P	Huei-Ing Chen	15	DORE JHB	29/11/2024	CGA Championships 2024
120	3:03.56 L	F	Hyzel Hutchison	15	GHSK	06/12/2024	NCASA CHAMPS 2024
121	3:03.81 L	P	Brooklyn Ashipala	15	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
122	3:04.03 L	F	Ariel De Bruyn	15	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
123	3:04.10 L	P	Robyn-Rae Purdon	15	PSCP UMD	25/04/2025	SA National Junior Age Grou-WCA 20
124	3:04.32 L	F	Inge Vd Walt	15	DDA TSH	27/03/2025	SA Level 2 Champs 2025 EGA
125	3:04.37 L	P	Zia Moosa	15	KZNS	05/04/2025	SA Schools Swimming Championship
126	3:05.07 L	F	Rebecca Froneman	15	STSC KCD	25/01/2025	uShaka Champs 2025
127	3:05.08 L	P	Keira Ellerbeck	15	H2O ECU	27/03/2025	SA Level 2 Champs 2025 EGA
128	3:05.30 L	P	Cecilia Breedt	15	DORE JHB	29/11/2024	CGA Championships 2024
129	3:05.58 L	F	Kyras Mack	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
130	3:05.80 L	F	Shayla Whyte	15	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
131	3:06.25 L	F	Whitney Lauf	15	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
132	3:06.52 L	P	Paige Van Niekerk	15	PER JHB	29/11/2024	CGA Championships 2024
133	3:06.62 L	P	Sahana Dayaram	15	DORE JHB	29/11/2024	CGA Championships 2024
134	3:06.85 L	F	Lara Janse van Rensburg	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
135	3:07.02 L	F	Anieke Prinsloo	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
136	3:07.43 L	F	Liane' de Wet	15	BLOT MAN	14/02/2025	Neptune Last Chance Gala
137	3:07.59 L	F	Jessica Davies	15	VIKI BUF	22/11/2024	BCA Long Course Championships 202
138	3:07.80 L	F	Macayle Eisen	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
139	3:08.39 L	F	Mariné Pretorius	15	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
140	3:08.65 L	F	Jesse Kirsten	15	RSA	04/10/2024	Curro AquaElite Gala
141	3:08.73 L	F	Kirsten Myers	15	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
142	3:09.02 L	P	Cailee Adams	15	SEALE ETH	02/07/2024	Prestige Tournament 2024
143	3:09.13 L	P	Kananelo Linake	15	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
144	3:09.25 L	F	Lika Vd Merwe	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
145	3:09.28 L	F	Sulize Kruger	15	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
146	3:09.78 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
147	3:10.20 L	F	Kristen Burt	15	PSCP UMD	02/07/2024	Prestige Tournament 2024
148	3:10.24 L	F	Hannah Du Toit	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
149	3:10.45 L	P	Kayla Koen	15	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
150	3:10.50 L	F	Emmah Myburgh	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
151	3:10.52 L	P	Oratile Matli	15	ESTR ECU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
152	3:11.12 L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
153	3:11.40 L S	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET
154	3:11.45 L	F	Isabelle Botha	15	PGAC ECU	18/01/2025	EGA Summer 5
155	3:11.61 L	F	Gabriela Dimitrova	15	TUKS TSH	13/09/2024	NTS September Age Group 2024
156	3:11.88 L	F	Erin Olivier	15	ASAC CPT	08/02/2025	WCA-B Champs - 2025
157	3:12.12 L	F	Nasheetah Jephtha	15	MANT CPT	08/02/2025	WCA-B Champs - 2025
158	3:12.34 L	P	Madisson De Bruyn	15	AFIN JHB	27/03/2025	SA Level 2 Champs 2025 EGA
159	3:12.82 L	P	Christé Franck	15	JAQ ECU	05/12/2024	EGA Summer Championships
160	3:12.87 L	F	Rozel Scholtz	15	STELL RMD	28/03/2025	SA Level 2 Regional Age Group Cham
161	3:13.38 L	F	Mieke Griffiths	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
162	3:14.06 L	F	Helena Rookoen-Smith	15	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
163	3:14.85 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
164	3:15.28 L	P	Erin Stead	15	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN
165	3:15.64 L	P	Melandri Vermaak	15	TINC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
166	3:15.67 L	P	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024
167	3:16.28 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
168	3:16.65 L	F	Siliziwe Giyose	15	USC BUF	13/07/2024	1st A League Gala 2024
169	3:16.71 L	F	Sinead De Wet	15	CRSC JHB	22/01/2025	Crusaders Night Gala 2
170	3:16.74 L	F	Simone' Pretorius	15	BETH FDD	25/10/2024	Neptunes Gala
171	3:17.02 L	F	Alexandra Sheppard	15	BERG BP	28/02/2025	NW School Championships 2025
172	3:17.03 L	F	Kyra Home	15	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
173	3:17.37 L	F	Jessie Ludick	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
174	3:18.15 L	F	Talita Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
175	3:18.18 L	P	Elme Swanepoel	15	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
176	3:18.34 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024
177	3:19.06 L	F	Carmen Stapelberg	15	TINC TSH	21/02/2025	NTS Age Group Feb Tuks
178	3:19.44 L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024
179	3:19.61 L	F	Mikaela Johst	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
180	3:20.25 L	F	Hannah Struwig	15	AQUA UTD	02/11/2024	Uthukela District Age Group Gala
181	3:21.52 L	P	Rerapetse Ramohale	15	RBOT BPD	07/12/2024	NWS Championships 2024
182	3:22.28 L	P	Nieke Engelbrecht	15	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Cham
183	3:22.48 L	F	Klara Groenewald	15	PRA GSD	25/01/2025	uShaka Champs 2025
184	3:23.11 L	F	Samara Prinsloo	15	STSC KCD	25/01/2025	uShaka Champs 2025
185	3:23.84 L	F	Megan Horn	15	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
186	3:24.81 L	F	Jhuliana Lamprecht	15	CA ECU	18/01/2025	EGA Summer 5
187	3:25.95 L	F	Shane Swarts	15	PSA ZLD	26/10/2024	Froggies Aquatics Championships 202
188	3:26.28 L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024	CGA Championships 2024
189	3:26.60 L	F	Chane' Fourie	15	TRALI MAN	28/06/2024	Sentraal Winter Gala
190	3:27.13 L	F	Diëm Peens	15	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
191	3:29.76 L	F	Mia Koen	15	BULS MAN	06/09/2024	Bull Sharks Annual Gala
192	3:31.13 L	F	Callen Campbell	15	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
193	3:31.85 L	P	Skyla Reddy	15	SWIFT ECU	05/12/2024	EGA Summer Championships
194	3:31.99 L	P	Ilne Bruwer	15	BLSS MAN	04/12/2024	Free State Champs 2024
195	3:32.48 L	F	Mia Pienaar	15	BULS MAN	24/08/2024	Kovsie Gala 2
196	3:32.73 L	F	Mia-Ann Van der Westhuizen	15	LALE CED	22/02/2025	Swartland Invitational Gala 2025
197	3:33.36 L	F	Jasmine Hirshovitz	15	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
198	3:34.55 L	F	Tamsyn Thomson	15	BULS MAN	02/11/2024	Heidedal
199	3:34.65 L	F	Atlegang Mogotsi	15	ESTR ECU	26/10/2024	Summer 3 Delville
200	3:34.94 L	P	Sandisiwe Mkhathswa	15	MAKO ECU	05/12/2024	EGA Summer Championships
201	3:36.59 L	F	Bohlale Khahledi	15	BARR CPT	09/11/2024	Swartland Prestige Gala 2024
202	3:36.78 L	F	Karla Lemmer	15	USH KCD	28/09/2024	KCDA Age Group 1 2024
203	3:37.18 L	F	Malakai Jooste	15	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
204	3:39.95 L	F	Kiara Storm	15	USH KCD	28/09/2024	KCDA Age Group 1 2024
205	3:42.98 L	F	Taylin Van Wyk	15	PENC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
206	3:43.09 L	F	Jayme Roebuck	15	CA ECU	26/10/2024	Summer 3 Delville
207	3:43.86 L	F	Ilze Olley	15	ACAA CCD	29/11/2024	Limpopo Champs 2024
208	3:45.18 L	F	Abigail Suckling	15	FSE KCD	28/09/2024	KCDA Age Group 1 2024
209	3:45.70 L	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
210	3:50.68 L	F	Sofiya Talip	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
211	3:50.81 L	F	Celia Carpinteiro	15	CA EKU	18/01/2025	EGA Summer 5
212	3:51.06 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
213	3:52.30 L	F	Audrey Stander	15	STAQ CED	25/01/2025	Winelands JLfin
214	3:52.96 L	F	Victoria Holfeld	15	CA EKU	26/10/2024	Summer 3 Delville
215	3:54.21 L	F	Leandri Grobler	15	VHD ZLD	02/11/2024	Uthukela District Age Group Gala
216	3:59.10 L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
217	4:02.66 L	P	Mamello Mabuza	15	ESP EKU	05/12/2024	EGA Summer Championships
218	4:03.31 L	F	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
219	4:23.89 L	F	Lutendo Mphelo	15	BLSS MAN	27/09/2024	Seals Gala 2
220	5:40.45 L	F	Anuschka Swanepoel	15	ELRAS WBD	29/11/2024	Limpopo Champs 2024
Women 400 IM							
1	5:10.66 L	P	Zuria Venter	15	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
2	5:16.50 L	F	Kylie De Bruyn	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
3	5:24.52 L	F	Taylor Kassebaum	15	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
4	5:25.90 L	F	Gemma Walters	15	DORE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
5	5:29.18 L	F	Annabelle Van Rensburg	15	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
6	5:34.88 L	F	Anja Buitendach	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
7	5:37.05 L	F	Caitlin Rossiter	15	HREF BPD	25/04/2025	SA National Junior Age Grou-WCA 20
8	5:37.18 L	F	Cara Visser	15	CYBE CPT	05/12/2024	Western Cape LC-A Championship 20
9	5:37.22 L	F	Amy Hartung	15	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
10	5:37.57 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
11	5:39.10 L	F	Hana Duncan	15	BLOT MAN	25/01/2025	Kovsie Invitational 2025
12	5:42.21 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
13	5:42.62 L	F	Cara Rossouw	15	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
14	5:43.28 L	P	Ava Strong	15	PEAS NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
15	5:47.43 L	F	Mikayla Frösler	15	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
16	5:47.44 L	F	Indigo Woodburn	15	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
17	5:49.27 L	F	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
18	5:55.16 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
19	5:59.28 L	F	Kayla Kleynhans	15	VRC TSH	18/10/2024	NTS Level 3+ October Age Group 202
20	5:59.97 L	F	Marike Raimond	15	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
21	6:08.54 L	F	Aliyah De Oliveira	15	TYGE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
22	6:10.13 L	F	Madison Smith	15	CA EKU	05/12/2024	EGA Summer Championships
23	6:13.07 L	F	Rozaan Korff	15	ACAA CCD	29/11/2024	Limpopo Champs 2024
24	6:14.56 L	F	Lili Annandale	15	BLSS MAN	15/11/2024	Valsrivier Gala 2024
25	6:20.37 L	F	Marlo Lensing	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
26	6:28.16 L	F	Keira-Lize Martins	15	H2O EKU	05/12/2024	EGA Summer Championships
27	6:29.84 L	F	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships
28	6:57.56 L	F	Mariné Pretorius	15	UPSK ZMD	23/11/2024	AGE GROUP 3 UPINGTON 2024
29	7:07.68 L	F	Melinda Dippenaar	15	BS LLD	04/12/2024	Free State Champs 2024
30	7:18.38 L	F	Erin Olivier	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
31	7:49.16 L	F	Nieke Engelbrecht	15	UPSK ZMD	23/11/2024	AGE GROUP 3 UPINGTON 2024